Rebamipide upregulates mucin secretion of intestinal goblet cells via Akt phosphorylation

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Abstract. Mucin is produced and secreted by epithelial goblet cells and is a key component of the innate immune system, acting as a barrier in the intestinal tract. However, no studies have been conducted investigating the increase in mucin secretion to enhance the intestinal barrier function. The present study investigated whether rebamipide (Reb) acts as a secretagogue of intestinal mucin and the underlying mechanisms involved, thereby focusing on the effect on goblet cells. The LS174T cell line was used as goblet cell-like cells. Using Reb-treated LS174T cells, the level of mucin content was assessed by periodic acid-Schiff (PAS) staining and mucin 2, oligomeric mucus/gel-forming (MUC2) mRNA expression was assessed using quantitative polymerase chain reaction (PCR). Furthermore, MUC2 secretion in the supernatant was quantified by the dot blot method. The present study additionally investigated the involvement of the epidermal growth factor receptor/Akt serine/threonine kinase 1 (Akt) pathway in mucin secretion by western blotting. The results suggested that Reb strongly enhanced the positivity of PAS staining in LS174T cells, thereby suggesting increased intracellular mucin production. The PCR results indicated that Reb significantly increased MUC2 mRNA in whole cell lysate of LS174T cells. In order to assess the subsequent secretion of mucin by LS174T, MUC2 protein expression in the supernatant was assessed using the dot blot method and it was demonstrated that Reb significantly increased the secretion of MUC2 in a concentration-dependent manner. The p-Akt was significantly increased by Reb treatment, and an Akt inhibitor specifically suppressed MUC2 secretion. Overall, Reb increased mucin secretion directly via p-Akt. Reb-increased mucin may act as a strong non-specific barrier against pathogenic stimulants in various intestinal diseases.

Introduction

The mucus layer serves as the first line of defense in the intestine against pathogenic infections and mechanical injuries (1). The main component of mucus is mucin, which is synthesized and secreted by intestinal goblet cells (2). Intestinal mucin is a high molecular weight glycoprotein composed of O-linked glycosides connected with core proteins (3). The mucin core protein is called MUC, and more than 20 MUC types have been already identified (4). Among these MUC isoforms, mucin 2, oligomeric mucus/gel-forming (MUC2) is the main structural component of the mucus gel and represents the main secretory mucin in the small and large intestines (5,6).

Various evidences have indicated the importance of intestinal mucin (4,6,7) and its component MUC2 in maintaining intestinal homeostasis. The deficiency of mucin or MUC2 was also reported to be harmful as a result and/or a cause. In a mouse model, MUC2 deficiency led to the development of spontaneous colitis (3), and in humans, decrease in the number of mucin containing goblet cells was observed in patients with aspirin-induced intestinal injury (8), inflammatory bowel disease (9-11), and necrotizing enterocolitis (2). Therefore, maintenance or increase in intestinal mucin secretion is thought to be ideal for the prevention of or healing of many intestinal diseases. However, no drugs have been reported to increase mucin secretion in intestinal mucosa.

Rebamipide (Reb), a gastro mucoprotective drug, has been used widely for more than 25 years and its safety has been confirmed (12,13). Reb has been reported to increase mucin secretion in the conjunctiva (14) and stomach (15), but not in the intestine. However, the results of recent human studies have shown that Reb exerts protective effects against drug-induced intestinal injury (16-18). Reb can prevent diclofenac sodium-induced decrease of mucin in the small
Periodic acid-Schiff (PAS) staining. LS174T cells (2x10^4 cells/ml) were grown in 96-well plates until confluence and incubated with Reb (0, 1, 10, and 100 µM) for 24 h. Cell viability was quantified using a cell counting kit (Dojindo Laboratories, Tokyo, Japan) and is widely used as an intestinal goblet cell (6,19). LS174T were grown for 1 week in Eagle's minimum essential medium (EMEM) supplemented with 10% heat-inactivated fetal bovine serum (FBS), 100 U/ml penicillin, and 100 U/ml streptomycin. The cells were maintained at 37°C in a humidified incubator with 5% CO₂. LS174T were used in all experiments.

Prior to all experiments, the cells were serum-starved for 6 h in glucose-free EMEM. We seeded LS174T cells (2x10^5 cells/ml) in 6-well plates for protein assay and 24-well plates for polymerase chain reaction (PCR) and dot blot assay.

Reagents. EMEM was purchased from ATCC and PBS and FBS were purchased from Invitrogen (Carlsbad, CA, USA). Reb was obtained from Otsuka Pharmaceutical Co., Ltd. (Tokyo, Japan). Epidermal growth factor (EGF; cat. no. E9644) was purchased from Sigma-Aldrich (St. Louis, MO, USA). Rabbit polyclonal anti-MUC2 (cat. no. NB1-31231; 1:3,000 dilution) was purchased from Novus (St. Louis, MO, USA). Rabbit monoclonal anti-total Akt (cat. no. D38B1; 1:1,000 dilution), rabbit monoclonal anti-phospho-Akt (Thr308) (cat. no. 3777; 1:1,000 dilution), rabbit monoclonal anti-phospho-EGFR (Yer1068) (cat. no. 3777; 1:1,000 dilution), rabbit monoclonal anti-total Akt (cat. no. 9272; 1:1,000 dilution), rabbit monoclonal anti-phospho-Akt Ser473 (cat. no. 4060; 1:2,000 dilution), and rabbit monoclonal anti-phospho-Akt Thr308 (cat. no. 4060; 1:2,000 dilution) were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). Mouse monoclonal anti-β-actin antibody (cat. no. A5316; 1:1,000 dilution) was purchased from Sigma-Aldrich.

Cell viability. LS174T cells (2x10^4 cells/ml) were grown in 24-well plates until confluence and incubated with Reb (0, 1, 10, and 100 µM) for 24 h. Cell viability was quantified using an ability counting kit (Dojindo Laboratories, Tokyo, Japan) according to the manufacturer’s instructions. After washing two times with PBS, the cells were incubated with methyl thiazolyl tetrazolium (MTT) solution for 2 h at 37°C. The absorbance was measured at 450 nm using a microplate reader (SpectraMax M2; Molecular Devices, Sunnyvale, CA, USA). All experiments were performed in triplicate.

Dot blot analysis. Dot blot analysis was used to measure the mucin concentration in a cell culture supernatant. Briefly, LS174T cells were incubated with 10 µM Reb for 24 h in a 24-well plate. The collected supernatant was centrifuged at 1,000 g for 20 min at 20°C, and the cell pellet was removed. Each supernatant was applied to each slot in a Bio-Dot SF™ apparatus and blotted onto a nitrocellulose membrane (0.45 µm; both from Bio-Rad Laboratories, Inc., Berkeley, CA, USA) by aspiration. Theblotted membrane was incubated with 1% bovine serum albumin (BSA)-Tris-buffered saline and incubated with anti-MUC2 antibody (1:3,000; Novus) overnight. After washing three times with 0.05% Tween-20-Tris-buffered saline (TBST), the membrane was incubated with secondary antibody, goat anti-rabbit IgG (H + L)-AP (Bio-Rad Laboratories, Inc.) for 2 h. The protein bands were visualized by Immun-Blot Goat Anti-Rabbit IgG (H + L)-AP (Bio-Rad Laboratories, Inc.) for the bands. The bands for MUC2 on the membrane were quantified using Image J software (National Institutes of Health, Bethesda, MD, USA).

Western blot analysis. At first, we assessed the important signaling pathway for mucin secretion, p-EGFR/Akt inhibitor (wortmannin, 10 µM). These inhibitors were added to LS174T cells 30 min prior to 10 µM Reb (after this experiment, we used 10 µM concentration of Reb) addition and incubated for 24 h. The densities of MUC2 in the supernatant was measured by dot blot method above-mentioned and the bands for MUC2 on the membrane were quantified using Image J software. All experiments were performed in triplicate.
each sample was electrophoresed on 10% SDS-PAGE gels for 30 min at 250 V and transferred to a nitrocellulose membrane (Invitrogen Japan K.K., Tokyo, Japan) using a semidry transfer system (Invitrogen Japan K.K.). The membrane was incubated for 1 h with a blocking solution (5% BSA; Wako Pure Chemical Industries, Ltd., Osaka, Japan) in TBST (10 mM Tris·Cl, pH 8.0, 150 mM NaCl, and 0.1% Tween-20) at room temperature. After incubation with the appropriate primary antibody for 1 h at room temperature, the membrane was washed three times with TBST. The membrane was incubated in appropriate secondary antibody for 1 h at room temperature. Immunoreactive proteins were detected using a Western Blot Luminal Reagent kit (ECL plus; GE Health Bio-Sciences, Tokyo, Japan), and densitometry was measured using Image Quant TL software (GE Healthcare Life Sciences, Little Chalfont, UK).

During the next series of experiments, to confirm the active involvement of EGFR/Akt pathway in mucin secretion, we used three inhibitors; ERK1/2 kinase inhibitor (U0126, 1 µM), EGFR kinase inhibitor (AG1478, 200 nM), and PI3 kinase/Akt inhibitor (wortmannin, 10 µM). EGF (10 ng/ml, 15 min) was used as the positive control to detect p-EGFR and p-Akt. Three inhibitors were added to LS174T cells 30 min prior to 10 µM Reb addition and after 15 min LS174T whole cell lysates were collected. p-EGFR/p-Akt was detected by western blotting according to the method above-mentioned. All experiments were performed in triplicate.

Results

Reb upregulated mucin content in LS174T cell line. The Reb concentration (1-100 µM) used in this study did not affect cell viability for 24 h (data not shown). After addition of Reb (1-100 µM) to LS174T cells for 24 h, the cells were stained using the PAS staining method. We found that Reb strongly upregulated the positivity of PAS staining in LS174T cells, regardless of the concentration (Fig. 1), thereby suggesting increased production of intracellular mucin. The Reb concentration (10 µM) used in this study was thought to be a clinical relevant concentration, since the concentration of Reb in the human jejunum has been reported to be higher than 10 µM at 3 h after oral intake of Reb (100 mg) (20), which is the dosage used in clinical practice.

Reb significantly increased MUC2 mRNA expression. To confirm the synthesis of MUC2 in Reb-treated LS174T cells, we assessed MUC2 expression by real-time-PCR and found that Reb significantly increased MUC2 (intestinal mucin) mRNA expression after 6 h (P=0.003; Fig. 2) without affecting MUC5AC (gastric mucin) mRNA expression (data not shown). These results suggest that Reb increased the synthesis of intestinal mucin, but not gastric mucin in LS174T cells.

Reb significantly increased MUC2 secretion. In order to assess the secretion of mucin by Reb-treated LS174T, we repeatedly assessed MUC2 protein secretion in the culture supernatant using dot blot method and ELISA; however, we found it difficult to assess MUC2 secretion using these methods. There might be two possibilities for this difficulty; the western blotting for proteins with...
very high molecular weight (MUC2, 520 kDa) might be difficult to perform or the amount of MUC2 secreted in the supernatant might be limited. To exclude the latter possibility, we employed a dot blot method and found that Reb increased MUC2 secretion in a concentration-dependent manner. Reb, at the concentration of more than 10 µM, significantly increased MUC2 secretion.

Reb significantly increased p-Akt after 15 min.

To elucidate the mechanism by which Reb increases mucin secretion, we treated LS174T cells with 10 µM Reb for various periods (0, 15, 30, 60, 120, and 240 min) and analyzed the phosphorylation status of EGFR and Akt, a well-known target of EGF, by western blotting. We found that Reb did not increase p-EGFR (Fig. 4A). On the contrary, Reb significantly increased p-Akt at serine 473 for 15 min (Fig. 4B). Since there are two phosphorylation sites of Akt, serine and threonine, we also examined phosphorylation at threonine 308 site, however Reb did not induce phosphorylation at this site (data not shown). We also examined phosphorylation of ERK1/2 after the treatment with 10 µM Reb for different time periods (0, 15, 30, 60, 120, and 240 min) by western blotting; however, Reb did not induce p-ERK1/2 (data not shown). Taken together, we concluded that Reb induced phosphorylation at only serine 473 of Akt.

Akt inhibitor suppressed Reb-induced p-Akt.

To further evaluate the Reb-activated signaling pathway, we used three inhibitors; ERK1/2 kinase inhibitor (U0126, 1 µM), EGFR kinase inhibitor (AG1478, 200 nM), and PI3 kinase/Akt inhibitor (wortmannin, 10 µM). We found that Reb did not increase p-EGFR, and the three inhibitors did not affect p-EGFR (Fig. 6A). Among the three inhibitors, only wortmannin significantly suppressed Reb-induced p-Akt (Fig. 6B). Although
MK-2206 would be a more specific inhibitor of Akt than wortmannin, the use of MK-2206 in LS174T cell has not been reported. Since several papers have reported the inhibitory effect of wortmannin in Akt signaling, we used wortmannin in this experiment.

Reb significantly increased MUC2 secretion via p-Akt. To confirm the involvement of p-Akt in Reb-induced mucin secretion, we used two inhibitors, EGFR kinase inhibitor (AG1478, 200 nM) and PI3 kinase/Akt inhibitor (wortmannin, 10 µM) for the dot blot analysis. We found that Reb-increased MUC2 secretion was significantly reduced by wortmannin but not by AG1478 (Fig. 7), thereby suggesting that Reb specifically increased MUC2 secretion via p-Akt.

**Discussion**

In the present study, we found for the first time that a gastromucoprotective drug, Reb, increases mucin secretion in intestinal goblet cells. The most significant finding of the present study was that Reb strongly increased intracellular mucin production by PAS staining method and that the increase of MUC2 secretion in the cell culture supernatant was confirmed by dot blot analysis using a MUC2 specific antibody. Similar to previous studies that indicate Reb-increased mucin secretion in the conjunctiva (14) and stomach (15), Reb can increase mucin secretion by intestinal goblet cells, thereby suggesting that even in the intestine Reb can act as a prophylactic agent or a treatment drug for various intestinal diseases.

In this study, Reb significantly increased MUC2 mRNA expression in LS174T cells using real time PCR method; however, this did not lead to an upregulation in MUC2 protein expression as assessed by western blotting (data not shown). To confirm the Reb-induced MUC2 secretion in the cell culture supernatant, we performed ELISA; however, Reb-induced MUC2 secretion by LS174T was lower than the detection limit. Therefore, we used the dot blot method in order to detect small amounts of MUC2 protein; in this method all proteins in the cell culture supernatant are forced to bind directly to the membranes due to creation of a vacuum and MUC2 proteins can be detected by a specific antibody. This method revealed that Reb significantly increased MUC2 secretion. Taken together, we concluded that Reb increases MUC2 mRNA
expression and synthesized MUC2 will be directly secreted into the cell culture supernatant.

In the next series of experiments, we investigated the mechanism by which Reb increases mucin secretion. It has been reported that Reb increases mucin secretion in the stomach (15,21) and eyes (22). However, only two studies have investigated the signal transduction mechanism by which Reb induces mucin secretion. In the human corneal epithelia, Reb upregulates MUC1, MUC4, and MUC16 expression via the activation of EGFR (23) and in rat conjunctival goblet cells, Reb induces mucin secretion by the activation of the EGFR and the MAPK pathway (14). In addition, in intestinal goblet cell-like cells, LS174T, EGFR, and Lactobacillus-derived protein, p40, has been shown to enhance mucin secretion via trans-activation of EGFR/Akt pathway (1). Therefore, we assessed the phosphorylation status of EGFR and Akt after Reb treatment and found that Reb significantly upregulated p-Akt for 15 min without affecting p-EGFR. The difference between the results of our study and those of a previous study may be due to the difference in the methodology. However, almost all methodologies employed in our study, especially antibodies, are same as those used in the previous study. The antibodies (for EGFR, p-EGFR, Akt and p-Akt) were purchased from the same company and were used at the recommended concentration. The antibody for p-EGFR recognises only Tyr1068, therefore we also tried a different antibody to detect p-EGFR that recognises Tyr1148 (rabbit monoclonal anto-phospho-EGFR Tyr1148, cat. no. 4404; 1:1,000 dilution); however, Reb did not upregulate p-EGFR as assessed by two different antibodies. The other possibility is that LS174T cells used in this study might be a different clone of LS174T. In some reports, the expression of EGFR is very low and the phosphorylation is hardly detected in LS174T (24,25), thereby suggesting the heterogeneity of the LS174T cell line. In the LS174T cells used in this study, Reb specifically activated Akt signaling without affecting p-EGFR.

To confirm the active involvement of p-Akt on Reb-increased mucin secretion, we used two inhibitors in dot blot analysis to evaluate MUC2 secretion: EGFR kinase inhibitor (AG1478) and PI3 kinase/Akt inhibitor (wortmannin). In this study, wortmannin, but not AG1478, significantly suppressed Reb-increased MUC2 secretion. This result strongly supported our hypothesis that Reb directly induces p-Akt bypassing the EGFR pathway; however, the mechanism through which Reb induces p-Akt is yet to be elucidated.

The limitation of this study is that we did not prove the protective effect of Reb-increased mucin on intestinal mucosal injury. Since we reported that aspirin-increased para-cellular permeability might be one of the mechanisms of aspirin-induced small intestinal mucosal injury (26), the in vitro experiment that tried to determine whether mucin secreted from goblet cells can suppress aspirin-induced increase of para-cellular permeability might clarify the protective effect of Reb. Animal experiments to elucidate whether Reb can increase mucin secretion in the intestine are also important.

The other limitation of this study is that the involvement of prostaglandin, which is reported to be a mucin secretagogue, was not investigated. Many studies have reported the importance of prostaglandin in promoting gastric epithelial mucin secretion in rat stomach (27,28). However, only two studies have clearly stated the relationship between prostaglandin and intestinal mucin secretion in the intestine (2,29). Moreover, McElroy et al (2) have shown that the addition of prostaglandin alone did not increase mucin secretion in rat experiments. However, this should be confirmed under experimental conditions in a future study.

Taken together, we concluded that Reb increased mucin secretion directly via p-Akt. Further, Reb-increased mucin could be a strong non-specific barrier against pathogenic stimulants in various intestinal diseases.

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