Rapid progression of glioblastoma multiforme: A case report

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Abstract. Glioblastoma multiforme (GBM) tumors are intracranial lesions with varying shapes that grow rapidly. GBM tumors most commonly present as solitary lesions and multiple lesions are rare. The aim of the present case report was to investigate the imaging features of glioblastoma multiforme (GBM). In this study, the case of a 60-year-old patient who was hospitalized due to seizures is presented. Magnetic resonance imaging (MRI) revealed multiple lesions, heterogeneous in size, with peritumoral edema and ring-shaped enhancement. The lesions grew rapidly within 10 days of hospitalization and were initially misdiagnosed as either infections or intracranial metastatic tumors as a result of imaging examinations. The patient was subsequently administered mannitol, diazepam, Tegretol and ceftriaxone. After treatment, the patient recovered and regained full consciousness. However, MRI examination 23 days after hospitalization revealed that the multiple lesions in the left temporal and left occipital lobes had increased in size. Therefore, resection of the tumor in the left temporal occipital lobe was performed. Histopathological examination identified GBM (grade IV) in the left temporal and parietal lobes. The patient succumbed to the disease 7 months after surgery due to GBM recurrence. The findings of the present case indicate that GBM may progress rapidly with a doubling time of 10 days and multiple cystic alterations. Furthermore, if diagnosis of GBM is unclear, early biopsy is recommended.

Introduction

Glioblastoma multiforme (GBM) is an epithelial tumor of the central nervous system, which most commonly presents as a solitary lesion: The occurrence of multiple lesions is rare (1). GBM is most commonly occurs in individuals aged between 45 and 70 years old, with a worldwide incidence of 1-10% (1-3). The most common clinical symptom of GBM is epilepsy (1). Magnetic resonance imaging (MRI) is the primary diagnostic tool for GBM (4). Tumors involving the corpus callosum, which grow bilaterally into occipital and temporal lobes, result in a butterfly pattern on MRI, termed ‘butterfly glioma’ (5). Definitive diagnosis is based on histopathological examination of intraoperatively removed tumors/tumor sections. Morphological diagnosis is based on criteria defined by the World Health Organization (6,7). Surgical resection is recommended if feasible, followed by chemotherapy and radiotherapy, which is the standard treatment for GBM (8). GBM exhibits a highly unfavorable prognosis; The majority of patients only survive for 12-15 months following disease onset (9). Previous in vivo studies of GBM have focused on the etiology, pathology, clinical symptoms, imaging features, treatment and prognosis of the disease (1-3). In vitro studies of GBM cell proliferation have also been performed (10,11), however, the mechanism of disease progression and its corresponding MRI features remain unclear. In this study, a case of rapidly progressing GBM is presented, and the findings of MRI, surgical and pathological examinations are discussed. Written informed consent was obtained from the patient.

Case report

In April 2010, a 60-year-old male patient with mental confusion was admitted to The First Affiliated Hospital (Hangzhou, China) after experiencing convulsions for 1 day. Physical examination revealed that the pupil size of both eyes was equal; however, the pupillary light reflex was slow. In addition, high muscular tension of the limbs was observed and positive bilateral Babinski signs were identified. Blood examinations revealed a leukocyte count of 12.0x10^9/l and a neutrophil granulocyte level of 92.6%. Kidney function and blood gas composition were normal. MRI examination revealed abnormal signals from the temporal-occipital-parietal lobes and thus metastatic tumors were initially suspected and the possibility of a brain abscess was excluded (Fig. 1). The patient reported no history of disease, however, he had experienced head trauma with basal fracture 10 years previously. Serum tumor markers, including carcinoembryonic antigen, α-fetoprotein, carbohydrate antigen 199 and 125, total prostate specific antigen and ferritin were normal. Furthermore, erythrocyte sedimentation rate was normal and serum was negative for antinuclear (cat. no. FA 1510-1003-1; 1:10; EUROMMUN AG, Luebeck, germany) and antineutrophil...
cytoplasmic (cat. no. FA 1200-1003; 1:10; EUROIMMUN AG) antibodies.

Cerebrospinal fluid (CSF) pressure was 180 mmH$_2$O (normal range, 80-180 mmH$_2$O) with transparency and no blood cells. Biochemical analysis of the CSF revealed a protein concentration of 0.49 g/l (normal range, 0.15-0.45 g/l) and carcinoembryonic antigen levels of <0.50 ng/ml (normal range, <0.573 ng/ml). Glucose and chloride levels were within the normal ranges. Computed tomography (CT) images of the lung were normal. Electroencephalogram demonstrated a slow spike wave in the left hemisphere in addition to an epileptic lesion in the left central parietal lobe.

Subsequently, the patient was administered mannitol (125 ml, every 12 h for 26 days) to lower intracranial pressure, diazepam (10 mg, daily for 3 days), Tegretol (0.2 g, twice daily for 26 days) to treat the symptoms of epilepsy and ceftriaxone (2.0 g, daily for 9 days) for infection control. After treatment, the patient recovered and regained full consciousness with a normal body temperature and was able to eat and walk without the occurrence of seizures. MRI examination performed 12 days after hospitalization revealed multiple lesions between the left temporal and left occipital lobes, which had increased...
in size since the initial MRI examination, and thus parasitic infection could not be ruled out (Fig. 2). The *spiro metra mansoni* test was positive. Therefore, the patient remained hospitalized to treat the infection. MRI examination 23 days after hospitalization revealed multiple lesions, which had markedly increased in size and number when compared with the previous MRI findings. Subsequently, GBM was suspected (Fig. 3) and resection of tumor in the left temporal occipital lobe was performed. Histopathological examination identified GBM [World Health Organization grade IV (12)] in the left temporal and parietal lobes (Fig. 4). No further treatment was administered. Seven months after surgery, the patient experienced a sudden headache and dysfunction of the extremities. CT of the head revealed GBM recurrence (Fig. 5). The patient was subsequently administered mannitol treatment, however he succumbed to the disease in January 2011.

**Discussion**

GBM [World Health Organization stage IV (12)] is one of the most malignant tumors worldwide. The first case of GBM was reported by Bradley in 1880 (13). At present, the incidence rate of GBM is 1-10% (1,13). Due to the high grade of malignancy, GBM exhibits a highly unfavorable prognosis; some patients succumbed within 3 months of disease onset (14). GBM exhibits no specific clinical, imaging or histological characteristics. Depending on the localization and progression of GBM, the clinical symptoms may include headache, ataxia, dizziness, visual disturbances and frequent syncope (15,16). The occurrence of seizures in patients who have not been previously diagnosed with epilepsy may also be an indication for neuroimaging due to suspected GBM (2). Due to the lack of specific symptoms, GBM is often misdiagnosed as an infection, inflammatory process or circulatory and immunological diseases (15). The patient in the present case was hospitalized due to the occurrence of seizures.

GBM tumors develop as a result of infiltrative growth via nerve fiber pathways or metastatic spread via CSF, therefore satellite lesions form in adjacent areas of the brain (1,13). Multiple lesions were identified in the present case and we hypothesize that the lesions located near the sulci may have been caused by local spread. GBM develops as a result of infiltrative growth, which increases intracranial pressure and subsequently may lead to hydrocephaly (3). The inferior horn of the lateral ventricles of the left hemisphere was evidently compressed in the present case. The aggravation of clinical symptoms may be associated with the rapid growth of glioblastoma, which damages local tissue structure and increases the position effect causing impaired brain function.

MRI is the primary diagnostic tool for GBM. Simpson et al (8) evaluated the MRI findings of 645 GBM patients and reported that in 38, 56 and 6% of patients, the tumor diameter at diagnosis was <5, 5-10 and >10 cm, respectively. The high proliferation rate of GBM causes rapid tumor growth, and a previous study reported that the tumor cell doubling time for GBM ranges between 2 days and several weeks (10). It is hypothesized that tumor cell doubling time may predict survival time (10,14). The median survival time following diagnosis for patients with GBM is 9.8 days (10). To the best of our knowledge, no *in vivo* studies have investigated the imaging features that are associated with GBM progression. In the present case, the initial MRI examination indicated that the maximum diameter of the lesion on the left temporal-occipital lobe was ~7 mm with cystic and enhanced solid sections. MRI performed 12 days after hospitalization revealed that the lesion had increased to 13 mm in diameter. The lesion exhibited revealed homogenous low signals on diffusion-weighted images, however, the peri-tumor edema range remained unchanged. MRI performed 23 days after hospitalization revealed that the diameter of the lesion had increased to 17 mm in the cystic sections and the solid sections exhibited enhancement. The rapid increase in lesion number and size demonstrated by MRI imaging in the present case was in accordance with a previous *in vitro* study of GBM cell culture (10). Thus, the rapid morphological progression of cystic lesion sections may indicate GBM. In the meanwhile, the enlarged GBM is mainly from the cystic parts rather than solid parts might attribute to the necrotic features of GBM (17).

In the present study, diagnosis of GBM was uncertain in the early stages due to the positive results obtained from the *spiro metra mansoni* test. However, histopathological examination following surgery confirmed the diagnosis of GBM. In cases where a tumor is suspected and resection procedures are limited, fine needle biopsy is recommended to minimize trauma (18). The present case revealed that GBM may progress rapidly with a doubling time of 10 days and multiple cystic alterations. If diagnosis of GBM is unclear, early biopsy is recommended.

**References**