Abstract. Osthole, a natural compound, may be extracted from Cnidium monnieri and other medicinal plants. Previous studies have shown that osthole has anticancer effects in various human cancer cell lines. There is, however, no available information concerning the effects of osthole on the migration and invasion of human lung cancer cells. In the current study, we used Transwell assays to demonstrate that osthole inhibited the migration and invasion of A549 human lung cancer cells. Western blot analysis revealed that osthole reduced the levels of matrix metalloproteinase-2 (MMP-2) and matrix metallopeptidase-9 (MMP-9) in the A549 human lung cancer cells. Our findings indicate that osthole may have a novel function as an inhibitor of the metastasis of human lung cancer.

Introduction

Lung cancer is the most common cause of cancer mortality in the world, and non-small cell lung cancer accounts for approximately 80% of all lung cancers. Non-small lung cancer predominantly comprises adenocarcinomas and squamous cell carcinomas (1-3). Despite advances in multimodality treatment, including surgical management, chemotherapy, radiotherapy and biological therapy, the overall 5-year survival rate of lung cancer in many countries is less than 15% (4). In addition, metastasis is one of the reasons for the lower survival rate following the radical resection of lung cancers (5). Cancer metastasis is a complex, multistep process that involves cell adhesion, invasion and migration, proliferation and vessel formation (6,7). Therefore, the prevention or inhibition of lung cancer metastasis has important clinical applications for prolonging life and enhancing the quality of life of patients.

Osthole, 7-methoxy-8-(3-methyl-2-butenyl)coumarin (Fig. 1), a natural compound, may be extracted from Cnidium monnieri and other medicinal plants. Previous studies have revealed that osthole has antiproliferative (8), vasorelaxant (9), anti-inflammatory (10), antimicrobial (11) and antiallergic (12) properties. Furthermore, the anticancer effect of osthole has been described. It has been reported that osthole is able to abrogate HGF-induced cell scattering, migration and invasion in MCF-7 breast cancer cells (13). Osthole is also capable of inducing apoptosis in HeLa cells and HL-60 leukemia cells (14,15).

In a previous study, we reported that osthole induces G2/M arrest and apoptosis in A549 human lung cancer cells by modulating the PI3K/Akt pathway (16). However, the effects of osthole on the migration and invasion of human lung cancer cells remain unclear. The purpose of the current study was to investigate the effects of osthole on the induction of migration and invasion in A549 human lung cancer cells. We also aimed to investigate whether the effects of osthole on the migration and invasion of A549 cells were mediated through the inhibition of matrix metalloproteinase-2 (MMP-2) and matrix metallopeptidase-9 (MMP-9). The findings should indicate whether osthole has the ability to inhibit the metastasis of human lung cancer.

Materials and methods

Reagents and chemicals. Osthole was purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). A 50 mM stock solution of osthole was dissolved in dimethyl sulfoxide (DMSO) and stored at -20˚C. RPMI-1640, trypsin, penicillin and streptomycin were purchased from Biological Industries (Kibbutz Beit Haemek, Israel). Fetal bovine serum (FBS) and Giemsa were purchased from Solarbio Science and Technology (Beijing, China). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and DMSO were purchased from Sigma-Aldrich (St. Louis, MO, USA). Matrigel and antibodies were purchased from BD Biosciences (San Jose, CA, USA). All other reagents were procured locally.

Cell culture. The A549 human lung cancer cell line was obtained from the China Center for Type Culture Collection.
(Wuhan, China) and maintained in RPMI-1640 supplemented with 10% FBS, 100 U/ml penicillin and 100 µg/ml streptomycin at 37°C in a humidified atmosphere of 5% CO₂.

**MTT assay.** The proliferation of A549 cells following treatment with osthole was measured using the MTT assay. Briefly, A549 cells were plated at a density of 1x10⁶ cells/well in 96 well plates overnight and then treated with various concentrations of osthole (0, 20, 40, 60 and 80 µmol/l). Following a 24 h treatment, 20 µl MTT solution (2 mg/ml in PBS) was added to each well and the cells were cultured for another 4 h at 37°C. The medium was then totally removed and 150 µl DMSO was added to solubilize the MTT formazan crystals. Finally, the plates were shaken and the optical density was determined at 570 nm (OD570) using an ELISA plate reader (Model 550, Bio-Rad, Hercules, CA, USA). At least three independent experiments were performed.

**Cell migration assay.** For the cell migration assay, Transwell chambers were used. Briefly, A549 cells (1x10⁵ cells/well) were placed in the upper chambers of 8 µm Transwells and treated with various concentrations of osthole (0, 40 and 80 µmol/l). The bottom chambers of the Transwells were filled with 0.6 ml RPMI-1640 with 10% FBS as a chemoattractant. After 24 h, non-migratory cells were carefully removed with a cotton swab. The filter membrane was fixed with cold methanol and acetic acid (3/1, v/v) for 30 min, then stained with Giemsa. Images were captured using an Olympus inverted microscope using x200 magnification and cell migration was quantified by counting the number of cells in 5 random fields. The percentage inhibition of migratory cells was quantified and expressed in relation to the untreated control cells. All experiments were repeated three times.

**Cell invasion assay.** The invasion assay was performed using the same Transwells as were used in the migration assay. Briefly, A549 cells (1x10⁵ cells/well) were placed in the upper chambers of matrigel-coated 8 µm Transwells and treated with various concentrations of osthole (0, 40 and 80 µmol/l). The bottom chambers of the Transwells were filled with 0.6 ml RPMI-1640 with 10% FBS as a chemoattractant. Following incubation for 24 h, non-invading cells were carefully removed with a cotton swab. Cells that had penetrated through the matrigel located on the underside of the filter were fixed with cold methanol and acetic acid (3/1, v/v) for 30 min, then stained with Giemsa. The degree of invasiveness was quantified by counting the number of cells in 5 random fields. All experiments were repeated three times.

**Western blot analysis.** The expression of cellular proteins was evaluated by western blotting. A549 cells were plated onto 6 well plates and starved overnight, then treated with various concentrations of osthole (0, 40 and 80 µmol/l). Following treatment for 24 h, the total proteins were solubilized and extracted with lysis buffer (20 mM HEPES, pH 7.9, 20% glycerol, 200 mM KCl, 0.5 mM EDTA, 0.5% NP-40, 0.5 mM DTT and 1% protease inhibitor cocktail). Protein concentrations were determined by bicinchoninic acid (BCA) protein assay. All samples were separated by SDS-PAGE to determine the proteins associated with cell invasion and migration, MMP-2 and MMP-9.

**Figure 1. Structure of osthole.**

![Figure 1. Structure of osthole.](image)

**Figure 2. Inhibitory effects of osthole on the proliferation of A549 human lung cancer cells.** *P<0.05 vs. the control, **P<0.01 vs. the control.*

**Figure 3.**

**Results**

**Osthole inhibited A549 cell proliferation.** In order to investigate the growth inhibitory effects of osthole, A549 cells were treated with various concentrations of osthole for 24 h and the rate of inhibition was determined by MTT assay. We observed that the growth of the A549 cells was suppressed in a dose-dependent manner (Fig. 2).

**Osthole inhibited the migration and invasion of A549 cells in vitro.** Transwell assays were performed to investigate the effects of osthole on lung cancer cell migration and invasion. A549 cells were treated with various concentrations of osthole (0, 40 and 80 µmol/l) in order to perform the Transwell migration and matrigel-based Transwell invasion assays. As shown in Fig. 3, the A549 cells migrated from the upper to the lower chamber and this was inhibited by osthole. As shown in Fig. 4, the penetration of the A549 cells through the matrigel to the lower surface of the filter was also inhibited by osthole. These inhibitory effects were higher at an osthole concentration of 80 µmol/l than of 40 µmol/l. Our results indicate that osthole significantly inhibits lung cancer cell migration and invasion.

**Statistical analysis.** All experiments were conducted three times. Data were expressed as the mean ± SD. Statistical correlation of data was checked for significance by ANOVA and the Student’s t test. P<0.05 was considered to indicate a statistically significant result. The analyses were performed using SPSS 13.0 software.
in a dose-dependent manner, suggesting a crucial role for osthole in the suppression of lung cancer metastasis.

**Osthole inhibited levels of MMP-2 and MMP-9 in A549 cells.** The levels of migration- and invasion-associated proteins during the treatment with osthole were examined by western blotting. As shown in Fig. 5, the levels of MMP-2 and MMP-9 in the osthole-treated cells were lower than those in the control cells. MMP-2 and MMP-9 are significant in lung cancer cell invasion and migration. The inhibitory effects on MMP-2 and
MMP-9 may be responsible for the inhibition of the invasion and migration of A549 cells following exposure to osthole.

Discussion

The anticancer effects of osthole have been well documented in numerous types of human cancers (13-15). However, the actions of osthole on the migration and invasion of A549 lung cancer cells and the associated mechanisms have not been reported. In the current study, we investigated the effects of osthole on the migration and invasion of A549 cells by Transwell assays and western blot analyses. Our results indicate that osthole inhibited the migration and invasion of A549 cells and that these effects were dose-dependent. Moreover, the results from the western blot analyses revealed that the mechanism underlying these effects was related to the inhibition of the expression of MMP-2 and MMP-9.

Metastasis, the most common cause of treatment failure and death in cancer patients, is a complex biological process in the later stages of cancer progression (17,18). At present, there are no effective therapeutic drugs that are able to specifically treat cancer metastasis, and little is known concerning the molecular mechanisms that regulate the process of metastasis (19,20). Several studies have shown that metastasis is associated with the ability of cells to migrate and invade, and that the inhibition of cell migration and invasion may decrease metastasis (21-23). Therefore, the discovery of drugs that are able to inhibit cancer cell migration and invasion is important for the prevention and treatment of metastasis in lung cancer. In the current study, Transwell migration and matrigel Transwell invasion assays revealed that osthole clearly inhibited the migration and invasion of cells in a concentration-dependent manner. Osthole may have the ability to inhibit the metastasis of human lung cancer.

MMPs comprise a rapidly growing family of structurally related endopeptidases capable of degrading all known components of the extracellular matrix (ECM). Among MMPs, MMP-2 and MMP-9 are vital in the degradation of the ECM due to their substrate specificity toward type IV collagen, the major component of basement membranes (24,25). High expression levels of MMP-2 and MMP-9 have frequently been correlated with increased cancer metastasis in lung cancer (26,27). To further elucidate the mechanisms by which osthole inhibits the migration and invasion of human lung cancer cells, we investigated the effects of osthole on MMP-2 and MMP-9 in A549 cells. In our experiment, treatment with osthole decreased the expression levels of MMP-2 and MMP-9 in a dose-dependent manner. Our results revealed that osthole inhibited the levels of MMP-2 and MMP-9 involved in the migration and invasion in A549 cells, which is in agreement with reports that osthole inhibited the migration and invasion of breast cancer cells via inhibition of the expression of MMP-2 (28).

In conclusion, our data indicate for the first time that osthole inhibits the migration and invasion of A549 human lung cancer cells by inhibiting the expression of MMP-2 and MMP-9. Osthole should be considered as a possible therapeutic agent for inhibiting the metastasis of lung cancer. Further investigations will be required to assess the potential of osthole in the treatment of cancer.

References