Synergistic antitumor activity of aspirin and erlotinib: Inhibition of p38 enhanced aspirin plus erlotinib-induced suppression of metastasis and promoted cancer cell apoptosis

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Abstract. High-dose erlotinib is effective for non-small cell lung cancer patients with brain metastases. The aim of the present study was to investigate whether aspirin could increase the anti-proliferative and anti-metastatic effects of regular erlotinib treatment. The data demonstrated that combining aspirin with erlotinib significantly induced apoptosis and inhibited tumor cell proliferation in several human cancer types. Furthermore, aspirin plus erlotinib significantly induced the activation of E-cadherin and suppression of p38. The data also indicated that the p38/E-cadherin pathway may be involved in the apoptosis caused by the combination of aspirin and erlotinib. As p38 and E-cadherin also serve a key role in epithelial-to-mesenchymal transition (EMT) and cancer metastasis, we hypothesized that the combination of aspirin and erlotinib may significantly inhibit tumor metastasis. First, aspirin plus erlotinib achieved potent inhibition of cancer cell migration and invasion, which are crucial for cancer metastasis. Next, the results demonstrated that aspirin plus erlotinib inhibited angiogenesis by suppressing endothelial cell migration and invasion. Moreover, it was confirmed that aspirin plus erlotinib exerted synergistic anti-angiogenic effects. Finally, the synergistic anti-proliferative and anti-metastatic effects of the combination of aspirin with erlotinib were further validated in an A549 xenograft model in vivo. In conclusion, aspirin plus erlotinib may be an effective combination regimen for patients with metastatic cancer.

Introduction

The severity and incurability of cancer are attributed to cancer metastasis, the initiation of which requires enhanced migratory and invasive capabilities (1). Tumor cells undergo epithelial-to-mesenchymal transition (EMT) by inducing the expression of mesenchymal markers and inhibiting the expression of epithelial markers during tumor progression, and EMT enables cancer cells to invade and metastasize (2). EMT is a process characterized by the decrease of E-cadherin expression and the increase of the expression of mesenchymal markers, such as vimentin, β-catenin and N-cadherin (3). Thus, E-cadherin suppresses metastasis and its inhibition promotes the development of malignant epithelial cancers (4). In addition, EMT may render cancer cells resistant to various chemotherapeutic/targeted agents via reducing apoptotic sensitivity (5). EMT attenuates the activation of caspase-8 via DR4/DR5 accompanied by E-cadherin inhibition. E-cadherin interacts with DR4/DR5, thereby promoting caspase-8 activation and apoptosis (6). Thus, E-cadherin has potentially significant biological implications in the cross-regulation between EMT and apoptosis (7).

Several transcription factors, such as ZEB and Slug, can repress E-cadherin (8,9). In addition, the expression of these transcription factors is controlled by a complex network of signaling molecules, including mitogen-activated protein kinases (MAPKs), glycogen synthase kinase-3β (GSK-3β), phosphatidylinositol 3-kinase (PI3K) and nuclear factor-κB (NF-κB) (10). MAPKs (ERK, JNK and p38) can...
promote EMT and tumor cell metastasis (11,12). p38 activation is required for EMT, accompanied by E-cadherin downregulation (13). Furthermore, p38 plays a dual role in chemotherapeutic agent-induced apoptosis (14). Several chemotherapeutic agents require p38 to induce apoptosis (15). However, p38 can also mediate resistance to apoptosis, as p38 activation results in induction of cyclooxygenase-2 (COX-2) overexpression, which triggers resistance to apoptosis in cancer cells (16,17).

Aspirin is a non-selective COX inhibitor and has been used as an anti-inflammatory drug for >100 years (18). Regular use of aspirin is effective in preventing several common cancers, including colon, breast, liver and lung cancer (19-22). Aspirin acts by targeting several tumor cell functions, including migration, and has been reported to reduce the risk of cancer initiation and progression (1,23). Aspirin modulates matrix metalloproteinase-2 (MMP-2) and E-cadherin production and, therefore, possesses anti-metastatic properties (24). Erlotinib, an epidermal growth factor receptor tyrosine kinase inhibitor (EGFR-TKI), blocks the autophosphorylation of EGFR and suppresses cell proliferation, along with induction of apoptosis and anti-angiogenic effects, inhibiting invasion and metastasis (25,26). In the present study, we hypothesized that the combination of aspirin with erlotinib may exert synergistic antitumor effects by inhibiting cancer cell proliferation and metastasis. First, our data demonstrated that aspirin combined with erlotinib exerted a synergistic anti-proliferative effect and promoted apoptosis in multiple human cancer cells. Furthermore, we also found that the combination of aspirin and erlotinib was significantly more effective in inhibiting cancer cell migration and invasion, which are crucial for cancer metastasis. In addition, the synergistic anti-angiogenic effects of aspirin plus erlotinib were confirmed in vitro and in vivo. Finally, the synergistic anti-proliferative and anti-metastatic effects of the combination of aspirin with erlotinib were further validated in an A549 xenograft model in vivo. These findings suggested that aspirin plus erlotinib may be an efficient combination regimen for patients with metastatic cancer.

Materials and methods

Materials. Aspirin was purchased from Sigma-Aldrich (St. Louis, MO, USA) and erlotinib was obtained from LC Laboratories (Woburn, MA, USA). SB-203580, a p38 inhibitor, was obtained from Selleck Chemicals (Houston, TX, USA).

Cell culture. Human lung carcinoma cell lines (NCI-H1299 and A549), ovarian carcinoma cell line (HO-8910), colon carcinoma cell line (SGC-7901) were obtained from Shanghai institute of biochemistry and cell biology. A549 was maintained in Ham's F12 medium + 10% fetal bovine serum (FBS). SGC-7901 was maintained in RPMI-1640 medium + 10% FBS. HO-8910, NCI-H1299 and HCT-116 were maintained in DMEM + 10% FBS.

Sulphorhodamine (SRB) cytotoxicity assay. The cytotoxic activity was measured by the SRB method, as previously described (27).

Colony-forming assay. Cancer cells (500-1,000 cells/dish) were plated into six-well plates, treated with drugs every 3-4 days for 2 weeks, and then stained by crystal violet (28).

Analysis of apoptosis and determination of mitochondrial membrane depolarization. Cancer cells (3x10^3/well) were exposed to the drugs, harvested and washed with PBS. Then, propidium iodide (PI) staining was used to detect apoptosis, and the mitochondrial membrane depolarization was determined by 5,5',6,6'-tetrachloro-1,1',3,3'-tetrathylbenzimidazol-carbo-cyanine iodide (JC-1) staining as described previously (27).

Protein preparation from tissue and cell samples and western blot analysis. The western blotting was performed as described previously (29). The mouse antibodies used for western blotting were obtained from different resources: Anti-β-actin monoclonal antibody (Ab) (from BD Biosciences, Franklin Lakes, NJ, USA) and anti-XIAP monoclonal Ab (Santa Cruz Biotechnology, Dallas, TX, USA). The rabbit antibodies used for western blotting were purchased from different resources: anti-PARP polyclonal Ab, anti-procaspase-3 polyclonal Ab, anti-Mcl-1 polyclonal Ab and anti-p38 polyclonal Ab (Santa Cruz Biotechnology), anti-phospho-p38 (Thr-180/Tyr-182) polyclonal Ab and anti-E-cadherin polyclonal Ab (Cell Signaling Technology, Danvers, MA, USA).

Wound-healing assay. Cells were seeded in 24-well plates and cultured until they reached confluence. Confluent monolayer cells were gently scratched with a sterile pipette tip and then washed three times with PBS to clear cell debris and suspended cells. Fresh serum-free medium was added, and the cells were allowed to close the wound for 48 h under normal conditions. Images of the wound in the same relative position were captured with a computer-assisted microscope (Olympus, Tokyo, Japan).

Cell invasion assay. Cell invasion experiments were performed using 24-well modified Boyden chambers (Costar, NY, USA) containing a polycarbonate membrane with 8.0-µm pores according to the manufacturer's instructions. First, the membranes were coated with 25 µg Matrigel (BD Biosciences). Cells were seeded at a density of 1x10^4 cells/well in the upper chamber with culture medium (200 µl) alone, while the bottom of the plate was filled with culture medium (500 µl) supplemented with 20% FBS. Cells that invaded the underside of the membrane were fixed in 1% methanol and stained by crystal violet.

Chick embryo chorioallantoic membrane (CAM) assay. Inhibition of angiogenesis was determined using the CAM assay. Fertilized chicken eggs were incubated at 37°C in a 50% humidified atmosphere. On day 7, the eggshell was cracked and gently opened into the plate to avoid any unnecessary physical stress. It was made sure that the yolk sac membrane remained intact and that the embryo was viable. Then, a sterile filter paper square saturated with aspirin, erlotinib or their combination was placed in areas between vessels, but not onto any large vessels. After a 48-h incubation, the membranes were examined by microscopy and photographic documentation. Angiogenesis was quantified by...
counting blood vessel branches; at least 10 viable embryos were tested for each treatment.

Plasmids transfection. Cells (3x10⁴) were seeded in 6-well plates. E-cadherin (RG220731; OriGene Technologies, Rockville, MD, USA) and empty vector plasmid were transfected into cells using Lipofectamine 3000 (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA) according to the manufacturer's instructions.

siRNA transfection. Cells (5x10⁴) were seeded in 6-well plates. P38 siRNA and control siRNA (Genepharma, Shanghai, China) were transfected into cells using Oligofectamine reagent (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. Sense p38 siRNA sequence was 5'-GCA UAA UGG CCG AGC UGU UTT-3'.

Antitumor activity in vivo and histopathological evaluation of tumor metastasis. A549 xenografts were performed as previously described (29). BALB/c (nu/nu) mice were maintained under sterile conditions using an individually ventilated cage system, randomized to 4 groups and then treated with vehicle, aspirin (100 mg/kg, i.g. administration) daily and/or erlotinib (20 mg/kg, i.p. administration) twice per week for 29 days (n=6). Finally, the mice were sacrificed at the end of the treatment. The liver were fixed in 10% buffered formalin and embedded in paraffin, 5-µm tissue sections were stained with hematoxylin and eosin (H&E). All animal handling was performed in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and approved by the Zhejiang University City College Animal Care and Use Committee (Hangzhou, Zhejiang, China).

TUNEL staining. TUNEL assay was done using TUNEL apoptosis assay kits (Beyotime Institute of Biotechnology, Shanghai, China) as recommended by the manufacturer.

Statistical analyses. One-way ANOVA followed by Tukey's post hoc test and Two-tailed student’s t-tests were used to examine the significance of differences among groups. Data points in graphs represent the mean ± SD (*P<0.05; **P<0.01). For SRB assay, combination index (CI) values were calculated using Calcusyn (Biosoft, Great Shelford, Cambridge, UK) and the mean CI values were chosen for presentation. A CI value <0.9 indicated synergism; 0.9 to 1.10, additive; and >1.10, antagonism.

Results

Cytotoxicity of aspirin plus erlotinib in human carcinoma cell lines. First, we assessed the antitumor activity of the
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combination of aspirin and erlotinib by SRB assay in 5 human carcinoma cell lines. The survival curves for aspirin and/or erlotinib are shown in Fig. 1A. We found that aspirin plus erlotinib significantly reduced the survival fraction in human cancer cells compared with each agent alone. To verify the synergistic anticancer effect of aspirin and erlotinib, CI values were calculated. Aspirin plus erlotinib exerted synergistic cytotoxic effects on 5 human carcinoma cell lines (CI values <0.7). In a long-term colony-forming assay, the combination of aspirin and erlotinib resulted in significant inhibition on the proliferation of A549 and NCI-H1299 cells, while monotherapy induced a moderate inhibition (P<0.01, ANOVA) (Fig. 1B). Taken together, these finding indicate that the combination of aspirin and erlotinib were more effective in limiting colony formation and cell growth of human cancer cells in vitro compared with either agent alone.

Aspirin plus erlotinib induces mitochondrial mediated apoptosis via p38/ E-cadherin pathway. We first investigated whether the synergistic anticancer effects of aspirin plus erlotinib were related to the induction of apoptosis. The percentage of apoptotic A549 cells was 6.95% in the control group, 28.96% with aspirin treatment, 18.67% with erlotinib treatment, and 62.23% in the aspirin plus erlotinib group (Fig. 2A, top panel). Aspirin plus erlotinib significantly enhanced apoptosis in both A549 and SGC-7901 cells compared with either drug alone (P<0.01, ANOVA; Fig. 2B and C). Next, we investigated whether aspirin plus erlotinib affected the mitochondrial membrane potential. As shown in Fig. 2A (bottom panel), D and E, aspirin plus erlotinib increased the percentage of mitochondrial membrane depolarized carcinoma cells compared with either drug alone (P<0.01, ANOVA). Thus, our data suggested that the synergistic effects of aspirin plus erlotinib are mediated via the mitochondrial apoptotic pathway. In addition, aspirin plus erlotinib markedly induced PARP cleavage and XIAP suppression in two of the cancer cell lines (Fig. 3A). The induction of EMT and activation of p38 are associated with resistance to erlotinib, and blockade of p38

Figure 2. Aspirin plus erlotinib induced apoptosis via mitochondrial pathway. (A) A549 cells were incubated with aspirin (5 mM), erlotinib (20 µM) or the combination for 48 h, and then cells were stained with PI (top panel)/JC-1 (bottom panel) followed by flow cytometry detection. (B and C) Cancer cells in 6-well plates were treated with drugs for 48 h and detected by flow cytometry after PI staining. (D and E) Cancer cells were treated with drugs for 48 h and detected by flow cytometry after JC-1 staining. PI, propidium iodide; JC-1, 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazol-carbocyanine iodide.
was found to be able to suppress EMT in erlotinib-resistant cancer cells (30). Furthermore, the upregulation of E-cadherin increased the sensitivity of several TKIs, such as gefitinib and erlotinib (31,32). Thus, we were interested in examining the involvement of p38 and E-cadherin in the aspirin and erlotinib combination treatment. Interestingly, as shown in Fig. 3A, the enhanced apoptosis induced by aspirin plus erlotinib was accompanied by p38 inhibition and overexpression of E-cadherin in A549 and SGC-7901 cells, indicating that aspirin may reverse erlotinib resistance via the p38/E-cadherin pathway. To further investigate the involvement of the p38/E-cadherin pathway in the synergistic effects of aspirin and erlotinib, we first performed E-cadherin overexpression experiments by transfecting cancer cells with an E-cadherin plasmid. As shown in Fig. 3B and C, overexpression of E-cadherin increased the apoptosis induced by aspirin plus erlotinib in A549 and SGC-7901 cells. Next, a p38 inhibitor (SB-203580) was found to increase the apoptosis induced by aspirin plus erlotinib in SGC-7901 cells (Fig. 3D and E). Moreover, p38 depletion by siRNA also enhanced aspirin plus erlotinib-induced apoptosis (Fig. 3F). Therefore, these data indicated that the p38/E-cadherin pathway may be involved in the enhanced apoptosis induced by aspirin plus erlotinib treatment.

Aspirin plus erlotinib inhibits invasion and migration of human carcinoma cells. E-cadherin inhibition is an important step in EMT and a hallmark of metastatic cells (33). Our data already demonstrated that aspirin plus erlotinib could increase the expression of E-cadherin; thus, we hypothesized that aspirin plus erlotinib may inhibit EMT and cancer metastasis. EMT enables cancer cell migration and invasion, and a scratch assay was conducted on A549 and SGC-7901 cells to assess cell migration, which is a defining feature of the mesenchymal phenotype. As shown in Fig. 4A (top panel), untreated A549 cells migrated within 24 h after wounding, whereas there was moderate inhibition of cell migration when the A549 cells were treated with erlotinib at 2.5 µM. However, the suppressive effect on migration was most prominent in A549 cells treated with aspirin plus erlotinib. Similar results were
observed in SGC-7901 cells (Fig. 4A, bottom panel). In addition, the effects of aspirin plus erlotinib on cancer cell invasion were evaluated by Matrigel Transwell invasion assays. Our data demonstrated that aspirin or erlotinib achieved moderate inhibition of cell invasion in the A549 and SGC-7901 cell lines. However, aspirin plus erlotinib led to a significant reduction in the number of invading cancer cells compared with the effects of either aspirin or erlotinib alone (P<0.01, ANOVA) (Fig. 4B-D). Our results indicated that the combination of aspirin and erlotinib enhanced the inhibition of cancer cell migration and invasion compared with either drug alone.

**Synergistic inhibition of angiogenesis by aspirin plus erlotinib.** Endothelial cells can invade the surrounding basement membrane, and then migrate into the stroma during tumor angiogenesis. Finally, endothelial cells organize to form new capillaries, which are crucial for tumor metastasis (34).

To evaluate the anti-angiogenic function of the aspirin plus erlotinib combination, we first detected its effects on migration and invasion of human umbilical vein endothelial cells (HUVECs). There was no inhibition of cell migration when HUVECs were treated with aspirin or erlotinib alone. However, when the two drugs were combined, the inhibitory effect on HUVEC migration was enhanced in the scratch assay (Fig. 5A). Similarly, aspirin plus erlotinib treatment induced a substantial decrease in the number of invading HUVECs compared with aspirin or erlotinib alone (P<0.01; ANOVA) (Fig. 5B and C). These observations suggested that aspirin plus erlotinib may inhibit angiogenesis via reducing invasion and migration of endothelial cells. Next, the CAM assay was performed to further investigate the anti-angiogenic effect of aspirin plus erlotinib. As shown in Fig. 5D, aspirin plus erlotinib blocked angiogenesis in the CAM assay. Quantitative analysis revealed that aspirin, erlotinib, and
aspirin plus erlotinib caused a 26.7, 42.2 and 68.9% reduction in the number of blood vessels, respectively (P<0.01; ANOVA) (Fig. 5E). Our data obtained from the three models were sufficient to confirm the synergistic anti-angiogenic activity of aspirin plus erlotinib.

Synergistic antitumor activity of aspirin and erlotinib in vivo. An A549 xenograft model was constructed to verify the anticancer and anti-metastatic efficacy of aspirin plus erlotinib. As demonstrated in Fig. 6A and Table I, aspirin exerted no significant anticancer effect [mean relative tumor volume (RTV) aspirin: 13.3 vs. mean RTV control: 14.2; P>0.05, t-test]. Erlotinib exerted a moderate anticancer effect (mean RTV erlotinib: 9.7 vs. mean RTV control: 14.2, P<0.05, t-test). Aspirin plus erlotinib induced significant tumor growth inhibition (mean RTV combination: 3.1 vs. mean RTV control: 14.2, P<0.01, t-test), which was markedly higher compared with that of either aspirin or erlotinib alone (mean RTV combination: 3.1 vs. mean RTV aspirin: 13.3, P<0.05, t-test and mean RTV combination: 3.1 vs. mean RTV erlotinib: 9.7, P<0.05, t-test). In addition, the loss of body weight did not differ significantly on day 29 compared with day 0 in the aspirin plus erlotinib group (P>0.05; ANOVA) (Fig. 6B). The TUNEL assay was performed to detect the apoptosis induced by aspirin plus erlotinib in the A549 xenograft model. The number of TUNEL-positive cells increased in the tumor tissues of mice receiving the combination treatment (Fig. 6C). Furthermore, caspase activation and XIAP inhibition were observed in the tumor tissues of mice receiving combination treatment, highlighting that apoptosis was involved in the tumor growth inhibitory effects induced by aspirin and erlotinib in vivo (Fig. 6D). In addition, the number of liver metastases was significantly reduced in the combination-treated group compared with the aspirin or erlotinib alone group in the A549 xenograft model (P<0.01; ANOVA) (Fig. 6E). In conclusion, the synergistic antitumor effects of aspirin plus erlotinib were confirmed in vivo.

Discussion

Cancer cells are sensitive to aspirin in patients with PIK3CA mutation, but not in those with PIK3CA wild-type tumors (35,36). Our data indicated that aspirin plus erlotinib exerted synergistic anti-proliferative effects on PIK3CA wild-type cancer cell lines (A549, NCI-H1299 and HO-8910) and PIK3CA mutant cell lines (HCT-116 and SGC-7901), indicating that PIK3CA mutation was not associated with the
synergistic anti-proliferative effect exerted by aspirin plus erlotinib on human cancer cells. Thus, aspirin plus erlotinib may improve the antitumor efficacy both in aspirin-sensitive and aspirin-resistant cancer cells. The co-administration of aspirin and erlotinib markedly improved the antitumor efficacy without increasing the toxicity in a A549 xenograft model in vivo.

EGFR-TKIs, such as afatinib, gefitinib and erlotinib, have been proven to be clinically effective for patients with...
metastatic or locally advanced non-small cell lung cancer (NSCLC) (37). However, treatment with EGFR-TKIs eventually fails due to the development of acquired drug resistance within 9-14 months of treatment (38). EGFR-TKI-resistant NSCLC cells undergo EMT by repressing E-cadherin and upregulating p38 expression (39). The loss of E-cadherin expression and upregulation of p38 activate multiple pathways that inhibit apoptosis, induce tumor metastasis and erlotinib resistance, and eventually lead to failure of erlotinib treatment (30, 40). Thus, overexpression of E-cadherin and inhibition of p38 may be effective in overcoming EMT induction and apoptosis evasion-mediated erlotinib resistance. Our data indicated that aspirin plus erlotinib significantly induced mitochondrial-mediated apoptosis, and significantly induced the activation of E-cadherin and suppression of p38 both in A549 and SGC-7901 cells. Moreover, elevated expression of E-cadherin increased apoptosis induced by aspirin plus erlotinib; in addition, the inhibition of p38 by SB-203580 or siRNA also enhanced the apoptosis induced by aspirin plus erlotinib. These data indicated that the p38/E-cadherin signaling pathway was implicated in the enhanced apoptosis induced by aspirin plus erlotinib, and aspirin may reverse erlotinib resistance via the p38/E-cadherin pathway. As p38 and E-cadherin also play a key role in EMT and tumor metastasis, we hypothesized that aspirin plus erlotinib may significantly inhibit EMT and the metastatic process. EMT has been shown to play a crucial role in the invasion and metastasis of epithelial tumors, as it enables cancer cell migration and invasion (41). Our data indicated that combined treatment with aspirin and erlotinib enhanced the inhibition on cancer cell migration and invasion. Metastasis and tumor growth depend on the development of a neovasculature around and in the tumor (42). Angiogenesis is a neovascularization process that involves critical steps, including endothelial cell invasion, migration and proliferation (43). Our results determined that aspirin plus erlotinib inhibited angiogenesis by suppressing migration and invasion of endothelial cells. Furthermore, the synergistic anti-angiogenic effects of aspirin plus erlotinib were confirmed by the CAM assay. Most importantly, aspirin plus erlotinib significantly decreased the number of liver metastases in vivo. Overall, these findings demonstrated that aspirin plus erlotinib significantly inhibited tumor metastasis via inhibiting EMT and angiogenesis; thus, aspirin plus erlotinib may be an efficient combination regimen for patients with metastatic cancer. In summary, to the best of our knowledge, our data are the first to demonstrate that combining aspirin with erlotinib could significantly inhibit the proliferation and induce apoptosis of human cancer cells. In addition, our data indicated that aspirin and erlotinib inhibited EMT and angiogenesis, consequently suppressing tumor metastasis. Furthermore, the p38/E-cadherin signaling pathway was involved in the synergistic anticancer activity of aspirin plus erlotinib (Fig. 6F). Therefore, aspirin appears to be a pertinent sensitizer to erlotinib for treating patients with metastatic cancer.

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Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

Authors’ contributions

CZ and NML were responsible for the conception and design of the study. XH and XW were responsible for collecting the data. LWW analyzed and interpreted the data. CZ drafted this manuscript. NML revised it critically for important intellectual content. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All animal handling was performed in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and approved by the Zhejiang University City College Animal Care and Use Committee.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

References


