Trichostatin A, a histone deacetylase inhibitor, suppresses proliferation and promotes apoptosis of esophageal squamous cell lines

JUNFEN MA1*, XIAOBING GUO1*, SHIJIE ZHANG1, HONGCHUN LIU1, JING LU2, ZIMING DONG2, KANGDONG LIU2 and LIANG MING1

1Department of Clinical Laboratory, The First Affiliated Hospital of Zhengzhou University, Zhengzhou, Henan 450052; 2Department of Pathophysiology, School of Basic Medical Sciences, Zhengzhou University, Zhengzhou, Henan 450001, P.R. China

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Abstract. Histone deacetylase (HDAC)-mediated epigenetic modification plays crucial roles in numerous biological processes, including cell cycle regulation, cell proliferation and apoptosis. HDAC inhibitors demonstrate antitumor effects in various cancers, including glioblastoma and breast cancer. HDAC inhibitors are therefore promising antitumor drugs for these tumors. The tumorigenesis and development of esophageal squamous cell carcinoma (ESCC) involve genetic and epigenetic mechanisms. However, the effects of the HDAC inhibitor on ESCC are not fully investigated. In the present study, ESCC cells were treated with trichostatin A (TSA) and its antitumor effects and related mechanisms were investigated. The results indicated that TSA suppressed the proliferation of ESCCs and caused G1 phase arrest by inducing the expression of p21 and p27. TSA also induced cell apoptosis by enhancing the expression of pro-apoptotic protein Bax and decreasing the expression of anti-apoptotic protein Bcl-2. Furthermore, TSA inhibited the expression of phosphatidylinositol-3-kinase (PI3K) and reduced the phosphorylation of Akt and extracellular signal-regulated kinase (ERK)1/2 in EC9706 and EC1 cell lines. High levels of acetylated histone H4 were detected in TSA-treated ESCC cell lines. Overall, these results indicate that TSA suppresses ESCC cell growth by inhibiting the activation of the PI3K/Akt and ERK1/2 pathways. TSA also promotes cell apoptosis through epigenetic regulation of the expression of apoptosis-related protein.

Introduction

Esophageal squamous cell carcinoma (ESCC) is a highly malignant and lethal disease due to its late diagnosis, the high incidence of post-surgical local-regional recurrence, and frequent distant metastasis. Although therapeutic methods have been improved, the 5-year survival rate is still only approximately 20% (1-2). Currently, a combination of cisplatin and 5-fluorouracil (5-FU) is frequently used to treat ESCC patients in clinical practice. However, the outcome is unsatisfactory due to its limited effects and side-effects, including nausea, vomiting and myelosuppression. In addition, certain patients are resistant to the radical chemotherapy (3). Therefore, new drugs are required to improve the clinical outcome and decrease the tolerance of ESCC to chemotherapy.

Epigenetic mechanisms including DNA methylation and histone modification play significant roles in the initiation and progression of cancer. The histone deacetylase (HDAC) is an enzyme which removes acetyl groups from histone and non-histone proteins, which will lead to chromatin remodeling. HDACs play crucial roles in numerous biological processes, including cell cycle regulation, cell proliferation and differentiation (4-5). HDACs have been observed to be overexpressed in a number of tumor types, suggesting that HDACs are potential targets for epigenetic treatment (6-7).

HDACs are a multiclass family consisting of 18 human HDACs, which are divided into four major classes: class I HDACs including HDAC 1, 2, 3 and 8; class II HDACs including HDAC 4, 5, 6, 7, 9 and 10; class III HDACs including SIRT1, 2, 3, 4 and 5; and class IV HDACs including HDAC 11 (8-9). Trichostatin A (TSA), a known class I and II HDAC inhibitor, has been demonstrated to exert multiple antitumor effects (10-12). It is reported that TSA strongly inhibits cell proliferation and induces cell cycle arrest, and subsequently induces cell apoptosis (13-15). However, the effect of TSA on ESCC cells has not been characterized.

Correspondence to: Dr Kangdong Liu, Department of Pathophysiology, School of Basic Medical Sciences, Zhengzhou University, 100 Kexue Avenue, Zhengzhou, Henan 450001, P.R. China E-mail: kdliu@zzu.edu.cn

Dr Liang Ming, Department of Clinical Laboratory, The First Affiliated Hospital of Zhengzhou University, 1 Jianshe Road, Zhengzhou, Henan 450002, P.R. China E-mail: mingliang@zzu.edu.cn

*Contributed equally

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In this study, we report on the inhibition of the proliferation of ESCC cells by TSA through cell cycle arrest and cell apoptosis. We further investigate the mechanism involved in this process by analyzing cell cycle regulators p21 and p27 as well as apoptotic protein markers Bcl-2 and Bax. In addition, we analyze the expression of phosphatidylinositol-3-kinase (PI3K)/Akt and extracellular signal-regulated kinase (ERK)1/2, and the level of histone H4 acetylation before and after TSA treatment to reveal the mechanism of epigenetic modification.

Materials and methods

Cell lines and cell culture. The EC9706 cell line was a gift from the State Key Laboratory of Molecular Oncology, Tsinghua University, China. The EC1 cell line was kindly provided by the University of Hong Kong, Hong Kong, China. The cell lines were propagated in monolayer culture in RPMI-1640 medium supplemented with 10% fetal bovine serum (56°C, 30 min), 1x10^5 U/l penicillin and 100 mg/l streptomycin in a humidified atmosphere with a 5% CO2 incubator at 37°C. The present study was approved by the Medical Ethics Committee of Zhengzhou University (Zhengzhou, China).

Reagents and treatment. TSA was purchased from Sigma (St. Louis, MO, USA). It was dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich) as a 5 µM stock solution, and stored at -20°C. Control cells were treated with DMSO in parallel in each experiment. Mouse monoclonal antibodies to p21, p27, Bcl-2 and Bax, and rabbit monoclonal antibodies to PI3K, p-Akt, Akt, ERK1/2, and acetyl-histone H4 (Lys8) were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA); horse anti-mouse and goat anti-rabbit horseradish peroxidase-conjugated secondary antibodies were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). The CKK-8 kit was purchased from Dojindo Laboratories (Kumamoto, Japan). The Annexin V-FITC kit was purchased from Beckman Coulter (Miami, FL, USA).

Cell viability assay. ESCC cell lines were seeded at a density of 5x10^4 in 96-well microtiter plates. After culturing for 24 h, cells were treated with TSA at various concentrations (0.1, 0.3, 0.5, 1.0, 3.0, and 5.0 µM) prepared from a stock solution dissolved in DMSO for 24 and 48 h, respectively. Cells treated with identical concentrations of DMSO (diluent for depsipeptide) were used as control. Four hours before measuring the absorbance, 10 µl CCK-8 solution was added to each well and incubated. The absorbance at 450 nm wavelength was determined for each well using an enzyme-labeling instrument. All studies were performed in triplicate independently.

Cell cycle analysis. Cells were treated with various concentrations of TSA (0.3, 0.5 and 1.0 µM) for 48 h, then cells were harvested with 2.5 g/l trypsin and fixed in absolute ethanol overnight at 4°C. The cells were resuspended in phosphate-buffered saline (PBS) containing 1% RNase and then 5 µg/ml propidium iodide (PI) was added. Cells were incubated in the dark for 15 min at room temperature. A total of 3x10^4 cells were counted using a flow cytometer.

Apoptosis assay. Following incubation with or without TSA for 48 h, ESCC cells were harvested with 2.5 g/l trypsin and washed twice with PBS. A total of 1x10^5 cells were stained with fluorescein isothiocyanate (FITC)-Annexin V-PI using the Annexin V-FITC kit (Beckman Coulter) according to the manufacturer's instructions. At least 1.5x10^4 cells were counted by flow cytometric analysis. Each experiment was performed in triplicate. The percentage of apoptotic cells was calculated with CellQuest 3.0 software (BD Biosciences, Franklin Lakes, NJ, USA). Cells that were stained negatively with Annexin V and PI were considered viable cells. Early apoptotic cells were positive for Annexin V and negative for PI, and late apoptotic cells were positive for Annexin V and PI.

Statistical analysis. Data were expressed as the means ± standard deviation, and statistical analysis was performed by analysis of variance using SPSS 13.0 software (SPSS, Inc., Chicago, IL, USA). One-way analysis of variance was used to compare differences among groups. P < 0.05 was considered to indicate a statistically significant difference.

Results

TSA induces morphological change and inhibits cell viability of ESCC cell lines. Morphological changes of ESCC cells were examined via microscopy. As shown in Fig. 1B, ESCC cells treated with control (DMSO) grew in clusters and were confluent. However, cells treated with 1.0 µM TSA lost the normal cell morphology and had flattened and spindle shapes. The proliferative ability of the ESCC cells treated with various concentrations of TSA (0.1-5.0 µM) was assessed by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. The proliferation of EC9706 was not significantly inhibited by TSA at doses of 0.1, 0.3 or 0.5 µM after 24 and 48 h. However, the proliferation of EC9706 was notably inhibited at doses over 1.0 µM (Fig. 1A). The cell proliferation analysis revealed that EC1 cells were more sensitive to...
Figure 1. Effects of trichostatin A (TSA) on morphological change and cell viability in esophageal squamous cell carcinoma (ESCC) cell lines. (A) Growth inhibition of ESCC cell lines by TSA. (a) EC9706 and (b) EC1 cells were treated with TSA at indicated concentrations (0.1-5.0 µM) for 24 and 48 h. Cell viability of ESCC cells was determined by CCK-8 assay. Results shown are the means ± SD of three independent experiments performed in triplicate. (B) TSA induces morphological changes in ESCC cells. (a) EC9706 and (b) EC1 cells were treated with control or 1.0 µM TSA for 48 h and examined with light microscopy (x200 magnification) for changes in cell morphology.

Figure 2. Effects of trichostatin A (TSA) on cell cycle in esophageal squamous cell carcinoma cell lines. (A) EC9706 and (B) EC1 cells were treated with TSA (0.3, 0.5 and 1.0 µM) for 48 h. Propidium iodide staining and flow cytometric analysis of cell cycle distribution in two cell lines above. Relative changes in the percentage of (C) EC9706 and (D) EC1 cells in each phase of the cell cycle following treatment with TSA (0.3, 0.5 and 1.0 µM) for 48 h. Results shown are the means ± SD of three independent experiments performed in triplicate. *P<0.05 and **P<0.01 compared with vehicle treatment. (E) Protein expression levels of p21 and p27 detected by western blot analysis following treatment with TSA for 48 h in EC9706 and EC1 cell lines. All experiments were repeated three times.
TSA treatment than EC9706 cells. After 24 h of treatment at the dose of 5.0 µM, the relative cell viability of EC9706 and EC1 cells declined to 31.32 and 19.35%, respectively. The cell viability declined to 18.92 and 12.33% after 48 h of treatment with 5.0 µM TSA. These data indicated that TSA exhibited its inhibitory effects in ESCC cells in a concentration-dependent manner.

**TSA suppresses proliferation of ESCCs by cell cycle arrest.**

To determine whether the cell growth inhibition effects of TSA were due to cell cycle arrest, the cell cycle phase distribution of ESCC was examined following TSA treatment. There was no notable change in the cell cycle phase distribution of EC9706 at doses of 0.3 or 0.5. µM after 48 h of TSA treatment. However, the percentage of untreated EC9706 cells in the G1/G0 phase was 59.86%, which increased to 74.77% after 48 h 1.0 µM TSA treatment, while the percentage of S phase cells decreased from 29.09 to 13.03% (Fig. 2A). In EC1 cells, the percentage of G1/G0 phase cells increased from 53.75 to 78.96%, and S phase cells decreased from 36.63 to 10.24%. These results indicated that a significant G1/G0 arrest was induced in ESCC cells compared with control cells, with a corresponding decrease of cells in the S phase after 48 h of treatment (P<0.05; Fig. 2B).

With these results, it was assumed that TSA might selectively affect the expression of G1 cell cycle components. To investigate the mechanism of cell cycle arrest in ESCC cells, we analyzed the protein levels of p21 and p27 via western blot analysis following treatment with control and TSA (0.3 to 1.0 µM). As shown in Fig. 2E, it was observed that TSA induced a significant increase in p21 and p27 protein levels at the dose of 1.0 µM. It has been previously demonstrated that p21 and p27 participate in negative control of the cell checkpoint by blocking cyclin-dependent kinase (CDK) activity (16). Thus, increases in cellular p21 and p27 correlate with increased inactivation of CDKs. These results suggest that TSA inhibits the proliferation of ESCC lines EC9706 and EC1 by G1 phase cell cycle arrest through an induction of p21 and p27.

**TSA suppresses proliferation of ESCCs by cell apoptosis.**

In addition to modulating cell cycle regulatory proteins to suppress cell growth, it has been previously demonstrated that TSA is capable of inducing cell apoptosis in other tumor cell lines (17). To determine whether TSA induces cell apoptosis...
in ESCC cell lines, EC9706 and EC1 cells were treated with various doses of TSA for 48 h. As shown in Fig. 3A and B, the percentage of early apoptosis was not notably increased at doses of 0.3 and 0.5 µM TSA. However, 1.0 µM TSA treatment significantly induced early apoptosis compared with that of the control groups (P<0.05). Furthermore, the percentages of late apoptosis in both EC9706 and EC1 cells increased in a concentration-dependent manner.

To investigate the underlying mechanism of cell apoptosis, the protein levels of apoptosis-related proteins Bcl-2 and Bax were measured before and after TSA treatment. Bcl-2 is an anti-apoptotic protein which inhibits the activity of cysteine proteases known as the ICE family proteases. Significant Bcl-2 downregulation was induced in EC9706 cells and EC1 cells after 48 h TSA exposure relative to the control groups (P<0.05). Furthermore, Bcl-2 downregulation occurred earlier in EC1 cells than in EC9706 cells (Fig. 3E). These results indicate that TSA inhibited their deacetylation. The level of Bax significantly increased following 1.0 µM TSA treatment. These results indicate that decreased anti-apoptotic protein Bcl-2 and increased pro-apoptotic protein Bax are underlying apoptotic mechanisms of cell apoptosis.

TSA suppresses the PI3K/Akt and mitogen-activated protein kinase (MAPK)/extracellular signal-regulated kinase (ERK)/2 signaling pathways to inhibit ESCC proliferation. The PI3K/Akt and MAPK signaling pathways including the ERK pathways play a key role in regulating cell growth, proliferation and survival. To investigate the underlying mechanism of TSA on the biological behavior of ESCC cells, we examined the expression of PI3K and the phosphorylation of Akt and ERK1/2 (Fig. 4A). TSA decreased the protein level of PI3K as well as the phosphorylation of Akt and ERK1/2 in a dose-dependent manner without affecting their total protein levels following TSA treatment for 60 min in the two ESCC cell lines. These results indicated that TSA potently inhibited the proliferation of ESCC by suppressing the PI3K/Akt and ERK1/2 pathways.

To further examine whether the observed effects of ESCC induced by TSA are due to direct modification of histone acetylation we also evaluated the acetylation level of histone H4 by western blot analysis. The acetylation of histone H4 increased in a concentration-dependent manner following TSA treatment for 48 h in both EC9706 cells and EC1 cells (Fig. 4B). These results suggested that TSA inhibited their deacetylation. Therefore, the effects of TSA on ESCC proliferation are partly owing to modification of histone acetylation.

Discussion

ESCC is one of the most aggressive types of malignant cancer with poor prognosis. Epigenetic regulation of gene expression via acetylation of histone and other essential cellular proteins is a potentially useful therapeutic strategy. The HDAC-mediated epigenetic mechanism has a central role in regulating gene expression through chromatin remodeling. HDACs are often overexpressed in numerous types of cancer (18-20). For these reasons, HDAC inhibitors are promising antitumor drugs (21-23). In this study, we evaluated the effects of pan-HDAC inhibitor TSA on cell proliferation, cell cycle regulation and cell apoptosis in ESCC cell lines. Moreover, we also demonstrated that inhibition of HDAC activity with TSA dramatically suppressed the PI3K/Akt and MAPK signaling pathways.

TSA was observed to exert a potent antitumor activity on human colon carcinoma cells and breast adenocarcinoma cells (24,25). TSA was also reported to inhibit the growth of prostate cancer cells through the induction of cell cycle arrest and cell apoptosis (26). In this study, we demonstrated that TSA exhibits its inhibitory effects in ESCC cells in a time- and dose-dependent manner. To further investigate the anti-proliferation mechanisms of TSA toward ESCC, we analyzed the effects of TSA on the cell cycle. G0/G1 arrest was observed in treated EC9706 and EC1 cells. The cell cycle in mammals is controlled by cyclins and CDKs (27-29). CDK inhibitors including p21 and p27 are essential regulators of the cell cycle, inhibiting the activity of cyclin D1/CDK4/6 and cyclin E/CDK2 complexes and blocking cell-cycle transition from G1 phase to S phase (30-32). In our study, p21 and p27 were continually upregulated after 48 h incubation with TSA. These results further demonstrate that TSA exerts its inhibitory effects on cell cycle progression, possibly by inducing p21 and p27, and this may be the underlying mechanism of the subsequent growth inhibition effect of TSA in ESCC.

In addition to blocking cell-cycle transition, HDAC inhibitors induce apoptosis via the death-receptor apoptosis pathway or the mitochondrial-mediated apoptosis pathway. The mitochondrial pathway disrupts the mitochondrial membrane, causing the release of proteins, including cytochrome c and other pro-apoptotic molecules, into the cytoplasm (33,34). In our study, TSA enhanced the expression of pro-apoptotic protein Bax and decreased the expression of anti-apoptotic protein Bcl-2.
protein Bcl-2, thereby activating the mitochondrial-mediated apoptosis pathway.

As is well known, the PI3K/Akt and MAPK signaling pathways are closely related to cell proliferation, differentiation and survival (35-37). It was demonstrated that HDAC inhibitor caused Akt dephosphorylation in three diffuse large B-cell lymphoma cell lines (17). We demonstrated that TSA decreased the expression of PI3K and the phosphorylation of Akt in two ESCC cell lines. We further investigated whether the MAPK signaling pathway is part of the mechanism triggered by TSA to inhibit cell proliferation in ESCC. In our study, TSA reduced the phosphorylation of ERK1/2 in a dose-dependent manner in both EC9706 and EC1 cell lines. These results indicated that suppressing the PI3K/Akt and MAPK signaling pathways in ESCC is partly responsible for the cell growth inhibition induced by TSA.

In conclusion, we demonstrated that the HDAC inhibitor TSA has an anti-proliferative effect in ESCC cell lines via the induction of cell cycle arrest and apoptosis. TSA induces cell cycle arrest in the G1/G0 phases through the induction of p21 and p27. TSA induced apoptosis by decreasing the anti-apoptotic protein Bcl-2 and increasing the pro-apoptotic protein Bax. TSA induces a significant decrease in ESCC cell growth by potently inhibiting the PI3K/Akt and ERK1/2 pathways. Overall, our results suggest that HDAC inhibitors are promising drugs to treat ESCC.

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