**miR-224 promotes colorectal cancer cells proliferation via downregulation of P21\(^{WAF1/CIP1}\)**

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**Abstract.** MicroRNAs (miRNAs) are between 19 and 25 mer non-coding RNAs involved in cancer cell proliferation, apoptosis, stress responses and maintenance of stem cell potency. In the present study, miR-224 was observed to be upregulated in colorectal cancer (CRC) tissue. Overexpression of miR-224 facilitated proliferation of the CRC cell lines, HCT-116 and SW-480. Bioinformatics analysis revealed a putative miR-224 binding site in the 3'-untranslated region of CDK11A (P21\(^{WAF1/CIP1}\)). Western blot analysis and the luciferase reporter assay proved that miR-224 represses P21\(^{WAF1/CIP1}\) expression and promotes cell cycle G/S transition. These results suggest that the downregulation of miR-224 in CRC is a novel potential therapeutic strategy.

**Introduction**

Colorectal cancer (CRC) is the fourth most common type of cancer and the third leading cause of cancer-related mortalities in the western world (1). Thus, in recent years, an increasing number of studies have focused on its mechanisms.

MicroRNAs (miRNAs) are endogenous small non-coding RNAs that inhibit gene expression by binding complementary sequences in the 3'-untranslated regions (3'-UTR) of the target mRNAs (2,3). Mounting evidence has shown the important role of miRNAs in regulating various functions, including cell proliferation, apoptosis, differentiation and survival (4). Over the past few decades, it has become clear that miRNA is markedly altered in CRC and that this aberrant miRNA expression is associated with diagnosis and prognosis, as well as the therapeutic outcome of CRC (5-8).

miR-224 is located on the human X-chromosome and a number of studies have demonstrated that miR-224 is upregulated in hepatocellular (9,10), breast (11) and pancreatic cancers (12). More recently, the elevation of miR-224 in hepatocellular carcinoma is through epigenetic mechanisms (10), its overexpression promotes cell proliferation, anti-apoptosis, migration and invasion (9,13). miR-224 has been shown to be involved in transforming growth factor (14) and raf kinase inhibitor protein (RKIP) (11) pathway-mediated tumor growth and metastasis.

Although miR-224 is underexpressed when colon cancer cells are exposed to 5-fluorouracil (15) or in methotrexate-resistant colon cancer cells (16), in the majority of CRCs, miR-224 is upregulated. This has been confirmed by miRNA microarray assay performed by Fu et al (17) and Wang et al (18). In the current study, miR-224 was observed to be upregulated in 12 CRC tissues compared with corresponding adjacent normal tissues. Overexpression of miR-224 may facilitate the proliferation of CRC cell lines. miR-224 promotes CRC cell line G/S transition and this progress may be mediated by the repression of cyclin-dependent kinase inhibitors-P21 (CDKN1A), which was confirmed as a new target of miR-224 in the study.

**Materials and methods**

**Patient samples.** A total of 12 matched CRC and their corresponding normal mucosal tissues (>5 cm laterally from the edge of the cancerous region), were collected from 12 patients undergoing tumor resection in the First Affiliated Hospital of Liaoning Medical University. All the samples were divided into smaller parts, preserved in liquid nitrogen following retrieval and histologically confirmed. The study was approved by the ethics committee of Liaoning Medical University and written informed consent was obtained from all patients.

**Cell culture.** The human CRC cell lines HCT-116 and SW-480, were purchased from the Cell Bank of Shanghai (Shanghai, China) and were cultured in RPMI-1640 medium supplemented with 10% fetal calf serum, 100 U/ml penicillin and 100 U/ml streptomycin at 37°C in a 5% CO\(_2\) incubator.

**RNA extraction and quantitative polymerase chain reaction (qPCR).** Total RNA was isolated from patient samples or cultured cells using TRIzol reagent (Invitrogen Life Technologies, Carlsbad, CA, USA) and the miRNA was purified with the mirVana miRNA Isolation kit (Ambion, Austin, TX, USA) according to the manufacturer’s instructions. A
stem-loop RT-PCR assay was performed to detect the mature miRNA levels. The reverse transcription primer for miR-224 was: 5'-CTCAGCTGGTGGAGCTGGCAATTTCAG TTGAGACCGGAC-3' and U6 snRNA: 5'-AACGCTTAC GAAATTTGCGT-3’. The cDNA was then amplified by SYBR® Premix Ex-Taq™ II (Takara Biotechnology Inc., Dalian, China) using the primers: miR224-forward, 5'-ACAC TTCAGCTGGCAGACTCATGTGTA-3' and reverse, 5'-TGTTGTCGGAGTGTCG-3'; U6-forward, 5'-CTGCAGGT CGGACGACA-3'and reverse, 5'-AAGCCTTACACGAATT TTGCGT-3' and P21-forward, 5'-CGATGGAACTTCGACT TTGCTA-3' and reverse, 5'-GCACAGGTTGCAAAGACA GTG-3’. PCR was performed using the following conditions: 95°C for 1 min, followed by 46 cycles of 95°C for 15 sec and 60°C for 40 sec.

**MTT assay.** Logarithmically growing HCT-116 and SW-480 cells were seeded in 96-well plates (5x10^3 cells/10 µl medium/well). The culture medium was replaced after 24 h with fresh medium and the miR-224 mimics, miR-224 inhibitor and negative control (100 nM) were transfected (GenePharma, Shanghai, China) with Lipofetamine 2000 (Invitrogen Life Technologies). Cells were incubated for 4 h in the presence of 20 µl MTT solution (5 g/l Sigma-Aldrich, St. Louis, MO, USA) and following 36 h transfection, the supernatants were carefully discarded and DMSO (100 µl/well) was added. The spectrophotometric absorbance of each sample was measured at 490 nm. The experiments were repeated three times and the average results were calculated.

**Cell cycle analysis.** HCT-116 and SW-480 cells were transfected with miR-224 mimics, inhibitor or negative control miRNA. Following 36 h culture, the cells were collected, washed with phosphate-buffered saline and fixed with 70% ice-cold ethanol at 4°C overnight. The fixed cells were washed twice and resuspended in 300 µl stain buffer (50 mg/ml PI, 1 mg/ml Rnase A, 0.2% Tween-20) for 30 min at 37°C in the dark prior to flow cytometry (Beckman Coulter, Inc., Brea, CA, USA).

**Target validation with luciferase reporter.** The reporter constructs containing 3'UTR P21WAF1/CIP1 were cloned into the pMIR-REPORT™ vector (Ambion) using PCR-generated fragments. The mutant was constructed with QuikChange XL Site Directed Mutagenesis kit (Stratagene, La Jolla, CA, USA). The primers used were: P21-UTR-wt-forward, 5'TCACGCCGT GAGCAGCAGCTAGGCGT and reverse, GTACTAGTGT AAAGTCATAAGACATTTATTGAGC; P21-UTR-mt-forward, TCCAGCTGGTGAGCAGCAGCTCTAGGGCTG and P21-UTR-mt-reverse, GTACTAGTGTAAACAGTGGTGCATTATAGA TCAAGTTGGACGC. HCT-116 and SW-480 cells were seeded in a 24-well plate (1x10^3 cells/well) and were co-transfected 24 h later with 400 ng of the reporter vector and 10 ng pMIR-REPORT-β gal control plasmid, which was used to normalize transfection efficiency and 100 nM miR-224 mimics, inhibitor or negative control miRNA using Lipofetamine. The cells were harvested for luciferase assays 36 h after transfection. Reporter gene assays were performed in triplicate using Luciferase Assays kits (Promega Corporation, Madison, WI, USA). The experiment was repeated three times.

**Western blot analysis.** For western blot analysis, protein extracts were prepared by resuspending cell pellets in 1% NP-40 (Sigma-Aldrich) lysis buffer containing 50 mM Tris-HCl (pH 8.0), 150 mM NaCl, 1 mM EDTA, 5 mM NaF, 2 mM PMSF, 1 mM Na-orthovanadate, and 10 µg/ml leupeptin and aprotinin, respectively. The proteins were separated by 10% SDS-PAGE and transferred to polyvinylidene difluoride membranes (Amersham, Piscataway, NJ, USA). The membranes were blocked with 5% milk powder in TBS overnight. The fixed cells were washed with phosphate-buffered saline and fixed with 70% ice-cold ethanol at 4°C overnight. The fixed cells were washed twice and resuspended in 300 µl stain buffer (50 mg/ml PI, 1 mg/ml Rnase A, 0.2% Tween-20) for 30 min at 37°C in the dark prior to flow cytometry (Beckman Coulter, Inc., Brea, CA, USA).

**Statistical analysis.** Data are expressed as mean ± SD or median values. The expression of miR-224 in the CRC samples and adjacent non-tumor tissues were compared using a paired t-test. Continuous variables were compared by an independent two-sample t-test for two groups. Statistical analysis was performed using IBM SPASS Statistics V17.0 (IBM Corporation, Armonk, NY, USA). P<0.05 was considered to indicate a statistically significant difference.

**Results**

miR-224 is upregulated in CRC. miR-224 is an oncogene that is overexpressed in a number of tumor tissues (11,12,19-21). To detect the expression of miR-224 in CRC, 12 pairs of matched human CRC tissues and the adjacent paracancerous tissue were analyzed by qPCR (Fig. 1A). The data indicate that miR-224 is markedly upregulated in CRC tissue (paired t-test, P=0.0227).

miR-224 overexpression promotes CRC cell proliferation. To determine the impact of miR-224 on CRC cells, HCT-116 and SW-480 cell lines were transfected with miR-224 mimics and inhibitors and the proliferation of CRC cells was detected using MTT. As shown in Fig. 2A, the results of the MTT assay revealed that overexpression of miR-224 significantly increased
cell growth in the two CRC cell lines. When miR-224 was inhibited by transfection with miR-224 inhibitors, this function was reversed. The transfection efficiency was confirmed by qPCR (Fig. 2B).

miR-224 directly targets P21WAF1/CIP1 at the translational level. Considering the effect of miR-224 on CRC cell growth, possible targets, which are associated with cell proliferation were selected following bioinformatics analysis using microRNA.org and targetscan. CDKN1A, also known as P21WAF1/CIP1, was observed to have a potential miR-224 binding site (Fig. 3A). To validate the miRNA-target interactions, the expression of P21 was evaluated in HCT-116 and SW-480 cells transfected with miR-224 mimics, miR-224 inhibitor or negative control. As shown in Fig. 3B, the protein level of P21 was downregulated following transfection with miR-224 and upregulated when miR-224 was blocked, while P21 mRNA exhibited no significant change. To confirm whether P21 is regulated by miR-224 through direct binding to its 3'-UTR, a human P21 3'-UTR fragment containing wild-type (wt-UTR) or mutant (mt-UTR) was cloned into the pMIR-REPORT vector (Fig. 3C). CRC cell lines were then co-transfected with wt or mt UTR vector. As shown in Fig. 3D, the relative luciferase activity of the reporter containing wt-UTR was significantly suppressed following miR-224 transfection. However, variations were not observed in the luciferase activity of cells co-transfected with mt-UTR and miR-224. The results therefore suggest that P21 is a target gene of miR-224.

miR-224 regulates the cell cycle of CRC cells. Due to the regulation of P21, the role of miR-224 in the regulation of cell cycle in CRC cell lines was assessed. A flow cytometric analysis was performed following transfection with miR-224 mimics, inhibitors or negative control. The analysis results revealed that CRC cells overexpressing miR-224 exhibited an increase in the S-phase population and a decrease of G1 population, while the group treated with the miR-224 inhibitor exhibited converse results compared with the negative control (Fig. 4).
Accumulating evidence has demonstrated an important role of miRNAs in tumorigenesis and tumor progression, diagnosis and treatment (22). Despite the identification of a number of miRNA targets involved in human tumors, the majority of mechanisms remain unclear. The expression of miR-224 is abnormal in several types of cancer, and is associated with
histone acetylation (10) and inflammation (19). Although miR-224 represses hepatocellular and breast cancer metastasis by targeting RKIP (11,23), its mechanism on tumor growth remains to be clarified.

Growth and proliferation of cancer cells is key to tumor progression. miRNAs, including miR-21, miR-223 and miR-145 may regulate cancer cell proliferation by repressing the translation of the targets (24-26).

The cell cycle consists of the G1, S, G2 and M phases. Cyclins and cyclin-dependent kinases (CDKs) are the two most important regulatory molecules in the cell cycle (27). Different cyclin-CDK complexes control cell cycle progression by organized synthesis and degradation. Cell cycle progression may be prevented by two families of the inhibitor: CDK interacting protein/kinase inhibitory protein (cip/kip) and the inhibitor of kinase 4/alternative reading frame. A previous study revealed that dysregulation of the cell cycle leads to tumor formation (28).

P21 (CDKN1A), together with P27 (CDKN1B) and P57 (CDKN1C), are the members of cip/kip. The decreased expression of P21 is associated with CRC proliferation and prognosis (29-31) and is involved in numerous pathways. Furthermore, this function is associated with the expression of the P53 status (32-34). As a key molecule in the progression of the cell cycle, P21 negatively regulates cell cycle and transient expression in tumor cells, resulting in the inhibition of cell proliferation (35,36). However, despite its considerable role in tumor progression, when present in low levels, P21 does not function efficiently.

The current data demonstrate that miR-224 regulates CRC cell growth by targeting P21\textsuperscript{\textit{WAF1/CIP1}}. This hypothesis is confirmed by western blotting and luciferase assays. Overexpression of miR-224 decreased the P21 protein level and the luciferase activity of P21 3'-UTR. The result was confirmed when the miR-224-binding site was mutated and the luciferase activity exhibited no specific change. The results of the study demonstrate that a decrease of P21 in cancer may be caused by overexpression of miR-224. This hypothesis was confirmed by the flow cytometric analysis.

In conclusion, the results reveal the role of miR-224 in CRC. The expression levels of miR-224 were significantly

Figure 4. miR-224 affects cell cycle progression. Cell cycle analysis of miR-224 at 36 h following transfection showed that the cells transfected with miR-224 had a decreased population of G1 and an increase in the S-phase compared with the negative control. However, when the miR-224 is blocked, this phenomenon is reversed (*P<0.05 vs. miRNA scramble).
upregulated in CRC tissue. It promotes cell proliferation and the cell cycle phase transition from G1 to S by targeting P21. Therefore, miR-224 may be a novel therapeutic target of CRC.

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