Astragaloside IV prevents high glucose-induced podocyte apoptosis via downregulation of TRPC6

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Abstract. Diabetic nephropathy (DN) is one of the most important causes of end-stage renal disease. Astragaloside IV (AS-IV) is a saponin isolated from Astragalus membranaceus, which possesses various pharmacological activities. AS-IV prevents podocyte apoptosis and ameliorates renal injury in DN; however, few studies have focused on its effects on ion channels. The transient receptor potential channel 6 (TRPC6) is an important Ca2+-permeable ion channel in podocytes, which is involved in high glucose (HG)-induced podocyte apoptosis. The aim of the present study was to investigate whether AS-IV prevented HG-induced podocyte apoptosis via TRPC6. Cultured podocytes were pre-treated with 10, 20 or 40 µM AS-IV for 1 h prior to HG exposure for 24 h. Apoptosis, cell viability, expression of TRPC6, nuclear factor of activated T cells (NFAT2) and B-cell lymphoma 2-associated X protein (Bax), as well as the intracellular Ca2+ concentration were subsequently analyzed. The results indicated that HG induced podocyte apoptosis and upregulation of TRPC6, and increased intracellular Ca2+. Furthermore, enhanced NFAT2 and Bax expression was detected. Conversely, AS-IV protected HG-induced podocyte apoptosis, downregulated TRPC6 expression and suppressed intracellular Ca2+ in HG-stimulated podocytes. AS-IV also suppressed NFAT2 and Bax expression. These results suggest that AS-IV may prevent HG-induced podocyte apoptosis via downregulation of TRPC6, which is possibly mediated via the calcineurin/NFAT signaling pathway.

Introduction

Diabetic nephropathy (DN) is a major complication of diabetes and a frequent cause of end-stage renal disease (1). The predominant pathological alterations associated with DN include mesangial expansion, podocyte loss, increased thickness of the basement membrane, and glomerular and tubular cell injury, resulting in glomerulosclerosis and interstitial fibrosis (2,3). Hyperglycemia is key in renal cell injury and extracellular matrix overproduction in DN (4,5).

Podocytes are terminally differentiated cells present on the outer surface of the glomerular basement membrane, which maintain the structure and function of the glomerular filtration barrier. Previous studies have demonstrated that podocyte injury is involved in the generation and progression of DN (6-8). Furthermore, a decrease in the number of podocytes in the glomeruli is the strongest predictor of DN progression (7,8). Previous studies have indicated that apoptosis contributes to a reduction in podocytes, and high glucose (HG) induces podocyte apoptosis (9,10).

Transient receptor potential channel 6 (TRPC6) is a member of the large TRP superfamily of nonselective cation channels. This superfamily comprises a group of six transmembrane domain-containing ion channels (11-13). It has been demonstrated that mutations in the TRPC6 channel result in familial focal segmental glomerulosclerosis (14). In addition, TRPC6 is involved in the physiological and pathophysiological roles of podocytes (15,16), including HG-induced podocyte apoptosis (17-19).

The downstream signaling of TRPC6 includes the activation of two calcium-dependent transcription factors, the nuclear factor of activated T cells (NFAT) and cAMP response element binding protein (20-23). NFAT is the substrate for calcineurin (CaN) and belongs to the family of Ca2+-dependent transcription factors (24). In inactivated cells, NFAT transcription factors are highly phosphorylated and are located in the cytoplasm. NFAT is translocated to
the nucleus upon dephosphorylation where it stimulates gene transcription. Previous studies have demonstrated that NFAT activation is associated with podocyte injury and glomerulosclerosis (25,26). Excessive activation of the CaN/NFAT signaling pathway has been identified as a potential mechanism underlying TRPC6-induced renal disease, including podocyte injury (27,28).

*Astragalus membranaceus* is a widely used traditional Chinese medicine, particularly in renal diseases. Its extracts are typically classified as saponins, polysaccharides or flavonoids (29). Astragaloside IV (AS-IV) is an active ingredient of *Astragalus*, which exerts numerous effects, including antiinflammatory and immunoregulatory activities (30,31). Previous studies have demonstrated that AS-IV prevents podocyte apoptosis and ameliorates renal injury in DN (32-34). However, few studies have determined an association between AS-IV and ion channels. The present study aimed to investigate whether AS-IV prevents HG-induced podocyte apoptosis via TRPC6, thus providing a possible novel therapeutic strategy for the clinical treatment of DN.

**Materials and methods**

**Reagents.** Polyclonal rabbit anti-TRPC6 antibody (cat. no. PAB13220) was purchased from Abnova (Taiwan) Corporation (Taipei, Taiwan), the polyclonal rabbit anti-B-cell lymphoma 2-associated X protein (Bax; cat. no. 2772) and monoclonal rabbit glyceraldehyde 3-phosphate dehydrogenase (GAPDH; cat. no. 2118) antibodies were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA), the polyclonal rabbit anti-NFAT2 antibody (cat. no. ab25916) and polyclonal rabbit anti-histone H3 (cat. no. ab18521) were obtained from Abcam (Cambridge, MA, USA), and the horseradish peroxidase (HRP)-conjugated goat anti-rabbit immunoglobulin G (IgG) antibody (cat. no. 7074) was purchased from Cell Signaling Technology, Inc. A nuclear and cytoplasmic extraction kit was synthesized by Sangon Biotech Co., Ltd. (Shanghai, China). RPMI-1640 medium and fetal bovine serum (FBS) were obtained from Hyclone (GE Healthcare Life Sciences, Logan, UT, USA), and interferon-γ was obtained from Sigma-Aldrich (St. Louis, MO, USA).

**Cell culture and treatment.** Conditionally immortalized mouse podocytes were verified by Professor Mundel (Division of Nephrology, Massachusetts General Hospital, Harvard Medical School) and donated by Professor Hao Chuanming (Huashan Hospital, Fudan University, Shanghai, China). The cells were inoculated into flasks coated with collagen type I (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA), and were cultured at 33°C in RPMI-1640 medium supplemented with 10 U/ml recombinant mouse interferon-γ and 10% FBS. Once the cells reached 85% confluence they were digested and passaged using 0.05% trypsin-EDTA. To induce differentiation, the podocytes were cultured at 37°C in the same medium deprived of interferon-γ for 14 days. Differentiated podocytes were cultured for 24 h in RPMI-1640 medium containing 1% FBS prior to exposure to the various experimental conditions. AS-IV (Shanghai Tauto Biotech Co., Ltd., Shanghai, China) was dissolved in dimethyl sulfoxide (DMSO) to produce a stock solution; the final DMSO concentration did not exceed 0.1% (v/v). The cells were divided into the following groups: i) Normal glucose (NG) control group, in which the cells were incubated in RPMI-1640 containing 5 mM glucose; ii) mannitol (MA) group, in which the cells were incubated in NG medium supplemented with 25 mM D-mannitol as an osmotic control; iii) HG group, in which the cells were incubated in RPMI-1640 containing 30 mM glucose; and iv) AS-IV + HG group, in which the cells were pre-incubated with AS-IV (10, 20 or 40 µM) for 1 h and were then incubated in HG medium for 24 h. All the glucose used in the present study was D-glucose and each reaction was repeated in triplicate.

**3-[4,5]-Dimethylthiazol-2,5-diphenyltetrazolium bromide (MTT) assay.** Podocyte viability was assessed by MTT assay. Cells were plated in a 96-well plate, 24 h after stimulation 20 µl MTT was added (5 mg/ml; Sigma-Aldrich), the cells were cultured for 4 h and the supernatant was carefully discarded. DMSO (50 µl) was added to dissolve the crystals and the absorbance was measured at a wavelength of 570 nm using a SpectraMax 190 microplate reader (Molecular Devices, LLC, Sunnyvale, CA, USA). The cell activity was calculated as follows: Inhibition rate = (1 - treated group/control group) x 100%.

**Apoptosis assay.** The suspended cells were collected and centrifuged for 5 min. The adherent cells were digested with EDTA-free trypsin and centrifuged at 800 x g for 10 min. The cells were washed with cold phosphate-buffered saline (PBS), resuspended, and centrifuged at 800 x g for a further 10 min. Binding buffer (1X; 300 µl) was added and the cells were resuspended. Subsequently, 5 µl Annexin V-fluorescein isothiocyanate (FITC; BioVision, Mountain View, CA, USA) was added to the cells, and the cells were incubated at room temperature in the dark for 15 min. Propidium iodide (PI; 5 µl; Sigma-Aldrich) was added for staining and 200 µl 1X binding buffer was added. The stained cells were analyzed for apoptosis using fluorescence-activated cell sorting with a FACScalibur flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA). Cells positive for Annexin V-FITC and negative for PI were considered to be apoptotic.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR).** Total RNA was extracted from the treated cells using TRIzol® (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer’s protocol. Reverse transcription was performed at 37°C for 15 min, then 85°C for 5 sec using a One Step PrimeScript® cDNA Synthesis kit (Clontech; Takara Biotechnology Co., Ltd., Dalian, China) with 1 µl RNA per reaction, and with a total reaction volume of 20 µl. To determine the quantity of mRNA, the cDNA was amplified by qPCR with SYBR® Premix Ex Taq™ II (Takara Biotechnology Co., Ltd.) using an iCycler® thermal cycler (Bio-Rad Laboratories, Inc., Hercules, CA, USA). The qPCR reaction consisted of 12.5 µl SYBR® Premix Ex Taq™ II, 1 µl each of forward and reverse primers, 2 µl cDNA, and made up to 25 µl with DMSO. The suspension was agitated and incubated at 95°C for 30 sec and repeated 40 cycles of 95°C for 5 sec, 60°C for 30 sec, and 72°C for 30 sec. The threshold cycle (Ct) values were normalized to glyceraldehyde 3-phosphate dehydrogenase (GAPDH) and then expressed as fold changes of the target gene compared with the control group.
distilled water. The PCR primer sequences were as follows: TRPC6, sense 5’-TGTACGGATTTGGAGGC-3’, antisense 5’-GATTGGGTCGCACTCTGG-3’; Bax, sense 5’-GCACACGATCTG-3’; NFAT2, sense 5’-GCCCAGGCATGGA-3’; GAPDH, sense 5’-ATGCACCAAGCAGAA-3’; and GAPDH, sense 5’-ACCAGCTCAGCCAATC-3’ and antisense 5’-TCCACCACCTTGCTTGTA-3’. The housekeeping gene GAPDH served as the internal control for mRNA expression levels. PCR cycling conditions consisted of an initial denaturation (95°C, 30 sec), followed by 40 cycles of incubation at 95°C for 5 sec, then at 60°C for 30 sec. The relative expression levels of each group were measured using the 2^ΔΔCq method (35).

**Protein extraction and western blot analysis.** Podocytes subjected to the different experimental conditions were lysed with radioimmunoprecipitation assay lysis buffer (Beyotime Institute of Biotechnology, Haimen, China). The samples were centrifuged, and the supernatants were collected as the total cell extracts. Nuclear and cytoplasmic proteins from the cells were extracted using the nuclear and cytoplasmic protein extraction kit, according to the manufacturer’s protocol. Protein concentration of the samples were then determined by BCA assay, and 50 µg total protein was used for gel electrophoresis. Proteins were separated by 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis. Proteins were transferred to a polyvinylidene fluoride membrane (EMD Millipore, Billerica, MA, USA), blocked in 5% bovine serum albumin (Abcam) for 1 h at room temperature and visualized using HRP-conjugated goat anti-rabbit IgG (dilution, 1:5,000) in PBS containing 5% nonfat milk powder. The blots were then incubated with HRP-conjugated goat anti-rabbit IgG (dilution, 1:5,000) for 1 h at room temperature and visualized using the Enhanced Chemiluminescence kit (EMD Millipore). Optical density of the bands was measured using a Bio-Rad Molecular Imager VersaDoc MP gel imaging system with Bio-Rad Quantity One software and corrected by reference to the optical density of GAPDH bands.

**Immunofluorescence staining and fluorescence microscopy.** To determine NFAT2 localization, podocytes were placed on cover slips in a six-well plate. Following exposure to the various treatments, the differentiated podocytes were fixed with 4% paraformaldehyde at room temperature for 15 min. The cells were blocked with 5% bovine serum albumin (Abscam) for 30 min at room temperature and were then incubated with rabbit anti-NFAT2 overnight at 4°C. Following three washes with PBS, the cells were incubated with the secondary antibody in the dark for 1 h at room temperature, washed three times with PBS, rinsed once with distilled water, and were then incubated with Hoechst 33342 (Anaspec, Fremont, CA, USA). The cells were inspected under an Olympus IX51 fluorescence microscope (Olympus Corporation, Tokyo, Japan).

**Intracellular Ca^{2+} level assay.** The podocytes were cultured in a 96-well fluorescence plate under routine conditions. After 24 h, the cells were rinsed with Hank’s balanced salt solution (HBSS; GE Healthcare Life Sciences) and were then incubated with Fluo-3/AM (final concentration, 5 µM; Invitrogen; Thermo Fisher Scientific, Inc.) in the dark for 45 min at 37°C. The cells were centrifuged at 800 x g for 5 min at 37°C, the medium was aspirated, and the cells were washed twice with HBSS and incubated for 15 min at 37°C. Ca^{2+} labeling with Fluo-3/AM was detected at an excitation wavelength of 488 nm and an emission wavelength of 526 nm with an LSM 880 confocal microscope (Zeiss AG, Oberkochen, Germany).

**Statistical analysis.** Statistical analyses were conducted using SPSS 13.0 software (SPSS, Inc., Chicago, IL, USA). All data are presented as the mean ± standard deviation. The statistical significance was evaluated using one-way analysis of variance and Newman-Keuls multiple comparisons post hoc analysis, and P<0.05 was considered to indicate a statistically significant difference.

**Results**

**HG decreases podocyte viability, which is attenuated by AS-IV.** To investigate the effects of AS-IV on the viability of HG-stimulated podocytes, an MTT assay was performed. As presented in Fig. 1A, exposure to HG for 24 h significantly inhibited the viability of podocytes by 20.19±4.26% (P=0.0006; n=3). As expected, MA had no significant effect on podocyte viability, suggesting that the decreased cell viability in the HG group was not due to high osmolarity. Conversely, 20 or 40 µM AS-IV significantly enhanced podocyte viability, and cell viability inhibition was reduced to 18.04±2.01% (P=0.03; n=3) and 13.21±1.78% (P=0.0008; n=3), respectively, as compared with the HG group.

**HG induces podocyte apoptosis, which is inhibited by AS-IV.** The effects of AS-IV on apoptosis were determined by flow cytometry. As presented in Fig. 1B, HG significantly increased the rate of podocyte apoptosis to 32.66±1.99% (P=0.0004; n=3) and MA resulted in no significant change. AS-IV (20 or 40 µM) reduced the rate of podocyte apoptosis to 22.15±6.15% (P=0.03; n=3) and 15.09±0.57% (P=0.0007; n=3), respectively, compared with the HG group.

**AS-IV inhibits the upregulation of TRPC6 in HG-stimulated podocytes.** To determine whether AS-IV reduces TRPC6 expression in HG-stimulated podocytes, the effects of different treatments were assessed by RT-qPCR and western blotting (Figs. 2 and 3). HG increased TRPC6 mRNA and protein expression levels by 151±0.37% and 89.2±13.4%, respectively (P=0.0006 and P=0.0007, respectively; n=3). Conversely, treatment with 20 or 40 µM AS-IV reduced the mRNA (P=0.02, n=3; P=0.0005, n=3, respectively) and protein expression levels of TRPC6 (P=0.01, n=3; P=0.0004, n=3, respectively; Figs. 2A, 3A and B).
significantly elevated NFAT2 mRNA expression levels by 182±0.33% (P=0.0005; n=3) and nuclear protein expression levels by 389.2±19.8% (P=0.0004; n=3), in addition to decreasing NFAT2 expression in the cytoplasm by 313.6±8.7% (P=0.0005; n=3); however, MA did not result in significant changes. Furthermore, the effects were suppressed by AS-IV, AS-IV (20 and 40 µM) decreased NFAT2 mRNA expression levels (P=0.04, n=3; P=0.0003, n=3, respectively), upregulated NFAT2 cytoplasmic protein expression levels (P=0.0004, n=3; and P=0.0002, n=3, respectively), and decreased NFAT2 nuclear protein expression levels (P=0.0002, n=3; and P=0.0001, n=3, respectively) in a dose-dependent manner.

**AS-IV inhibits Bax expression in HG-stimulated podocytes.**

To further investigate the prevention of podocyte apoptosis by AS-IV, alterations in Bax expression levels were observed (Figs. 2 and 3). HG upregulated Bax mRNA and protein expression levels by 203±0.01% and by 73.2±6.8% (P=0.0005 and P=0.0001, respectively; n=3), respectively. Conversely, 40 µM AS-IV reduced Bax gene and protein expression levels (P=0.03 and P=0.01, respectively; n=3), as compared with the HG group (Fig. 2C, 3C and D).
HG induces the nuclear translocation of NFAT2 in podocytes, which is suppressed by AS-IV. Immunoblotting experiments were performed to assess the nuclear translocation of NFAT2 in podocytes. As presented in Fig. 4, NFAT2 was predominantly distributed in the cytoplasm, and HG markedly increased NFAT2 nuclear accumulation in podocytes. However, 40 µM AS-IV inhibited nuclear NFAT2 accumulation in the HG-stimulated podocytes.
HG increases the intracellular Ca\(^{2+}\) concentration in cultured podocytes, which is attenuated by AS-IV. To measure the changes in intracellular Ca\(^{2+}\) concentration in podocytes, the levels of Ca\(^{2+}\) labeled with Fluo-3/AM were determined by confocal laser scanning microscopy. The results demonstrated that HG treatment, but not MA treatment, significantly increased the Ca\(^{2+}\) level to 0.58±0.08% (P=0.01; n=3) in cultured podocytes. Treatment with 40 µM AS-IV reduced the intracellular Ca\(^{2+}\) influx level to 0.48±0.07% in the HG-stimulated podocytes (P=0.02; n=3; Fig. 5).

Discussion

The present study is, to the best of our knowledge, the first to demonstrate that AS-IV prevents glucose-induced apoptosis of podocytes via ion channels. Upregulation of TRPC6 expression and increased intracellular Ca\(^{2+}\) levels in HG-stimulated podocytes were observed. In addition, it was demonstrated that TRPC6 was involved in the HG-induced apoptosis of podocytes. AS-IV significantly attenuated the HG-induced apoptosis of podocytes and induced a significant decrease in...
TRPC6 expression and intracellular Ca\(^{2+}\) levels. Furthermore, AS-IV inhibited the activation of NFAT2, a downstream protein of TRPC6. AS-IV prevented the HG-induced apoptosis of podocytes via the downregulation of TRPC6, which was possibly mediated via the CaN/NFAT signaling pathway.

DN is an important and common complication of type 1 and type 2 diabetes, which results in end-stage renal disease (1). Podocyte apoptosis is key in the generation and progression of DN (6-8). Therefore, the prevention or inhibition of podocyte apoptosis may be a promising therapeutic strategy for the treatment of DN.

Podocytes express a family of nonselective cation channels termed TRPC that may contribute to calcium influx (15). TRPC6, one of the important Ca\(^{2+}\)-permeable ion channels in podocytes, is closely associated with hereditary and acquired kidney diseases (36,37). Numerous studies have demonstrated that TRPC6 is involved in cytoskeletal rearrangement, NFAT-dependent transcription, and apoptosis in podocytes (16,27,37-39). Recent investigations have demonstrated that HG increases TRPC6 expression in podocytes and that TRPC6 is involved in HG-induced podocyte apoptosis (17-19). In the present study, HG was observed to induce podocyte apoptosis and significantly increase TRPC6 mRNA and protein expression, and intracellular Ca\(^{2+}\) levels. Exposure to MA had no significant effects, suggesting that the changes as a result of HG did not result from high osmolarity. These results were also consistent with those of previous studies (17-19).

NFAT2, which is a downstream protein of TRPC6, was also investigated. The NFAT transcription factors are well-researched CaN substrates and the major regulators of transcription in response to Ca\(^{2+}\)/CaN signaling (40,41). It has been demonstrated that the TRPC6/CaN/NFAT signaling pathway is involved in renal diseases, such as in podocyte injury (27,28), and that HG-induced podocyte apoptosis is mediated via the CaN/NFAT2/Bax signaling pathway (42). Results from the present study indicated that HG induced NFAT2 nuclear translocation in podocytes. Furthermore, in the present study, Bax, an important indicator of apoptosis (43,44), was observed to be activated in response to HG stimulation in podocytes.

AS-IV is considered a characteristic active saponin compound that mediates numerous pharmacological properties of *Astragalus* (29). Increasing evidence suggests that AS-IV has renal protective roles in DN, including attenuating podocyte injury and ameliorating podocyte apoptosis via anti-inflammatory signaling pathways, or inhibiting oxidative stress (32-34). Although TRPC6 participates in HG-induced podocyte apoptosis, the protective role of AS-IV in ion channels remains to be elucidated. In the present study, AS-IV was demonstrated to inhibit podocyte apoptosis induced by HG, downregulate TRPC6, NFAT2 and Bax expression levels, and suppress intracellular Ca\(^{2+}\) levels in HG-stimulated podocytes.

In conclusion, these results demonstrated that AS-IV prevented HG-induced podocyte apoptosis via the downregulation of TRPC6, which was possibly mediated by the CaN/NFAT signaling pathway. These findings provide novel insights into the treatment of DN with AS-IV. There were, however, certain limitations to the present study. Although there are a number of subtypes of TRPC, TRPC6 was focused on in the current study. Changes in TRPC6 expression do not guarantee the involvement of this signaling pathway during cell injury and protection. Therefore, in a future investigation, the use of a more specific inhibitor or a genetic method to knockdown TRPC6 is required.

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**References**


