Lipopolysaccharide-induced podocyte injury is mediated by suppression of autophagy

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Abstract. High-level autophagy has an important role in maintaining the stable state of podocytes. The present study explored the influence of lipopolysaccharide (LPS) on autophagic activity in podocytes and demonstrated its mechanistic involvement in LPS-induced injury. Conditionally immortalized podocytes were cultured in vitro and were treated with chloroquine (CQ), LPS, LPS+rapamycin or LPS+3-methyladenine (3-MA). The autophagic vesicles and endoplasmic reticulum were observed using transmission electron microscopy. The tandem mRFP-GFP-LC3 adenovirus was used to detect autophagosomes and autolysosomes. The expression levels of light chain 3-II (LC3 II), beclin-1, P62, CCAAT-enhancer-binding protein homologous protein (CHOP) and podocin were determined by western blot analysis. Autophagic vesicles were detected in podocytes under basic conditions. CQ was found to increase the protein levels of LC3 II in a time-dependent manner (2, 4 or 6 h), confirming the high activity of autophagy in podocytes. Compared with the control group, LPS induced the expansion of the endoplasmic reticulum and high levels of CHOP, while decreasing the protein expression of podocin. Notably, podocytes treated with LPS showed decreases in LC3 II and beclin-1 levels and autophagosome/autolysosome numbers, which was accompanied by high P62 levels. Furthermore, the autophagy enhancer rapamycin reversed the downregulation of LC3 II and podocin, and the upregulation of CHOP induced by LPS, while the autophagy inhibitor 3-MA aggravated the effects of LPS. In conclusion, the present study demonstrated that LPS inhibited podocyte autophagy, which contributed to LPS-induced injury of podocytes.

Introduction

Podocytes are among the structures of the glomerulus filtration barrier and are located around the glomerular basement membrane (GBM). As they have a similar morphology and structure to that of neurocytes, they are classified as a terminally differentiated cell type, in which the cell structures contain a cell body, preliminary processes and secondary processes (foot process). The intercellular junction of podocytes is formed in a staggered manner, based on the foot process (1). Differing from endothelial cells and the GBM, podocytes have an essential role in the selective glomerular filtration function. The abnormal cellular structure and function of podocytes can directly result in proteinuria, which may further develop into glomerulonephritis. Podocyte injury constitutes a common pathology in most glomerular diseases (2). In recent years, a large number of studies have focused on the mechanisms underlying podocyte injury and have led to a marked progress in this field (3,4). In a clinical study, podocyte injury was targeted for the treatment of recurrent and refractory focal segmental glomerular sclerosis, ultimately resulting in partial or even complete remission (5). This study indicated great prospects for treatments targeting podocytes and suggested that further elucidation of podocyte injury mechanisms may be beneficial to the specific therapies for focal segmental glomerular sclerosis, membranous nephropathy, diabetic nephropathy, and so forth.

Lipopolysaccharide (LPS)-mediated podocyte injury is a commonly used model in studies on podocyte injury (6,7). Previous studies have illustrated possible mechanisms of the LPS-induced injury in podocytes. For instance, LPS-induced activation of B7-1 results in the reorganization of vital slit diaphragm proteins (6), LPS-induced downregulation of the cell survival factor contributes to podocyte apoptosis (8) and LPS-induced activation of PTP1B leads to an increase in cell migration (9). A recent study by our group showed that LPS increased the activity of urokinase receptor-mediated beta 3 integrin signals to promote podocyte activity, thus resulting in cell injury (10,11). Apart from these effects, the
mechanisms of LPS-induced podocyte injury have remained elusive.

Autophagy, a lysosome-dependent bioactivity that results in the degradation of the cell’s own biomacromolecules and organelles, has a significant role in the maintenance of cellular functions and resistance to exogenous stress (12). In contrast to other types of glomerular cells, normal podocytes demonstrate high levels of autophagic activity (13). Knockout of the autophagy-associated gene Atg5 was shown to decrease the high levels of autophagic activity in podocytes, resulting in the accumulation of oxidized and ubiquitinated proteins as well as endoplasmic reticulum (ER) stress. Furthermore, proteinuria, loss of podocytes and glomerular sclerosis were demonstrated in aged mice with Atg5 deficiencies (13). The essential role of autophagy in the maintenance of the bioactivities of podocytes is well known. However, whether changes in autophagic activity have a role during podocyte injury has remained elusive.

The present study generated an in vitro model of podocyte injury using LPS to assess the association between autophagic activity and podocyte injury.

Materials and methods

Reagents and equipment. Chloroquine, rapamycin and 3-methyladenine (3-MA) were all purchased from Sigma-Aldrich (St. Louis, MO, USA). RPMI, as well as rabbit anti-podocin (cat. no. P0372) and rabbit anti-light chain (LC)3B (cat. no. L7543) antibodies were purchased from Sigma-Aldrich (St. Louis, MO, USA). Rabbit-anti-Becn1 (cat. no. 5738s), rabbit anti-p62 (cat. no. 5114s) and mouse-anti-CHOP (cat. no. 2895s) antibodies were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). Mouse anti-glyceraldehyde-3-phosphate dehydrogenase (GAPDH) antibody was obtained from Abcam (Cambridge, MA, USA). LPS, as well as rabbit anti-podocin, mouse anti-L75 (cat. no. P0372) and rabbit anti-light chain (LC)3B (cat. no. P0372) antibodies were purchased from Bioworld Technology, Inc. (St. Louis Park, MN, USA). Polyclonal horseradish peroxidase (HRP)-conjugated goat anti-mouse IgG (cat. no. 115-035-003) and goat anti-rabbit IgG (cat. no. 111-035-003) were purchased from Jackson ImmunoResearch Laboratories, Inc., West Grove, PA, USA). Red fluorescence protein - green fluorescence protein - LC3 double-tagged adenovirus (mRFP-GFP-LC3) was provided by Hanbio (Shanghai, China).

Podocyte culture. Differentiated podocytes are unable to replicate, and primary podocytes would result in rapid growth arrest when culturing. Conditionally immortalized mouse podocyte clones (MPCs) have overcome these difficulties, and conditionally immortalized MPC cells retain a differentiation potential similar to that of podocytes in vivo (14). With these characteristics, MPCs are widely used as a cell model in research focusing on human podocyte injury. Conditionally immortalized mouse podocytes were a gift from Professor J. Reiser of Rush University (Chicago, IL, USA). The recovered podocytes were cultured and passaged with Corning® cellgro® RPMI-1640 (Cellgro; Mediatech, Manassas, VA, USA) containing interferon (IFN)-γ (10-100 U/ml; ProSpec, Tany Technogene Ltd., Rehovot, Israel), penicillin (100 U/ml), streptomycin (100 µg/ml) and 10% fetal bovine serum (FBS; Gibco®; Thermo Fisher Scientific, Waltham, MA, USA) at 33°C in a humidified atmosphere containing 5% CO2 for 3-4 days. After proliferation was completed in the above medium, the podocytes were transferred into IFN-γ-free RPMI-1640 medium containing 5% FBS and cultured at 37°C in a humidified atmosphere containing 5% CO2 for 10-14 days for differentiation and maturation prior to use in the experiments of the present study.

Podocyte grouping and treatment. The matured podocytes were divided into seven groups as follows: i) CQ0h group/Control group (podocytes were cultured with normal medium); ii) CQ2h group [podocytes were cultured with chloroquine (10 µM) for 2 h]; iii) CQ4h group [podocytes were cultured with chloroquine (10 µM) for 4 h]; iv) CQ6h group [podocytes were cultured with chloroquine (10 µM) for 6 h]; v) LPS group [podocytes were cultured with LPS (100 µg/ml) for 24 h]; vi) LPS + rapamycin group [podocytes were cultured with LPS (100 µg/ml) and rapamycin (5 nM) for 24 h]; and vii) LPS + 3-MA group [podocytes were cultured with LPS (100 µg/ml) and 3-MA (10 mM) for 24 h]. The starting cell number for differentiating podocytes was ~40,000 per well on a 6-well plate with coverslips (120,000 per dish).

Western blot analysis. Following treatment with LPS and optionally with rapamycin or 3-MA, the podocytes were washed three times with cold phosphate-buffered saline (PBS) and then lyzed on ice for 10 min using cell lysis buffer (Beyotime Institute of Biotechnology, Shanghai, China) containing proteinase inhibitor (phenylmethylsulfonyl fluoride; Guangzhou Genebase Bioscience Co., Ltd., Guangzhou, China) with scraping. The total protein was quantified using a bicinchoninic acid protein quantification kit (Thermo Fisher Scientific). After denaturation at 98°C for 10 min, the protein (20 µg per lane) was subjected to 12% sodium dodecyl sulfate polyacrylamide gel electrophoresis (Bio-Rad Laboratories, Inc., Hercules, CA, USA) and then transferred onto a nitrocellulose membrane (Millipore Corp., Boston, MA, USA) at 200 mA. The blots were incubated with skimmed milk powder (5%; Yili, Inner Mongolia, China) for 1 h and then probed with the specific antibody at 4°C overnight. The blots were then incubated with the secondary antibody for 1 h and treated with an enhanced chemiluminescence (ECL) reagent (ECL Western Blotting substrate; Thermo Fisher Scientific). Images of the blots were captured on Kodak X-ray film (Eastman Kodak, Rochester, NY, USA). OPTIMAX X-ray film processor (Protec GmbH & Co., Oberstenfeld, Germany) was used to capture the images, and scans of the images were subjected to quantitative analysis of the protein bands by densitometric analysis using ImageJ software (National Institutes of Health, Bethesda, MD, USA). The ratios of protein band intensities to GAPDH were determined and subsequently normalized to the control group or the CQ 0 h group.

Detection of autophagosomes and autolyssosomes. Podocytes proliferating at 33°C were seeded into six-well plates containing coverslips coated with collagen type I (BD Biosciences, Franklin Lakes, NJ, USA) for 10-14 days (40,000 per well) and cultured until differentiation and maturation were achieved. The podocytes were inoculated with the mRFP-GFP-LC3 adenovirus at a concentration of 1×10^7 PFU/well. The culture medium was replaced with fresh medium at 6 h post-inoculation and treatment with LPS (100 µg/ml) intervention for 24 h was performed at 24 h post-inoculation. The cells were washed with
PBS three times, fixed with 4% paraformaldehyde (Guangzhou Whiga Technology Co., Ltd., Guangzhou, China) for 10 min and permeabilized with 0.5% Triton X-100 (Sigma-Aldrich) for 10 min. The cells were stained with 4',6-diamidino-2-phenylindole (DAPI; Guangzhou Whiga Technology Co., Ltd.) for 6 min, mounted for anti-fluorescence quenching [using Antifade Mounting medium (Beyotime Institute of Biotechnology), a reagent that is able to achieve the effect of anti-fluorescence quenching], and observed using a Fluoview FV1000 laser scanning confocal microscope (Olympus, Tokyo, Japan). The mRFP-GFP-LC3 adenovirus-infected cells showed dual green and red fluorescence. LC3 II was recruited to the autophagosomal membranes, which was indicated by fluorescent spots. Red fluorescent spots indicated the autolysosome due to hydrolysis of GFP, whereas the autophagosome featured dual fluorescence, indicated by yellow spots. The numbers of autophagosomes and autolysosomes were recorded using Image J software (National Institutes of Health, Bethesda, MD, USA).

**Observation of ER and autophagosomes by transmission electron microscopy (TEM).** Following the indicated treatments, the cells were harvested in Eppendorf tubes (1.5 ml), fixed with 2% glutaraldehyde (Sigma-Aldrich) at 4°C for 1 h and washed with cacodylate (0.15 mM; Sigma-Aldrich) three times for 5 min each. The cells were then fixed with 1% osmium tetroxide (Sigma-Aldrich) at 4°C for 30 min, washed with distilled water three times for 5 min each and treated with 1% uranyl acetate (Sigma-Aldrich) at 4°C for 30 min. This step was followed by dehydration, embedding into epoxy resin (Sigma-Aldrich) for 12 h and polymerization at 60°C. Cells prepared into resin embedded blocks were fixed in ultramicrotome (Leica EM UC6; Leica, Wetzlar, Germany) and then cut into ultrathin slices. The ultrathin slices were set into copper mesh. Images were captured by TEM using a JEM-100CX transmission electron microscope (Jeol, Tokyo, Japan) at magnifications of x9,700 or x37,000.

**Statistical analysis.** Values are expressed as the mean ± standard deviation. Statistical analysis was performed using SPSS software, version 13.0 (SPSS, Inc., Chicago, IL, USA). Statistical significance was assessed using one-way ANOVA analysis of variance, followed by a least significant difference test for comparison between two groups. A two-tailed P<0.05 was considered to indicate a statistically significant difference between values.

**Results**

**Podocytes have high basal levels of autophagy.** Autophagosomes were identified in normal podocytes using TEM (Fig. 1A). Chloroquine (CQ) was used to block the fusion of the autophagosomes and lysosomes in the podocytes for 2, 4 and 6 h to investigate autophagosome formation. Autophagy was evaluated based on an increase in LC3 II expression. The results demonstrated that CQ significantly increased LC3 II expression in a time-dependent manner (Fig. 1B), indicating that mature podocytes have a high basal level of autophagosome formation.

**LPS induces podocyte injury.** TEM observation indicated dilation of the ER in LPS-treated podocytes compared with those in the control group (Fig. 2A). In addition, western blot analysis revealed elevated protein expression levels of CHOP and P62 (P=0.002) (Fig. 2B). By contrast, the expression of podocin was significantly inhibited in the LPS-treated group (P<0.001) (Fig. 2C).

**LPS decreases autophagy in podocytes.** Decreases in the protein levels of LC3 II (P=0.002) (Fig. 3A) and beclin-1 (P<0.001) (Fig. 3B), and an increase in the expression of P62 (P=0.002) (Fig. 3C) were observed in the LPS-treated group compared with the control group. LC3 I also revealed a significant difference between the LPS-treated and the control groups, although this is not shown in Figure 3. Furthermore, laser scanning confocal microscopic observation of podocytes transfected with the adenovirus mRFP-GFP-LC3, which tagged the autophagosomes in yellow and the autolysosomes in red, showed a decreased ratio of autophagosomes to autolysosomes in the LPS-treated podocytes (P<0.001) (Fig. 4A and B).

**Rapamycin inhibits LPS-induced autophagy suppression and podocyte injury.** Treatment with rapamycin significantly
inhibited LPS-induced decreases in LC3 II (P=0.03) (Fig. 5A). Even though rapamycin did not reverse the expression level of LC3I (Fig. 5A), this finding indicated that rapamycin partially restored autophagy in podocytes after LPS treatment. In addition, rapamycin attenuated LPS-induced decreases in the expression of podocin (P=0.021) (Fig. 5B) and increases in the expression of CHOP (P=0.013) (Fig. 5C), indicating that rapamycin inhibited LPS-induced podocyte injury.

3-MA aggravates LPS-induced autophagy suppression and cell injury in podocytes. The reduction of LC3 II expression in podocytes treated with LPS was shown to be aggravated by simultaneous treatment with 3-MA (P=0.022) (Fig. 6A), indicating that 3-MA contributed to LPS-induced autophagy suppression. In addition, a similar trend in the variation was observed in the expression level of LC3 I (Fig. 6A). In line with this, a further decrease in the levels of podocin (P=0.014) (Fig. 6B) and a further increase in CHOP expression (P=0.040) (Fig. 6C) by co-treatment with 3-MA compared with the group treated with LPS alone was observed.

Discussion

LPS has been used to establish models of renal injury, such as minimal change disease, focal segmental glomerulosclerosis (FSGS), acute kidney injury, and so forth (15-17). As illustrated above, some mechanisms of podocyte injury have been discovered during LPS treatment. Recently, some studies have demonstrated that a renoprotective role of autophagy in kidney tubules during LPS-inducing acute kidney injury (17,18). Thus, it is hypothesized that autophagy plays a role in LPS-inducing podocyte injury. Autophagy is a quality control system that is involved in the maintenance of intracellular homeostasis. Its steps include autophagosome formation (engulfment of cytoplasmic proteins and injured organelles by double-membraned pre-autophagosomal structures), autolysosome formation (fusion of the autophagosomes and lysosomes) and autolysosomal degradation (generation of basal metabolism products) (19). Endogenous as well as exogenous stress can compel cells to recycle basal nutrition elements via autophagic degradation of abnormal intracellular components to maintain cellular structures and biofunctions. Furthermore, impairment of autophagy results in the accumulation of cell waste products and abnormal regeneration of long-lived proteins, which may result in the initiation of ER stress and cell apoptosis (20,21). Therefore, normal autophagic activity is a necessity for long-lived, terminally differentiated cells, particularly neurocytes and podocytes.

In contrast to other cell types in the glomerulus, podocytes do not proliferate and must therefore attenuate injury stress by alternative means to cell regeneration or proliferation (1). Based on the specificity of their cell structure and biofunctions, podocytes have been found to be a significant target for glomerular disease (2). Therefore, it is indicated that podocytes face a particular challenge regarding homeostasis maintenance. Although the mechanisms of podocyte-associated pathogenesis of glomerular diseases remain largely elusive, recent studies have enhanced the current level of knowledge. The correlation between autophagy levels in podocytes and glomerular disease susceptibility has been reported by Hartleben et al (13). This study demonstrated that aged mice with autophagy-deficient podocytes suffered from proteinuria, which finally led to
glomerular sclerosis (13). This finding emphasized the significance of high levels of autophagy in the maintenance of cellular biofunctions. Recent clinicopathological studies analyzing renal biopsy specimens further supported that autophagic activity of podocytes has a critical protective role in renal injury (22-24). Glomeruli and in particular podocytes from patients with minimal changes in their disease status had higher levels of autophagic activity than glomeruli from patients with focal segmental glomerulosclerosis. Repeat renal biopsies of patients with minimal changes in their disease status enabled the tracking of podocyte autophagic activity and confirmed that patients maintaining high autophagic activity in their podocytes retained minimal change disease status, whereas patients with decreased autophagic activity progressed to focal segmental glomerulosclerosis (25). Consistent with the above studies, the present study detected a high basal level of autophagy in normal podocytes. In the present study, CQ treatment was employed to explore autophagic activity. CQ, an anti-malarial drug, can block the fusion of lysosomes and autophagosomes by increasing the pH value of the lysosomes. This process results in the abortive formation of the autolysosomes and the accumulation of newly generated autophagosomes (26). Microtubule-associated protein LC3, a mammalian homologue of yeast Atg8, exists in two forms: LC3-I and LC3-II. LC3-I is an abundant cytoplasmic protein that is cleaved and lipidated during initiation of autophagy (forming LC3-II), translocating to and associating with the autophagosome in a punctate pattern. Thus, LC3-II is considered as an autophagy biomarker. Based on the characteristics of CQ, the protein levels of LC3-II were determined at different CQ intervening time points to indirectly...
indicate the level of autophagy activity. The results showed that LC3 II rapidly accumulated following CQ treatment, indicating a high level of autophagy in the podocytes. Furthermore, a decrease in the expression level of LC3-I was also observed in the LPS-treated group. This suggested that the inhibition of autophagy could involve two aspects: Downregulation of the expression of LC3-I and the conversion inhibition of LC3-I to LC3-II.

Figure 5. Effects of rapamycin-mediated autophagy recovery on LPS-induced podocyte injury. Rapamycin inhibited LPS-induced suppression of (A) LC3 I and II and (B) podocin production and (C) increase of CHOP expression at the protein level. Representative western blots are shown, and expression levels were quantified by gray value analysis of protein bands. The ratios of LC3 II/GAPDH, podocin/GAPDH and CHOP/GAPDH were normalized to the control group. The value of the control group was 1. Values are expressed as the mean ± standard deviation (n=3). *P<0.05 vs. controls; #P<0.05 vs. LPS+rapamycin. LC, light chain; GAPDH, glyceraldehyde-3-phosphate dehydrogenase, LPS, lipopolysaccharide; CHOP, CCAAT-enhancer-binding protein homologous protein.

Figure 6. Autophagy inhibitor 3-MA aggravates autophagy suppression and podocyte injury caused by LPS. Effects of 3-MA on LPS-mediated downregulation of (A) LC3 II and (B) podocin and (C) upregulation of CHOP. Representative western blots are shown, and expression levels were quantified by gray value analysis of protein bands. The ratios of LC3 II/GAPDH, podocin/GAPDH and CHOP/GAPDH were normalized to the control group. The value of the control group was 1. Values are expressed as the mean ± standard deviation (n=3). *P<0.05 vs. controls; #P<0.05 vs. LPS+3-MA. LC, light chain; GAPDH, glyceraldehyde-3-phosphate dehydrogenase, LPS, lipopolysaccharide; CHOP, CCAAT-enhancer-binding protein homologous protein; 3-MA, 3-methyladenine.

The results of the present study demonstrated that LC3 II and beclin-I were downregulated in LPS-treated podocytes. P62 has been used in numerous studies as a protein marker to indicate autophagic activity. It is an adapter protein, which can bind to LC3 II and ubiquitinated aggregated proteins and facilitate the transportation of ubiquitinated proteins to the autophagosomes. Subsequently, P62 is degraded together with the ubiquitinated proteins in the autolysosomes (27). In the present study, P62 expression in podocytes was found to be significantly increased following LPS treatment. The
dual-tagged adenovirus mRFP-GFP-LC3 has been previously used to detect autophagosomes (28), and was used to investigate the effects of LPS on autophagy in podocytes. In this system, the stability of mRFP can compensate for the instability of GFP in an acidic environment, enabling for the simultaneous detection of autophagosomes and autolysosomes. In the present study, the number of autophagosomes and autolysosomes was decreased by LPS. All of these findings indicated that LPS inhibited the high-level autophagic activity in podocytes.

Previous studies have reported that ER stress and abnormal slit diaphragm proteins have significant roles in the injury of podocytes and thus serve as known markers of podocyte injury (29). In the present study, LPS treatment resulted in ER dilation, increased expression levels of the ER stress-associated protein CHOP and a significant decrease in the a slit diaphragm protein podocin. To investigate the association between LPS-induced podocyte injury and autophagy, autophagy enhancer rapamycin and autophagy suppressor 3-MA were employed (30,31). The results showed that rapamycin partly restored LPS-mediated decreases of autophagy, and attenuated LPS-induced ER stress and down-regulation of podocin. By contrast, 3-MA aggravated the effects of LPS on autophagy and podocyte injury.

In spite of the findings of the present and previous studies, the underlying mechanisms of LPS-induced podocyte injury and inhibition of autophagy remain to be fully elucidated. The migration of autophagosomes and lysosomes depends on components of the cytoskeleton, such as microtubules (32), and it is known that LPS damages the skeletal systems of podocytes (6). Whether LPS affects autophagic activity of podocytes by damaging the skeletal system is worthy of further exploration.

In conclusion, the present study reported that LPS-induced podocyte injury is, at least in part, mediated via inhibition of autophagy. 3-MA-induced inhibition of autophagy significantly enhanced LPS-induced podocyte injury, while rapamycin-mediated restoration of autophagy attenuated the effects of LPS. The present study therefore provided a basis for the development of novel strategies for the treatment of glomerular diseases, such as the upregulation of autophagy under injury stress.

Acknowledgements

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