Abstract. The proliferation of vascular smooth muscle cells (VSMCs) is one of the main features of atherosclerosis accelerated by hyperglycemia. Our previous studies found that farnesyl pyrophosphate synthase (FPPS, EC 2.5.1.10), an essential enzyme in the mevalonate pathway, was upregulated in aorta media from diabetic mice along with the process of atherosclerosis. However, the exact role of FPPS in high glucose-induced proliferation of VSMCs is largely unclear. In our study, we found that alendronate (an FPPS inhibitor) attenuated diabetic accelerated atherosclerosis in vivo and suppressed high glucose-induced VSMCs proliferation in vitro. Moreover, in aorta from streptozotocin (STZ)-induced diabetic mice, 16-week treatment of alendronate decreased the activation of small GTPases (Ras, RhoA, and Rac1), but had no effect on the expression of cystathionine γ-lyase (CSE), the pivotal H_{2}S-producing enzyme. Meanwhile, in VSMCs cultured in high glucose-containing media, alendronate remarkably decreased total CoQ content, increased the H_{2}S level, depressed small GTPases (Ras, RhoA, and Rac1) activation, but yet had no effect on expression of CSE. In conclusion, FPPS inhibition by alendronate attenuated the high glucose-induced proliferation of VSMCs both in vivo and in vitro, probably though depressing H_{2}S metabolism and suppressing small GTPases (Ras, RhoA, and Rac1) activation.

Introduction

Patients with diabetes exhibit an increased susceptibility to develop a wide range of macro-vascular complications, including atherosclerotic cardiovascular and cerebrovascular disease, which account for the majority of deaths and disability in diabetes patients (1,2). Improving macro-vascular outcomes through glucose-lowering interventions have remained a difficult, complicated, and to date, largely unsuccessful enterprise. There is an ongoing need for new therapeutic targets which would slow the accelerated progression of diabetic atherosclerosis (3).

The elevated blood glucose level (hyperglycemia) is considered one of the major causes of accelerated atherosclerosis in diabetes (4,5). Together with endothelial dysfunction, the proliferation of vascular smooth muscle cells (VSMCs) is one of the characteristic features of atherosclerosis (6). Under high glucose conditions, human, porcine and rodent VSMCs proliferate and migrate from the media to the subendothelial space of the vessel wall where early atherosclerotic lesions are localized (5,6). However, the mechanisms underlying VSMCs proliferation are very complicated and have not yet been completely elucidated.

Farnesyl pyrophosphate synthase (FPPS, EC 2.5.1.10), an essential enzyme in the mevalonate pathway, catalyzes the synthesis of FPP (7). As seen in Fig. 1, FPP is a crucial branching point precursor in the synthesis of several classes of essential metabolites, including sterols (such as cholesterol), ubiquinones (also known as coenzyme Q, CoQ) and non-sterols substrates for prenylation of proteins (especially the small GTPases) (7-9). These metabolites serve as the basis for the biosynthesis of molecules used in processes as diverse as terpenoid synthesis, protein prenylation, cell membrane maintenance, hormones, protein anchoring, N-glycosylation, and steroid biosynthesis (10). In our previous studies, we found that the FPPS expression in aorta from streptozotocin (STZ)-induced diabetic mice was remarkably upregulated along with the accelerated process of atherosclerosis (11). Meanwhile, we also observed that high glucose (22.2 mM) induced both VSMCs proliferation and FPPS upregulation in vitro (11). Thus, we assumed that increased expression of aortic FPPS may contribute to the accelerated atherogenic process in diabetic mice. However, its exact relationship and mechanisms remain to be explored.

Therefore, the present study was designed to determine whether the inhibition of FPPS attenuated high glucose-induced VSMCs proliferation in vivo or in vitro, and if present, to investigate the underlying mechanisms. For this purpose, alendronate, an inhibitor of FPPS in mevalonate pathway, was upregulated in aorta media from diabetic mice along with the process of atherosclerosis. However, the exact role of FPPS in high glucose-induced proliferation of VSMCs is largely unclear. In our study, we found that alendronate (an FPPS inhibitor) attenuated diabetic accelerated atherosclerosis in vivo and suppressed high glucose-induced VSMCs proliferation in vitro. Moreover, in aorta from streptozotocin (STZ)-induced diabetic mice, 16-week treatment of alendronate decreased the activation of small GTPases (Ras, RhoA, and Rac1), but had no effect on the expression of cystathionine γ-lyase (CSE), the pivotal H_{2}S-producing enzyme. Meanwhile, in VSMCs cultured in high glucose-containing media, alendronate remarkably decreased total CoQ content, increased the H_{2}S level, depressed small GTPases (Ras, RhoA, and Rac1) activation, but yet had no effect on expression of CSE. In conclusion, FPPS inhibition by alendronate attenuated the high glucose-induced proliferation of VSMCs both in vivo and in vitro, probably though depressing H_{2}S metabolism and suppressing small GTPases (Ras, RhoA, and Rac1) activation.

Introduction

Patients with diabetes exhibit an increased susceptibility to develop a wide range of macro-vascular complications, including atherosclerotic cardiovascular and cerebrovascular...
pathway (12,13), was used to examine the potentially critical roles of FPPS in VSMCs proliferation during the accelerated atherogenic process in diabetes mellitus.

**Materials and methods**

**Animal treatment.** Female BALB/c mice (SPF, 20±2.5 g) were purchased from the Shanghai Laboratory Animal Center (Chinese Academy of Sciences), and housed in a pathogenfree laboratory at the First Affiliated Hospital of Zhejiang University. The procedures and protocols of the study conformed to the Guide for the Care and Use of Laboratory Animal published by the US National Institutes of Health (NIH Publication no. 85-23, revised 1996) and the guidelines of the Animal Care and Use Committee of Zhejiang University. All chemicals and reagents were purchased from Sigma (S. Louis, MO, USA), unless otherwise stated. As described in our previous report (11), diabetic mice were induced by daily injection of STZ at a dose of 50 mg/kg for 5 days after a 4 h fast. Non-diabetic mice received the vehicle (citrate buffer; 0.05 M, pH 4.5). Twelve diabetic mice were randomly divided into two groups as follows: i) Diabetic mice treated with distilled water (control) group (D+C, n=6); ii) diabetic mice treated with alendronate (15 mg/kg/day) group (D+A, n=6). Twelve age and weight matched non-diabetes mice were also divided to control and alendronate group (ND+C and ND+A, n=6). Alendronate was administrated every day for 16 weeks by the intragastric route.

**Glucose and lipid analysis.** Fasting blood glucose (FBG) levels were evaluated in venous blood drawn from the tail by using a CONTOUR glucose meter (Bayer, Mishawaka, IN, USA). Serum total cholesterol (TC), high-density lipoprotein cholesterol (HDL-C), low-density lipoprotein cholesterol (LDL-C), and triglyceride (TG) concentrations were determined by commercial enzymatic methods (test kits from Shanghai Rongsheng Biotech, Inc., Shanghai, China).

**Histological analysis.** The aorta was dissected in situ from the ascending aorta to the iliac bifurcation, cleaned of peripheral fat under a dissecting microscope, and then fixed in 10% neutral formalin, embedded in paraffin, and sequentially stained with hematoxylin and eosin. Lesion areas (LA) per section were counted by taking the average of 6 sections spaced 30 µm apart, beginning at the base of the aortic root. Media thickness (MT) at 10 different points of the thoracic aorta was measured and calculated. Morphometric analysis above was performed with Image-Pro Plus 6.0.

**Cell culture and treatments.** VSMCs were isolated from thoracic aortic explants of female BALB/c mice as previously described (11,14). In brief, aortic explants were cultured in Dulbecco's modified Eagle's medium (DMEM; Gibco, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS; Gibco) and maintained at 37°C in a humidified atmosphere of 5% CO₂ and 95% air. After 2 weeks, cells that had migrated onto the tissue culturedish were collected by trypsinization and subcultured successively. The identity of the VSMCs was determined by the positive immunochemistry reactivity to smooth muscle specific α-actin. To ensure the consistency of results, passages 5-12 of VSMCs were used for experiment. According to our previous report (11), VSMCs proliferation was induced by culturing cells in diabetic medium containing 22.2 mM glucose. Mannitol was used as an osmotic control. VSMCs were also cultured in the presence of various concentrations of alendronate (0, 3, 10, 30 and 100 µM) for 72 h.

**Cell proliferation assay.** After above treatments, cell proliferation was assessed by 3-[4,5-dimethylthi- azol-2-yl]-2,5-diphenyltetrazolium bromide (MTT) assay as described previously (11). Cells were cultured in 96-well plates (5x10³ cells/well). When the VSMCs reached a 60% confluent state, different treatments as stated above were given. Then the cells of 96 wells were incubated with 100 µl of 0.5 mg/ml MTT at 37°C for 4 h, washed with cold PBS, and lysed with 100 µl of DMSO. After the insoluble crystals were completely dissolved, the optical density of each well was immediately measured at 570 nm using an automatic microplate reader (Molecular Devices, Sunnyvale, CA, USA).

**Western blot analysis.** Total proteins were isolated from the aortic media (VSMCs were the only cell type in this layer) or cultured VSMCs, and the procedure of western blot analysis was performed as described in our previous reports (11,15). 10 µg protein from each sample was separated on 10% sodium dodecyl sulphate-polyacrylamide gel, electrophoresed, and transferred onto nitrocellulose membranes. The membrane was blocked with Tris-buffered saline (TBS, pH 7.6) containing 5% skim milk and 0.05% Tween-20, and then incubated with specific antibodies for 12 h at 4°C. The expressions of H-S-producing enzyme [cystathionine γ-lyase (CSE)] and total small GTPases (Ras, RhoA, and Rac1) were detected using their specific antibodies: mouse anti-CSE monoclonal antibody (1:1,000, sc-374249; Santa Cruz Biotechnology Co., Ltd., Japan), rabbit anti-Rac1 polyclonal antibody (1:1,000, sc-95; Santa Cruz Biotechnology Co., Ltd.), rabbit anti-RhoA monoclonal antibody (1:2,000, 2117; Cell Signaling Technology, Inc., Danvers, MA, USA), and rabbit anti-Ras monoclonal antibody (1:2,000, 3,339; Cell Signaling Technology, Inc.). To ensure equal protein loading, mouse monoclonal antibody to β-actin (1:5,000, ab8226; Abcam, Cambridge, UK) was used as an endogenous control. After the membrane was incubated with goat-anti-rabbit IgG conjugated to horseradish peroxidase (1:5,000 dilution; MultiSciences, Hangzhou, China) for 1 h at 37 °C, the immune complexes were visualized by the enhanced chemiluminescence (ECL) method. Quantification of the bands was carried out using densitometric analysis software Quantity One (Bio-Rad, Berkeley, CA, USA).

**Small GTPases activation assay.** Small GTPase (Ras, RhoA, or Rac1) activation was determined from tissue or cell lysates using Ras, RhoA, or Rac1 activation G-LISA kit (BK131, BK124, BK128; Cytoskeleton, Denver, CO, USA) according to the manufacturer's instruction. The signal was measured at 490 nm with a microplate spectrophotometer. Results are expressed as fold increase in activity compared with control group.

**CoQ quantification.** Concentrations of total CoQ₉ and CoQ₁₀ were determined by isocratic high-performance liquid
chromatography (HPLC) according to Lang et al (16) with some modifications as follows. Cells were cultured in 12-well plates (1x10^5 cells/well). When the VSMCs reached a 60% confluent state, different treatments as stated above were given. Cells were resuspended and lysed in ultrapure water with addition of 1,4-benzoquinone (2 mg/ml in ethanol) to allow a complete oxidation of ubiquinol (reduced form of CoQ). The mixtures were then extracted twice by hexane/ethanol (5/2, v/v). Collected organic layers were evaporated under nitrogen, and the dried compounds were dissolved in ethanol and injected on the column Agilent TC-C18 (15 cmx0.46 cm, id 5 µm; Agilent Technologies, Inc., Palo Alto, CA, USA). All steps of sample preparation were carried out rapidly, on ice, with protection from light. The mobile phase consisted of methanol/acetonitrile/ethanol (6/2/2, v/v/v), and the isocratic elution carried out at 1 ml/min. The concentrations of compounds were detected spectrophotometrically at 275 nm using external standards CoQ11 and expressed as nmol per gram of protein (the residue mixtures were also dried under nitrogen and subjected to the protein analysis).

**Measurement of Hydrogen sulfide (H2S) concentration.** H2S concentrations were measured in cultured medium as described previously (17). Briefly, after different treatments, cultured medium was collected from VSMCs plate. 75 µl medium was mixed with 250 µl of 1% (w/v) zinc acetate and 425 µl distilled water in a glass test tube. Then 20 mM N, N-dimethyl-p-phenylenediamine sulfate in 7.2 mM HCl (133 µl) and 30 mM FeCl3 in 1.2 mM HCl (133 µl) were also added to the test tube for 10 min incubation at room temperature. The protein in the medium was removed by adding 250 µl of 10% trichloroacetic acid to the reaction mixture and pelleted by centrifugation at 14,000 g (5 min). The absorbance of the resulting solution at 670 nm was measured with a spectrophotometer (Molecular Devices) in a 96-well plate. All samples were assayed in duplicate, and concentration of H2S in the solution was calculated against a calibration curve of NaHS (3.125-250 µM).

**Statistical analysis.** All experiments were performed at least three times, and the results were expressed as mean ± standard errors of mean (SEM). All analyses were performed with SPSS (version 13.0; SPSS, Inc., Chicago, IL, USA). One-way analysis of variance (ANOVA) followed by Bonferroni post hoc test was used to determine significant differences between groups. P<0.05 was considered to indicate a statistically significant difference.

**Results**

Alendronate had no effect on glucose and lipid levels. As expected the STZ-induced diabetic mice had extremely higher levels of glucose than age-matched control mice. 16-week treatment with alendronate had no effect on glucose levels in neither diabetic nor non-diabetic groups (Table I). Then, in all groups, serum lipid levels (TC, LDL-C, HDL-C, and TG) were comparable (Table I).
Alendronate attenuated diabetic atherosclerosis development. The morphologic data of lesion area (LA) and media thickness (MT) were summarized in Fig. 2. In our study, STZ-induced diabetic mice developed moderate aortic atherosclerotic plaques, with a mean LA of $(11.39 \pm 0.81) \times 10^3 \mu m^2$ and MT of $91.74 \pm 6.52 \mu m$. 16-week treatment of alendronate attenuated diabetic atherosclerosis development with a decline of LA $(8.32 \pm 0.77) \times 10^3 \mu m^2$ and MT $82.24 \pm 6.39 \mu m$. Table I. Effect of alendronate treatment on glucose and lipid levels.

<table>
<thead>
<tr>
<th>Group</th>
<th>FBG (mM)</th>
<th>TC (mM)</th>
<th>HDL-C (mM)</th>
<th>LDL-C (mM)</th>
<th>TG (mM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-diabetic mice</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Control</td>
<td>$7.62 \pm 0.53$</td>
<td>$1.76 \pm 0.07$</td>
<td>$0.87 \pm 0.07$</td>
<td>$0.56 \pm 0.05$</td>
<td>$1.42 \pm 0.07$</td>
</tr>
<tr>
<td>Alendronate</td>
<td>$7.68 \pm 0.67$</td>
<td>$1.85 \pm 0.07$</td>
<td>$0.81 \pm 0.06$</td>
<td>$0.54 \pm 0.06$</td>
<td>$1.33 \pm 0.06$</td>
</tr>
<tr>
<td>Diabetic mice</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Control</td>
<td>$22.54 \pm 1.71^a$</td>
<td>$1.90 \pm 0.09$</td>
<td>$0.90 \pm 0.08$</td>
<td>$0.58 \pm 0.06$</td>
<td>$1.28 \pm 0.06$</td>
</tr>
<tr>
<td>Alendronate</td>
<td>$21.20 \pm 1.62^a$</td>
<td>$1.86 \pm 0.08$</td>
<td>$0.79 \pm 0.08$</td>
<td>$0.63 \pm 0.06$</td>
<td>$1.31 \pm 0.05$</td>
</tr>
</tbody>
</table>

Data expressed as mean ± SEM. $^a$P<0.05 vs. non-diabetic control (ND+C) mice; $^b$P<0.05 vs. diabetic control (D+C) mice. FBG, fasting blood glucose; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TG, triglyceride.
Alendronate increased H$_2$S levels. Alendronate dose-dependently increased the H$_2$S levels in cultured medium, in which VSMCs were treated with high glucose (22.2 mM, Fig. 8).

Discussion

We herein demonstrate that inhibition of FPPS attenuates high glucose-induced VSMCs proliferation in vivo and in vitro, and the mechanisms probably involve inhibiting H$_2$S metabolism and decreasing small GTPases activation.

It is well established that accelerated proliferation of VSMCs is the fundamental event in the development of atherosclerosis in diabetes (4-6). In our previous study, high glucose (22.2 mM) remarkably induced the VSMCs proliferation and FPPS upregulation in vitro and in vivo (11). Then, our present experiments found that treatment of alendronate attenuated the diabetic atherosclerosis process in STZ-induced mice, and that inhibition of FPPS dose-dependently attenuated high glucose-induced proliferation of VSMCs in vitro. All these findings suggested the important role of FPPS in VSMCs proliferation during diabetic accelerated atherosclerosis, but the mechanisms involved were not clear.

H$_2$S is a member of the endogenous gasotransmitter family, in addition to nitric oxide and carbon monoxide, and plays an important role in the cardiovascular and other systems (18-20). Endogenous H$_2$S is synthesized from L-cysteine in three different enzymatic reaction catalyzed by cystathionine β-synthase (CBS), CSE, or the sequential action of cysteine aminotransferase and 3-mercaptopyruvate sulfurtransferase (21). Among them, CSE is the pivotal H$_2$S-producing enzyme in VSMCs, providing the main source of H$_2$S in cardiovascular system and suppressing VSMCs proliferation in different ways (22-24). On the other hand, H$_2$S is enzymatically scavenged or metabolized in mitochondria with the participation of CoQ (an important product of FPPS) (25,26). Thus, endogenous H$_2$S concentration depends on its dynamic balance between synthesis and metabolism. In our study, alendronate dose-dependently increased H$_2$S levels, but decreased total CoQ content in high glucose-treated VSMCs, without any change of CSE expression. All these data indicated that inhibition of FPPS decreased the CoQ content, decreased the H$_2$S metabolism, increased endogenous H$_2$S concentration, and finally attenuated the high glucose-induced proliferation of VSMCs.

On the other hand, numerous molecular and cellular studies have demonstrated that small GTPases, consisting of the Ras, RhoA and Rac1, participate in the VSMCs proliferation triggered by hyperglycemia (27-31). The membrane localization and activation of small GTPase depend on its conversion from the GDP- to the GTP-bound state. The levels of the GTP-bound active form of small GTPase (Ras, RhoA, or Rac1) were determined by G-LISA kits. The total level of small GTPase (Ras, RhoA, or Rac1) was detected by western blot using its specific antibody. 16-week treatment with alendronate had no effect on aortic CSE expression of STZ-induced diabetic mice (Fig. 4). Similarly, in high glucose-treated VSMCs, alendronate (0-100 µM) didn’t change the expression of CSE expression (Fig. 4).

Alendronate suppressed the activation of small GTPases. Small GTPase (Ras, RhoA, or Rac1) activation depends on its conversion from the GDP- to the GTP-bound state. The levels of the GTP-bound active form of small GTPase (Ras, RhoA, or Rac1) in aorta and cultured VSMCs were determined by G-LISA kits. The total level of small GTPase (Ras, RhoA, or Rac1) was detected by western blot using its specific antibody. 16-week treatment with alendronate had no effect on aortic expression of total Ras, RhoA, or Rac1 in four groups of mice (data not shown). However, the GTP-Ras, Ras, RhoA, and Rac1 levels were decreased in diabetic alendronate (D+A) group (Fig. 5). Meanwhile, the same situation occurred in high glucose-treated VSMCs in vitro. Alendronate (0-100 µM) had no effect on the expression of total Ras, RhoA, or Rac1 (data not shown). However, treatment with alendronate decreased GTP-Ras, Ras, RhoA, and Rac1 levels in a dose-dependent manner (Fig. 6).

Alendronate decreased the concentrations of total CoQ$_6$ and CoQ$_{10}$. In rodents, CoQ exists as two homologues, mainly CoQ$_6$ with lesser amounts of CoQ$_{10}$. In our study, alendronate dose-dependently decreased the total CoQ$_6$ and CoQ$_{10}$ concentrations in high glucose-treated VSMCs (Fig. 7).

Alendronate inhibited the proliferation of VSMCs induced by high glucose. As an inhibitor of FPPS, alendronate dose-dependently inhibited the VSMCs proliferation induced by high glucose (Fig. 3). Alendronate at drug concentrations of 30 and 100 µM remarkably inhibited the cell proliferation in a dose-dependent manner.

Alendronate had no effect on CSE expression. 16-week treatment with alendronate had no effect on aortic CSE expression of STZ-induced diabetic mice (Fig. 4). Similarly, in high glucose-treated VSMCs, alendronate (0-100 µM) didn’t change the expression of CSE expression (Fig. 4).

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Figure 4. Effects of alendronate on the expressions of CSE. The protein expressions were detected by western blot analysis. (A) Representative blots and (C) densitometric average from aorta in vivo. (B) Representative blots and (D) densitometric average from VSMCs in vitro. β-actin was used as an internal control. Data expressed as mean ± SEM (n=6). CSE, cystathionine γ-lyase, is the main H2S-producing enzyme; ND+C, non-diabetic control group; ND+A, non-diabetic alendronate group; D+C, diabetic control group; D+A, diabetic alendronate group.

Figure 5. Effects of alendronate on small GTPase (Ras, RhoA, and Rac1) activation in aortas from non-diabetic or diabetic mice. Data expressed as mean ± SEM. ND+C, non-diabetic control group; ND+A, non-diabetic alendronate group; D+C, diabetic control group; D+A, diabetic alendronate group. *P<0.05 vs. ND+C group; #P<0.05 vs. D+C group.

Figure 6. Effects of alendronate on small GTPase (Ras, RhoA, and Rac1) activation in high glucose–treated VSMCs. VSMCs were treated with different concentrations of alendronate (0, 3, 10, 30 and 100 µM) for 72 h. Data expressed as mean ± SEM (n=6). *P<0.05 vs. control group (treated with 0 µM alendronate).

Figure 7. Effects of alendronate on total CoQ9/CoQ10 levels in high glucose–treated VSMCs. Total CoQ9 levels (A) and total CoQ10 levels (B) in alendronate (0, 3, 10, 30 and 100 µM) treated VSMCs. Data expressed as mean ± SEM (n=6). *P<0.05 vs. control group (treated with 0 µM alendronate).
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