Abstract. An extra-adrenal pheochromocytoma is also known as a paraganglioma. The present study reported the case of a 47-year-old female patient with an extremely rare primary nonfunctioning hepatic paraganglioma without any clinical signs and symptoms. A computed tomography scan of the entire abdomen region revealed a hyper-enhanced, well-marginated round mass located in segment 3 of the liver. A preoperative diagnosis of hepatocellular carcinoma was established and a left lateral hepatic lobectomy was performed. During the removal of the mass, the patient experienced extreme fluctuations in blood pressure. Analysis of hepatic and peripheral venous blood test results confirmed the increase of noradrenaline secretion. Postoperatively, the patient's blood pressure and catecholamine level returned to the normal range. However, three years after surgery, a plasma catecholamine examination revealed a high noradrenaline level. Abdominal magnetic resonance imaging scans revealed two metastases, located in the spleen and below the right posterior lobe of the liver, which were identified as malignant paragangliomas. Therefore, the patient was diagnosed with primary malignant hepatic paraganglioma recurrence three years after hepatic resection.

Introduction

Paragangliomas, also known as extra-adrenal pheochromocytomas, are rare neuroendocrine tumors (1,2). Patients may present with signs and symptoms of catecholamine excess, including paroxysmal hypertension, headache, palpitation and sweating, or may be completely asymptomatic (2-4). Although paragangliomas are usually benign tumors, arising from the paraganglionic tissue and distributed in areas between the neck and the pelvis, they have also been reported in other less common sites, including the gallbladder, lungs and cardiac area (2,5-7). In general, complete surgical excisions are the conventional treatment for these tumors. However, for malignant paragangliomas, surgical debulking is rarely curative and is only considered as a palliative therapy (2,3). In the present study, the case of an extremely rare primary nonfunctioning hepatic paraganglioma, mimicking a primary liver tumor, was described. The patient underwent partial hepatectomy. Although extremely rare cases of primary hepatic paragangioma have been described previously (7-11), knowledge of the present case is valuable in order to help avoid the possibility of confusing hepatic paraganglioma with other liver tumors.

Case report

The study was approved by the Ethics Committee of West China Hospital, and written informed consent was obtained from the patient. In September 2010, an asymptomatic 47-year-old female patient was admitted to the West China Hospital (Chengdu, China) with an abdominal ultrasound (US) diagnosis of a solitary left hepatic lesion. The patient had no history of drug or alcohol abuse, previous malignancies or weight loss. Physical examination revealed no abnormalities, with the exception of mild hypertension (150/100 mmHg). The patient's blood pressure was reduced to ~140/90 mmHg by administration of felodipine (10 mg/day). Laboratory values, including serum bilirubin and transaminases (aspartate transaminase, alanine transaminase), blood urea, nitrogen and serum creatinine were all within the normal range, indicating normal liver and renal function; hepatitis serology and α-fetoprotein levels were also within the normal range. A contrast-enhanced helical computed tomography (CT) scan of the entire abdomen revealed a hypodense, well-marginated round mass that measured 3.6x3.4 cm and was located in segment 3 of the liver in a subcapsular location. The mass was highly vascular and markedly enhanced following intravenous injection of iodine (Fig. 1A and B), and a preoperative diagnosis of hepatocellular carcinoma was established. No abnormalities were noted in the kidneys and adrenal glands. Subsequently, a left lateral hepatic lobectomy was performed. Intraoperatively, a dark red, multinodular solid mass that measured ~4.0 cm in diameter was observed. A thorough exploration of the abdominal cavity did not reveal any other abnormalities. During the removal of the mass, the patient experienced extreme fluctuations in blood pressure in the range of 90/70 - 310/200 mmHg. Therefore, the endocrine activity of the mass was suspected. Analysis of hepatic and peripheral venous blood samples confirmed the

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increase of noradrenaline secretion [1627 ng/l and 1312 ng/l, respectively; normal range, 174-357 ng/l (12)]. Postoperatively, the patient's blood pressure gradually stabilized to 130/76 mmHg without administration of any antihypertensive drugs, and the concentration of catecholamine in the peripheral blood was reduced to the normal range 5 days after surgery. Immunohistochemical analysis of the resected tissue revealed that the mass was positive for chromogranin A and neuron-specific enolase. Sustentacular cells that were positive for S100 protein were also identified. However, the tissues were negative for synaptophysin, cytokeratin-8, epithelial membrane antigen, HMB45, MART1 and Hep Par 1 values. The overall immunohistochemical findings supported the diagnosis of paraganglioma.

Within the initial two years of follow-up, the blood pressure of the patient and the results of repeated plasma catecholamine tests were found to be within the normal range. Abdominal US was performed every three months and demonstrated no evidence of recurrence or metastasis. Thereafter, regular telephone follow-ups also revealed that the patient was in the good general condition. On April 2014, the patient attended an outpatient follow-up visit, during which the plasma catecholamine examination revealed a high noradrenaline level of 2286 ng/ml. However, the patient was asymptomatic and the blood pressure was stable at 140/78 mmHg. Subsequently, abdominal magnetic resonance imaging (MRI) scans were performed, which revealed two metastases (Fig. 1C and D). One lesion with unclear boundaries was identified below the right posterior lobe of the liver and exhibited a high-intensity signal on T1- and T2- weighted images. The other lesion was located in the spleen, exhibiting a slight high-intensity signal on the T1-weighted image and equal signal intensity to the spleen on the T2-weighted image. The metastases were established to be malignant paragangliomas (3). Therefore, the patient was diagnosed with primary malignant hepatic paraganglioma recurrence three years after hepatic resection. Subsequently, appropriate radiotherapy were recommended for this patient, but she refused further treatment and also refused additional follow-up without definite cause.

Discussion

Primary hepatic paraganglioma is an extremely rare tumor. The majority of hepatic paragangliomas are metastatic, since the liver is the second most frequent site of metastasis from malignant pheochromocytoma (13). In the present study, the patient was diagnosed with hepatic paraganglioma, based on the following three main arguments: i) Absence of any other tumor in the chest, and abdominal or pelvic cavities; ii) increase of noradrenaline secretion in the hepatic and peripheral venous blood, followed by reduction to the normal levels at least two years after the primary tumor resection; and iii) a follow-up period without any evidence of recurrence, with tumor recurrence detected three years after surgery. A radiologic diagnosis of hepatic pheochromocytoma based on CT or MRI scans is not normally possible, due to the nonspecific
radiologic features of this tumor (7). Metaiodobenzylguanidine (MIBG) scanning has been previously demonstrated to have a high specificity and sensitivity for detecting pheochromocytoma (14). However, in the present case, hepatic paraganglioma was not suspected preoperatively, since the radiologic features (in CT scans) of this tumor were nonspecific and the patient did not present any characteristic symptoms of catecholamine excess, including marked hypertension, headache or palpitation (2-4). In patients with liver masses, particularly those with unexplained hypertension, MIBG is a valuable test with high specificity for detecting a paraganglioma, when this tumor is suspected (14).

The majority of abdominal paragangliomas are benign; however, at least 15-35% of cases are malignant (15,16). The clinical, biochemical and radiological features are not adequate to predict malignancy or distinguish benign from malignant lesions (2,17). However, the presence of distant metastases, such as in the liver, lungs and/or bones, indicates malignancy. Metastases may be identified at the time of the initial diagnosis and surgery, or may only become evident following surgical removal of the primary tumor, typically within five years (17). In the current case, the metastases were not present until three years after surgery. Therefore, the follow-up period should be long in order to detect such metastases. At present, there is no universally effective therapeutic strategy for malignant paragangliomas. Surgical resection of a primary mass or metastases is rarely curative, but it may be effective in obtaining rapid palliation of the symptoms. Furthermore, surgical debulking may be used prior to radio- or chemotherapy; however, whether this strategy increases survival requires further clinical assessment in randomized prospective trials (2,17).

The current case study reported an extremely rare case of primary malignant hepatic paraganglioma without typical signs and symptoms of catecholamine excess that are normally expected when blood levels of catecholamine are elevated. The paraganglioma was successfully resected, and the levels of circulating catecholamine were reduced to within the normal range and the blood pressure was stable following surgery, but recurred 3 years following the resection. The present case indicates that despite the rarity, hepatic paraganglioma should be considered in the differential diagnosis of liver tumor, particularly when the blood levels of catecholamine and/or the blood pressure is elevated. Surgery for malignant hepatic pheochromocytoma is rarely curative; however, it may quickly reduce the levels of circulating catecholamine and offer palliation of symptoms.

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