**Tanshinone IIA inhibits high glucose-induced proliferation, migration and vascularization of human retinal endothelial cells**

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Abstract. Diabetic retinopathy is the most universal and severe complication of diabetes mellitus. The primary aim of the present study was to determine whether tanshinone IIA (TSA) has an inhibitory effect on the proliferation, migration and vascularization of human retinal endothelial cells (HREC) under high glucose (HG) conditions and the associated underlying mechanism. It was demonstrated that TSA exhibited a significant inhibitory effect on the proliferation, migration and vascularization of HRECs in a dose-dependent manner, under conditions of high glucose (25 mM) medium. However, there was no distinct inhibitory effect on HREC proliferation, migration and vascularization under normal glucose (NG, 5.5 mM glucose) conditions. Reverse transcription-quantitative polymerase chain reaction, western blotting and immunofluorescence experiments were conducted to evaluate the effects of TSA on the expression levels of vascular endothelial growth factor (VEGF) and intercellular adhesion molecule (ICAM)-1. It was demonstrated that TSA significantly downregulated the expression levels of VEGF and ICAM-1 in a dose-dependent manner under HG conditions. Overall, the results of the present study indicate that TSA-mediated inhibition of proliferation, migration and vascularization in HRECs may be associated with its ability to affect the expression levels of VEGF and ICAM-1.

**Introduction**

Diabetes mellitus (DM) is a type of endocrine disease which is estimated to affect 284.6 million people worldwide. According to previous reports, the number of people with DM is predicted to increase to 438 million in 2030, which accounts for 6.4% of the global population (1). Diabetic retinopathy (DR), the most universal and severe complication of DM, is one of the primary causes of blindness in adults (2). The occurrence of DR is associated with the duration of DM. Retinopathy rarely occurs in the first few years of diabetes, however the likelihood of development increases to 50% following 10 years, and 90% following 25 years of suffering with DM (3). DR results in loss of vision and blindness, which may reduce quality of life and result in an economic burden to patients and the country. Therefore, the prevention and treatment of DR is of primary concern for researchers and clinicians.

The pathogenesis of DR has not been completely elucidated, however it is believed to be correlated with synergistic effects of a variety of factors. The pro-angiogenic cytokine vascular endothelial growth factor (VEGF) is the primary factor involved in neovascularization, which is the pathological basis of DR (4-7). VEGF upregulation has been detected in the vitreous humour and the fibrovascular tissues from eyes with DR (8-13). VEGF activates two tyrosine kinase receptors, VEGF receptor (R)-1 and VEGFR-2. These two receptors regulate the physiological and pathological angiogenesis process. It has been demonstrated that VEGFR-2 activation stimulates endothelial cell proliferation, migration, and survival, in addition to mediating angiogenesis and microvascular permeability in DR (14). Furthermore, various studies suggest that leukocyte aggregation resulting from overexpression of intercellular adhesion molecule (ICAM)-1 is an important factor in inducing the destruction of the blood-retinal barrier (15). Previous studies indicate that leukocyte adhesion is important in the pathogenesis of DR. It is reported that the region of endothelial cell destruction, capillary loss, and leukocyte extravasation is often adjacent to static leukocytes (16). Therefore, evaluation of VEGF and ICAM-1 expression levels is commonly used to assess retinal vascular injury in DM.

_Salvia miltiorrhiza_ Bunge (Danshen), which is an important source of numerous active natural products, is divided into aqueous and lipid soluble (diterpene) fractions (17). Tanshinone IIA (TSA) is the most active diterpenoid quinine pigment in Danshen. The prominent benefits of TSA on DM have been validated in numerous studies. It is reported that TSA ameliorates glucose tolerance and decreases the low-density to high-density lipoprotein ratio without altering food intake in a high-fat diet induced obese animal model (18). Similar results have been reported in db/db mice with DM, whereby TSA...
reduces the level of blood glucose (19). Furthermore, treatment with TSA reduces infarct area and ameliorates cardiac dysfunction following ischemia/reperfusion injury in diabetic rats (20). TSA has additionally been demonstrated to inhibit vascular smooth muscle cell proliferation and alleviate intimal hyperplasia (21). However, to the best of the author's knowledge, no studies to date have focused on the effect of TSA on HRECs under high glucose (HG) conditions mimicking DM.

The present study investigated the effects of TSA on the proliferation, migration and vascularization of HRECs under HG conditions. Following this, the effects of TSA on VEGF and ICAM-1 expression levels in HREC were analyzed.

Materials and methods

Reagents. TSA was obtained from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany). ICAM-1 and VEGF antibodies were purchased from Abcam (Cambridge, UK). Antibodies for β-actin was purchased from Cell Signaling Technology Inc., (Danvers, MA, USA).

Cell culture. The HREC cell line was purchased from Shanghai Cell bank, Type Culture Collection Committee, Chinese Academy of Sciences (Shanghai, China). The cells were cultured in Dulbecco's modified Eagle's medium (DMEM) containing normal glucose (NG, 5.5 mM) or HG (25 mM), from Invitrogen; Thermo Fisher Scientific Inc., (Waltham, MA, USA), supplemented with 10% fetal bovine serum (Transgen Biotech, Beijing, China, http://www.transgen.com.cn/) and grown in a humidified incubator at 37°C, in an environment containing 5% CO₂.

Cell growth assay. Cell viability was measured with a Cell Counting Kit-8 (CCK-8; Dojindo Molecular Technologies, Inc., Kumamoto, Japan). The single cell suspension (5x10⁴/well, 100 µl) of HRECs were dispensed in a 96-well plate and cultured for 0, 24, 48 and 72 h. At the designated time point, 10 µl of CCK-8 reagent was added into each well and incubated for another 1.5 h. Then, the absorbance was measured at a wavelength of 450 nm, using a scanning microplate reader.

Wound healing assay. The migratory behavior of cells was assessed using a wound healing assay as previously described (22). Briefly, a monolayer of HRECs were wounded with a plastic pipette tip and rinsed twice with PBS to remove the dead cells and incubated in serum-free medium. At the designated time-point (0, 24 and 48 h), five randomly selected fields were photographed under an Olympus IX-71 inverted microscope.

Angiogenesis in vitro. Matrigel (BD Biosciences, Franklin Lakes, NJ, USA) was added into an eight-chamber slide and allowed to gel for 2 h at 37°C. Cells were serum deprived overnight in serum-free medium prior to detachment. The cells (5x10⁴) were suspended in the NG or HG medium containing 0, 10, 20, 30 µg/ml TSA and were added to each chamber. Cell migration and rearrangement were recorded following 6 h. Randomly selected fields were photographed using an Olympus IX-71 inverted microscope.

RNA extraction, cDNA synthesis and reverse transcription- quantitative polymerase chain reaction (RT-qPCR). RT-qPCR was performed as previously described (23). RNA was isolated from the cells treated with NG medium or HG medium supplemented with 0, 10, 20 or 30 µg/ml TSA and the cDNA was constructed with the M-MLV reverse transcription reagents (Roche Diagnostics, Basel, Switzerland) according to the manufacturer's protocol. RT-qPCR was carried out using an ABI 7300 real-time PCR instrument (Applied Biosystems; Thermo Fisher Scientific, Inc.) using SYBR Green (Roche Diagnostics, Basel, Switzerland). The thermocycling conditions were: 5 min at 95°C for pre-denaturation, 30 sec at 95°C, 30 sec at 55°C, 30 sec at 72°C, the three steps (30 sec at 95°C, 30 sec at 55°C and 30 sec at 72°C) were repeated for 25 cycles and the final step was 5 min at 72°C. The primers used to amplify VEGF and β-actin were as follows: Forward, TGG TCCAGGCCTGACCCAT and reverse, GCATCGCATCA GGGGCACA for VEGF; forward, CATGTACGGTGCTAT CCAGGC and reverse, CGCTCGGTAGGATCTTCTAG for β-actin. The products were 184 bp and 195 bp, respectively. For each sample, the threshold cycle (Ct) was determined and normalized to the average of the housekeeping gene (ΔCt = Ct unknown - Ct housekeeping gene). The gene transcript levels in each sample was determined using the 2⁻ΔΔCt method (24).

Protein extraction and western blotting. At the designated time points, the cells were harvested and lysed with radioimmunoprecipitation assay buffer (Beyotime Institute of Biotechnology, Haimen, China). The concentrations of total protein were determined by a BCA Protein Assay kit (Beyotime Institute of Biotechnology). A total of 50 μg total protein was separated by 10% SDS-PAGE and then electrophoretically transferred to a polyvinylidene fluoride membrane (EMD Millipore, Billerica, MA, USA). The membranes were incubated in 3% bovine serum albumin (Sigma-Aldrich; Merck KGaA) in PBS for 2 h at room temperature, and then with primary antibodies (anti-ICAM1 antibody, cat no. ab53013, 1:500; anti-VEGFA antibody, cat no. ab183100, 1:1,000; β-actin, cat no. 3700, 1:4,000) at 4°C overnight. On the following day, the membranes were incubated with secondary antibodies (goat anti-mouse IgG-HRP, 1:5,000; cat no. AP124P; goat anti-rabbit IgG-HRP, 1:5,000, cat no. AP132P) (both from EMD Millipore) at room temperature for 1 h. Finally, the membranes were detected using Pierce ECL Plus western blotting substrate (Thermo Fisher Scientific, Inc.) and exposed to X-ray films. Band densities were quantified by ImageJ software (version 2.1.4.7; Wayne Rasband; National Institutes of Health, Bethesda, MD, USA). The relative amount of protein was determined by normalizing the densitometry value of the protein of interest to that of the loading control.

Immunofluorescence analysis. The cells grown on 13-mm diameter coverslips were treated with TSA for 48 h and then fixed with 4% paraformaldehyde for 30 min at room temperature and permeabilized in 0.2% Triton X-100 for 10 min at room temperature. Unspecific binding was blocked via a reaction with 10% normal goat serum (Beyotime Institute of Biotechnology) for 30 min at room temperature. Subsequently, the cells were incubated with rabbit anti-ICAM-1 antibody (Abcam; 1:100) overnight at 4°C. On the following day, the
cells were incubated with Alexa Fluor 488-conjugated goat anti-rabbit IgG (Abcam, cat no. ab150077, 1:1,000) for 1 h at room temperature. Finally, the nuclei were stained with 4,6-diamidino-2-phenylindole (DAPI; 1 µg/ml; Sigma-Aldrich; Merck KGaA) for 10 min at room temperature. The cells were observed and recorded using a fluorescence microscope (IX71; Olympus Corporation, Tokyo, Japan). The fluorescence was quantified by Image J Software (version 2.1.4.7; Wayne Rasband, National Institutes of Health, MD).

Statistical analysis. The results are representative of experiments that were repeated ≥ three times and quantitative data were expressed as the mean ± standard error. Statistical analyses were performed using SPSS software, version 13.0 (SPSS, Inc., Chicago, IL, USA). Differences in multiple groups were determined using a one-way analysis of variance followed by a Tukey's post-hoc test. Comparisons between two groups were performed using a Student's t-test. P<0.05 was considered to indicate a statistically significant difference.

Results

TSA inhibits high glucose-induced HREC proliferation. In order to investigate the role of TSA on HRECs under high and normal concentrations of glucose, the present study evaluated the effects of 10, 20 and 30 µg/ml TSA on the proliferation of HRECs under the conditions of high and normal glucose, using a CCK-8 assay. As presented in Fig. 1A, TSA exhibited a significant inhibitory effect on the proliferation of HRECs in a dose-dependent manner, under HG medium conditions. However, there was no significant inhibitory effect on the proliferation of HRECs under normal glucose conditions (Fig. 1B).

TSA suppresses high glucose-induced HREC migration. The wound-healing assay was used for evaluating the migration of HRECs under HG concentration. The wound healing was analyzed at 24 and 48 h. It was demonstrated that high glucose stimulated the migration of HRECs, however, TSA significantly suppressed high glucose-induced HRECs migration in a dose-dependent manner (Fig. 2).

TSA inhibits high glucose-induced HREC vascularization. The in vitro matrigel angiogenesis model was performed to evaluate the vascularization of HRECs under HG concentration. As presented in Fig. 3, HG stimulated the vascularization of HRECs, however, TSA significantly inhibited HG-induced HRECs vascularization in a dose-dependent manner.

TSA downregulates VEGF and ICAM-1 expression levels in HRECs. It has been demonstrated that VEGF is important in diabetic microvascular complications by promoting retinal angiogenesis and increasing vascular permeability (25). At the same time, leukocyte aggregation that results from over-expression of ICAM-1 is an important factor in the destruction of the blood-retinal barrier, loss of retinal vascular perfusion and initiation of angiogenesis (15). The present study therefore analyzed the expression levels of VEGF and ICAM-1 using RT-qPCR, western blotting and immunofluorescence. The RT-qPCR and western blotting results indicated that TSA significantly downregulated the mRNA and protein expression levels of VEGF in a dose-dependent manner under HG conditions (Fig. 4). The immunofluorescence and western blotting indicated that TSA additionally significantly decreased the protein expression level of ICAM-1 in a dose-dependent manner, under HG conditions (Fig. 5).

Discussion

High glucose is considered an important risk factor in the development of DR. It results in cellular stress and injury of vascular pericytes and endothelial cells, and induces the formation of aberrant capillaries (26,27). Endothelial cells are critical in regulating vascular tension, and damage of these cells is the earliest event that leads to irreversible structural abnormalities (28). In the present study, HRECs were used to simulate the pathogenesis of DR under conditions of high glucose. Similar to previous reports, HRECs in the present study were cultured in either normal (5.5 mM) or high glucose (25 mM) media (28,29). In accordance with previous studies, the results of the present study indicated that high glucose promoted the proliferation, migration and vascularization of HRECs.

Tanshinone IIA (TSA), which is a major lipophilic component isolated from Danshen, demonstrates various therapeutic and pharmacological effects including vasodilative, anti-thrombotic, anti-inflammatory, anti-oxidant, anti-arrhythmic, anti-hyperplasia, anti-atherosclerosis and lipid-lowering properties (30). However, whether TSA ameliorates DR is still unknown. The results of the present study indicated that TSA significantly inhibited the high
glucose induced proliferation, migration and vascularization of HRECs. Based on these findings, it was hypothesized that TSA may act as an alternative inhibitor for intervention of DR.

The angiogenic cascade is a complicated and multi-step process. The migration and proliferation of vascular endothelial cells are the primary step in angiogenesis, and following this, endothelial cells differentiate into a capillary-like network (31). This process is tightly controlled by a battery of pro- and anti-angiogenic factors under physiological conditions. An imbalance of these factors may result in severe pathological consequences. (32). Notably, VEGF is regarded as a primary factor of the aberrant angiogenesis in response to high glucose. Therefore, anti-VEGF therapy is considered a sufficient treatment strategy for DR (33,34). In 2012, ranibizumab, a monoclonal antibody targeting VEGF designed for use in the eye, became the first and only U.S. Food and Drug Administration-approved reagent for DR (34,35). In the present study, the results of mRNA and protein analysis revealed...
that TSA decreased the increased VEGF expression in high glucose treated HRECs. These results suggest that TSA may serve as a potential anti-VEGF reagent in the treatment of DR.

It has been reported that ICAM-1 is a primary factor of leukocyte aggregation (15). In the present study, the

Figure 3. Effect of TSA on the vascularization of HRECs. The HRECs were suspended in the NG or HG medium containing 0, 10, 20, 30 µg/ml TSA and were cultured on the matrigel containing chamber to each chamber. (A) Representative images and (B) quantification of endothelial cell migration and rearrangement. Images reveal effects on vascularization of HRECs under HG medium following 6 h culturing with 10, 20 and 30 µg/ml TSA. *P<0.05 vs. HG-0 group; **P<0.01 vs. HG-0 group; #P<0.01 vs. NG-0 group. HG, high glucose; NG, normal glucose; TSA, tanshinone IIA; HRECs, human retinal endothelial cells.

Figure 4. Effect of TSA on the expression of VEGF. Following HREC treatment with different concentrations of TSA for 48 h, RT-qPCR and western blotting were performed to assess the mRNA and protein expression levels of VEGF. (A) RT-qPCR revealed that TSA significantly downregulated the mRNA of VEGF in a dose-dependent manner, under HG conditions. (B) Representative image and (C) quantification of western blotting demonstrated that TSA significantly downregulated the protein expression level of VEGF in a dose-dependent manner under HG conditions. *P<0.05 vs. NG-0 group; *P<0.05 and **P<0.01 vs. HG-0 group. RT-qPCR, reverse transcription-quantitative polymerase chain reaction; VEGF, vascular endothelial growth factor; HG, high glucose; NG, normal glucose; TSA, tanshinone IIA; HRECs, human retinal endothelial cells.

Figure 5. Effect of TSA on the expression of ICAM-1. Following HREC treatment with different concentrations of TSA for 48 h, immunofluorescence and western blotting were performed to assess the protein expression level of ICAM-1. (A) Representative image and (B) quantification of immunofluorescence staining revealed that TSA significantly downregulated the protein expression level of ICAM-1 in a dose-dependent manner, under HG conditions. (C) Representative image and (D) quantification of Western blotting demonstrated that TSA significantly downregulated the ICAM-1 protein expression level in a dose-dependent manner, under HG conditions. *P<0.05 vs. NG-0 group; *P<0.05 and **P<0.01 vs. HG-0 group. ICAM-1, intercellular adhesion molecule; HG, high glucose; NG, normal glucose; TSA, tanshinone IIA; HRECs, human retinal endothelial cells.
immunofluorescence and western blotting assays demonstrated that TSA decreased the increased ICAM-1 expression in high glucose treated HRECs. TSA may therefore additionally serve as an anti-ICAM-1 reagent in the treatment of DR.

In conclusion, the present study demonstrated that TSA inhibited the proliferation, migration and vascularization of HRECs by affecting the expression of VEGF and ICAM-1. Although the findings provide evidence that TSA may act as a prospective drug to restrain the development and progression of DR in the future, further in vivo studies are still required to evaluate its efficacy and safety.

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