Antitumor effect and immune response induced by local hyperthermia in B16 murine melanoma: Effect of thermal dose

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Abstract. This study aimed at investigating the antitumor effect and immune response induced by local high-temperature hyperthermia at different thermal doses in B16 murine melanoma. The screened optimal thermal dose (50˚C, 15 min) which was demonstrated to be the most effective in immune response activation was applied to the treatment of lung metastasis. The optimal thermal dose was determined by evaluating the tumor volume change, survival period of tumor-bearing mice, and immune indices including interleukin (IL)-2, interferon (IFN)-γ and TNF-α mRNA expression in the spleen of mice subjected to local hyperthermia at various thermal doses. The activation of the immune response was further investigated by rechallenging the cured mice 60 days after hyperthermia treatment. The screened optimal thermal dose combined with immunoadjuvant compound 48/80 was applied for melanoma lung metastasis. While local hyperthermia effectively inhibited B16 melanoma tumor growth and prolonged the survival period of tumor-bearing mice, the antitumor immunity was significantly enhanced and the effect was thermal dose-dependent. Higher temperatures (≥50˚C) induced a significant effect even with a short treatment time (≤15 min). No tumor regrowth was observed for rechallenged B16 melanoma in mice following treatment with local hyperthermia at a higher temperature. Local hyperthermia by optimal thermal dose in combination with immunoadjuvant compound 48/80 is an effective approach for the treatment of B16 melanoma lung metastasis. This study indicated that the use of a local high-temperature hyperthermia protocol inhibits tumor growth and stimulates a favorable antitumor immune response against malignant melanoma. The results of these experiments may have clinical significance for the treatment of melanoma.

Introduction

Melanoma is a malignant tumor originating from melanocytes that constitute the human body's melancytic system. As one of the most lethal types of cancer in humans, malignant melanoma accounts for 75% of all mortalities associated with skin cancer. Although malignant melanoma in the early stage may be cured by surgical resection, the disease is notoriously difficult to treat and does not respond to current therapies once it has progressed to the metastatic stage. For instance, therapies including immune therapy with systemic high-dose interleukin (IL)-2 or interferon (INF)-α, antigen-specific immunization or chemotherapy with dacarbazine or temozolomide have been shown to induce objective tumor responses in only 5-20% of patients. It has also been reported that patients with pulmonary metastases have an overall 5-year survival rate of 4% and a median survival of only 6-7 months with palliative treatment. Therefore, a more effective protocol for the prevention and therapy of malignant melanoma is urgently needed (1-4).

As an effective, safe, minimally invasive or noninvasive approach, hyperthermia is capable of directly killing tumor cells and acts as a sensitizer for radiation therapy or chemotherapy, as demonstrated in numerous clinical studies (5,6). As a superficial tumor, melanoma can easily be administered local hyperthermia from the clinical point of view. Either as a monotherapy or as an adjuvant therapy with other treatments, such as chemotherapy or radiotherapy, the results of hyperthermia treatment from clinical trials and in vivo studies are encouraging, suggesting a promising protocol for malignant melanoma (7-9).

As a dominant parameter of hyperthermia, temperature acts as a sensitive regulator during the treatment. Results from previous studies have shown that malignant melanoma may be even more sensitive to temperature (8,9). Studies of hyperthermia have been focused on two commonly applied strategies: conventional hyperthermia at mild temperatures...
(42-45°C) (6.8.9) and ablation therapy at high temperatures (>70°C) (10). Stojkovic and Radacic reported that local hyperthermia of 43.5°C administered alone had good antitumor activity, as in all experiments tumor growth time was prolonged by 2.3-3.5 times compared with the control (8). Results from the study of Ito et al suggested that a temperature of 43°C was insufficiently high to destroy the malignant melanoma and a higher treatment temperature was proposed (9). However, the induced antitumor immunity of thermal ablation was found to be weak and possibly not sufficient to eradicate established tumors alone (10). A study by Zhou et al suggested that the thermal ablation of hepatoma at 50-55°C may promote maturing and homing of immature dendritic cells (DCs) and stimulate immunity of lymphocytes, but not at temperatures >60°C. The immunogenicity of tumor cells was lost when their cellular structures were completely destroyed, and the local tissue blood flow and local lymph circulation path were damaged as the heat temperature was too high, which prevented the homing of the DCs (11). All the above-mentioned studies highlight the fact that the choice of treatment protocol is critical in the evaluation of the therapeutic effect of hyperthermia, and as a result, temperatures between 46 and 55°C were used in this study.

In our study, the effect of local hyperthermia on the antitumor effect and immune response in B16 melanoma at various thermal doses was systematically analyzed. Local hyperthermia can result in higher temperatures compared with whole body hyperthermia, which heats to milder temperatures of around 41-43°C. In order to eliminate the effect of energy from hyperthermia, a specially designed biological hyperthermia platform using hot humidified vapor was adopted in the current study. The tumor area was heated at various temperatures by the hot vapor from the nozzle. A series of nozzles with different diameters were prepared to fit the actual tumor size of the mice. Evaluation of the tumor volume and survival period as well as histological analysis was employed to examine the antitumor effect of local hyperthermia at different thermal doses. In addition, tumor necrosis factor (TNF-α), IL-2 and IFN-γ mRNA expression in the spleen of mice were evaluated by relative quantitative RT-PCR for a detailed understanding of the immune response induced by hyperthermia. The preliminary detection of cytokines IL-2, IFN-γ and TNF-α in hyperthermia was performed using ELISA and focused mainly on the cytokine protein in serum and tumor tissues. In this study, the changes in IFN-γ, IL-2 and TNF-α mRNA levels in the spleen were investigated from a genetic perspective by relative quantitative PCR assay. The rechallenge of the surviving mice with B16 tumor cells (1x10⁶ in 100 µl PBS) were injected into the flank of mice which were anesthetized by intraperitoneal injection of sodium pentobarbital (50 mg/kg body weight). Melanoma nodules that had grown to 5-6 mm in diameter were used for the experiment.

The murine model for melanoma pulmonary metastasis was developed by administration of B16 cell suspension (1x10⁶ cells) through the tail vein of the mice. Histological evaluation was performed 14 days after the administration of cell suspension.

Animal groups and local hyperthermia for melanoma skin tumor model. A total of 150 mice with melanoma nodules were randomly divided into five groups: group I formed the control group, group II received 46°C hyperthermia for 15 min, group III received 48°C hyperthermia for 15 min, group IV received 50°C hyperthermia for 15 min and group V received 55°C hyperthermia for 10 min. As we observed in our preliminary experiment, certain mice died of dehydration under 55°C hyperthermia for 15 min, therefore a 10-min treatment was adopted for group V. Mice were anesthetized with 1% pentobarbital and subjected to hyperthermia using the heating and humidification biological platform (Fig. 1). The temperature was measured at the tumor center and in the rectum by a 0.1-mm thermocouple temperature probe (Model IT-18, copper-constantan, Physitemp, New Jersey, USA) inserted into the tumor tissue and rectum, respectively. The probe fibers were connected to a four-channel millivoltmeter (model XSOL-4, Beijing Kunlun Tianchen Instrument Technology, Co., Ltd, Beijing, China) and the data were collected every 6 sec using a PC with home-written software.

After inducing hyperthermia, the long and short axes of the tumors were measured with digital calipers at 1-2-day intervals, and tumor volumes were calculated using the formula: \( V = \frac{1}{2} \times A^2 \times B \), where \( A \) is the length of the short axis and \( B \) the length of the long axis. The results of the experiments may have clinical significance for melanoma treatment.

Materials and methods

Cell line and cell culture. The murine B16-F10 melanoma cell line was obtained from Cell Center, Institute of Basic Medical Sciences, Chinese Academy of Medical Sciences and Peking Union Medical College, China. The cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% heat-inactivated fetal bovine serum, 100 U/ml penicillin and 100 µg/ml streptomycin. The cell cultures were maintained at 37°C in a 5% CO₂ humidified atmosphere at pH 7.4. When the cells reached 90% confluence, a cell suspension was obtained by trypsinization.

Animal and tumor models. Male C57BL/6 mice (aged 8 weeks) were purchased from the Hsing-Long laboratory animal breeding center (Beijing, China). Throughout the experiment, the animals were housed four or five per cage in standard cages. The animals were kept in these facilities for at least 3 days prior to the experiments. All protocols were approved by the Institutional Animal Care and Use Committee (IACUC) of Tsinghua University, Beijing, China.

To create a murine model for melanoma skin cancer, B16 tumor cells (1x10⁶ in 100 µl PBS) were injected into the flank of mice which were anesthetized by intraperitoneal injection of sodium pentobarbital (50 mg/kg body weight). Melanoma nodules that had grown to 5-6 mm in diameter were used for the experiment.

The murine model for melanoma pulmonary metastasis was developed by administration of B16 cell suspension (1x10⁶ cells) through the tail vein of the mice. Histological evaluation was performed 14 days after the administration of cell suspension.
B is the length of the long axis. Surviving mice were counted until all group II mice had died. Survival rates were recorded as percentage survivals.

**Histopathological analysis.** At 16 h and at 7 days after the hyperthermia treatment was completed, a necropsy was performed after the animals were sacrificed and organs were placed immediately into 10% neutral-buffered formalin (NBF). Tissues were processed and embedded in paraffin and sectioned at 6 µm. Sections were stained with hematoxylin and eosin (H&E) from routine histological evaluation. Six randomly selected animals per group were used in the experiments. Tumor tissues were analyzed in 5 randomly selected fields per section.

**Detection of cytokine mRNA in the spleen using RT-PCR.** Spleens were collected from randomly selected mice in each group at 7 and 14 days after the hyperthermia treatment was completed. RNA was prepared by homogenization of the tumor with RNAzol followed by RNA extraction according to the manufacturer's instructions. RNA concentrations were measured, and 2 µg total cellular RNA was reverse transcribed in a 200-µl volume using oligo(dT)$_{15}$ as a primer and Moloney murine leukemia virus reverse transcriptase. cDNA (2 µl) was amplified by PCR using primers specific to individual murine cytokines. The reaction mixtures used in the reverse transcription of cDNA and PCR are shown in Tables I and II.

**Rechallenge.** Mice with complete tumor regression which were cured by local hyperthermia were rechallenged with B16 melanoma cells (approximately 1x10$^6$ cells) by subcutaneous inoculation on the right side abdomen 60 days after hyperthermia treatment. The tumor growth and survival time of the mice were observed.

**Combined therapy for lung metastasis treatment.** Mice were randomly divided into three groups. Group I formed the control group, which received no treatment. In group II (PBS + hyperthermia group), local subcutaneous tumors were heated to 50°C and maintained for 15 min, then PBS was injected into the tumors locally following hyperthermia treatment. In group III (C48/80 + hyperthermia group), local subcutaneous tumors were heated to 50°C and maintained for 15 min, then C48/80 was injected into the tumors locally following hyperthermia. The heating method was the same as that used in the thermal dose filtering experiment.

**Statistical analysis.** All experiments were repeated at least twice. SPSS 10.0 statistical software was applied for analysis. Variances were homogeneous in each group and a q-test was used to analyze the variance between the means in groups. Differences between the means were considered statistically significant at P<0.05, and were considered highly significant at P<0.01. MxPro QPCR 3.20 software was used for analysis of RT-PCR data to obtain Ct values.

**Results**

**Temperature monitoring in local hyperthermia.** Target temperatures at the center of the tumors were attained within 2-4 min and maintained by controlling the thermal current intensity. The temperature in the rectum increased only slightly, and was maintained within the normothermic range (approximately 37°C) during heat treatment. All experimental animals tolerated the hypothermic treatment well (Fig. 2).

**Tumor growth following hyperthermia.** Tumor volumes in the 46 and 48°C groups were significantly reduced compared with those in the control group (P<0.05). Inhibition of tumor growth by hyperthermia at 50 and 55°C was particularly effective (P<0.01; Fig. 3). One of the mice in the 50°C group exhibited
tumor growth 15 days after treatment, the remainder of the group and all mice in the 55°C group remained tumor-free. Two mice in the 55°C group suffered burns to the skin in the process of heating.

**Survival of tumor-bearing mice.** As shown in Fig. 4, the survival of tumor-bearing mice was prolonged by hyperthermic treatment in all four treatment groups (P<0.05), and this was most evident in the 48, 50 and 55°C groups (P<0.01). One of the mice in the 50°C group died on the 48th day due to tumor growth. The remaining five mice in the 50°C group and all mice in the 55°C group survived for a period of 60 days following hyperthermia treatment.

**Histopathological observation of tumors.** As shown in Fig. 5A, large numbers of actively proliferating tumor cells were observed in the center of the tumors in the untreated control group (top left) 16 h after the start of the experiment. There was obvious chromatorrhexis and dissolution of tumor cells in the hyperthermia groups, as well as blood vessel destruction within tumors. Tumors showed increased signs of necrosis, congestion and hemorrhage as the temperature increased. Seven days after hyperthermia treatment, there was an obvious decrease in the quantity of tumor cells and increased tumor tissue hemorrhage in the treated groups as the temperature
increased, compared with those in the control group (Fig. 5B). Tumors in the 50 and 55˚C groups disappeared completely 14 days after hyperthermia treatment, and white knots were formed hypodermically, which on macroscopic pathological observation were found to contain many fat vacuoles.

**Expression of IL-2, IFN-γ and TNF-α mRNA in mouse spleens.** Compared with the control group, except for a slight increase in IL-2 mRNA expression in the 55˚C group, there was a slight decrease in the expression levels of IL-2, IFN-γ and TNF-α mRNA in all groups 7 days after hyperthermic treatment. After 14 days, compared with the control group, IL-2 and IFN-γ mRNA expression increased significantly in all hyperthermia groups (1.64-fold in the 46˚C group, 3.32-fold in the 50˚C group and 9.77-fold in the 55˚C group). TNF-α mRNA expression increased in the 50˚C group (2.79-fold) and 55˚C group (1.92-fold), and decreased in the 46˚C group (0.65-fold), compared with that in the control group (Fig. 6).

**Rechallenge in tumor-free mice.** Tumor nodules appeared gradually in control mice implanted with melanoma cells, and evolved into rapid growth 6 days after implantation. Five tumor-free mice from the 50˚C group and six from the 55˚C group were implanted with melanoma cells. Mice in both hyperthermic groups survived and remained tumor-free for 60 days after implantation, indicating that they were protected completely from rechallenge with B16 cells. The tumor-free mice demonstrated an antitumor memory response to B16 cells (Figs. 7 and 8).

**Pulmonary metastasis assay.** On day 14, H&E staining indicated areas of tumor in the lungs. Macroscopic observations were further confirmed by microscopic examination of lung samples, which revealed an obvious reduction of tumor cells in the lungs of group II mice administered hyperthermia alone. In group III mice (receiving C48/80 + hyperthermia), lungs were similar to normal lungs on visual inspection, with dotted or absent tumor cells noted on pathological observation. Traces
of inflammation were observed following tumor regression in the lungs of hyperthermically treated mice. In the control group, tumor cells were observed in a large area in the lungs of mice, with strong acidophilic staining, large nuclei, and with good reproductive potential (Figs. 9 and 10).

**Discussion**

In the present study, local high-temperature hyperthermia at 46 and 48°C for 15 min inhibited the growth, but did not induce regression, of subcutaneous B16 melanoma cells. Hyperthermia at 50°C for 15 min and 55°C for 10 min induced complete tumor regression. However, in the 55°C group certain mice suffered skin burns and several suffered skin wound infection as a consequence. Mice treated with hyperthermia in the 50 and 55°C groups remained tumor-free and in healthy condition after being rechallenged with melanoma cells in situ. This suggests that local high-temperature hyperthermia at 50 and 55°C effectively stimulates an immune response in mice and creates an antitumor immune memory, as shown by the cytokine data. Overall, our data suggest that 50 and 55°C local hyperthermia is effective in the treatment of melanoma and may have potential clinical value.

The use of hyperthermia to treat cancer in the clinical practice is based on its direct cytotoxic effect and the resulting enhanced sensitivity to radiotherapy and chemotherapy, and heat-induced antitumor immune responses (16). In our study, pathological observations 16 h after hyperthermia treatment at 46-55°C revealed temperature-dependent tumor tissue changes, with varying degrees of necrosis, congestion and hemorrhage. Our specially designed biological hyperthermia platform was able to achieve a temperature between 50 and 55°C, which was high enough to induce tumor cell necrosis. The necrotic tumor cells, destroyed by hyperthermia, released their intracellular contents including tumor antigenic peptides. Antigenic peptides are taken up by immature DCs and presented to T-cells via MHC class I and/or II antigens (17-19). We speculate that 50 and 55°C hyperthermia resulted in sufficient antigen exposure, due to tumor cell necrosis, to activate an immune response, which successfully defended the rechallenge with B16 melanoma cells and destroyed the ectopically transplanted tumors.

The antitumor immune effect is dominated by Th1 CD4+ T lymphocytes, which produce the cytokines IL-2, IFN-γ and TNF-α. Humoral immunity is associated with Th2 CD4+ T lymphocytes, which produce the cytokines IL-4, IL-6 and

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Figure 9. Lung tissue from murine model of melanoma pulmonary metastasis 14 days after hyperthermia treatment. (A) group I; (B) group II; (C) group III; (D) normal lung tissue. In group I, lung surfaces were densely covered with metastatic lesions. In group II, metastatic lesions appeared less frequently than in the control group. In group III, lung tissue was similar to normal lung tissue with no obvious metastatic tumor metastatic nodules observed.

Figure 10. Histopathology of lung tissue in murine model of melanoma pulmonary metastasis with H&E staining, 14 days after hyperthermia treatment. Magnification, (A, B, C) x200; bar, 1 mm. (D, E, F) x400; bar, 200 μm. (A and D) group I; (B and E) group II; (C and F) group III.
Chemotherapy induces intratumoral expression of γα-α-α-γ. Microscopic analysis, and no obvious tumor cells on microscopic hyperthermia and C48/80 showed no tumor nodes on macroscopic treatment of lung metastases was not fully effective. However, the lungs of mice treated with 50˚C for 15 min were the most effective treatment regimens used to control tumor growth and stimulate an immune response. Although 55˚C for 10 min was the most effective treatment regime, it involved a high risk of skin burn injury and dehydration in mice. Thus, 50˚C for 15 min was considered the optimal treatment regime for melanoma. Hyperthermia at 50˚C for 15 min for the treatment of lung metastases was not fully effective. However, the lungs of mice treated with 50˚C hyperthermia and C48/80 showed no tumor nodes on macroscopic analysis. Local hyperthermia at the optimal thermal dose in combination with immunoadjuvant C48/80 is an effective approach for treating B16 melanoma lung metastasis. Local hyperthermia increased the infiltration of leukocytes, including mast cells at the site of tumors (27). The adjuvant activity of C48/80 was associated with its ability to induce DC migration via a mechanism that required mast cells and mast cell-derived TNF (14). Furthermore, McGowan et al reported that C48/80 produced much greater levels of IFN than it did IL-4, IL-5, IL-6 or IL-17, and reduced the IgG1/IgG2a ratio. Therefore they considered it possible that C48/80 acts through the connective tissue mast cells to stimulate an environment favorable for the development of Th1 immune responses (15). Based on the above, synergy may be created by the combined treatment of C48/80 and local hyperthermia, which form an effective resistance to lung metastasis in the therapy for lung metastasis treatment. Research on the mechanisms of this combined treatment requires further development.

In conclusion, we have shown that local high-temperature hyperthermia at 50˚C for 15 min and 55˚C for 10 min is effective in treating melanoma in mice, with 55˚C for 10 min being particularly effective. Additionally, local hyperthermia at 50˚C for 15 min in combination with the immune adjuvant compound 48/80 was effective in the treatment of B16 murine lung melanoma metastases. The significant inhibition of tumor growth by hyperthermia is likely due to a synergistic effect of direct cytotoxicity by heating, and induction of an antitumor immune response elicited by antigen release from necrotic tumor cells. The increased secretion of Th1-type cytokines in the spleen following hyperthermic treatment is also likely to participate in the antitumor immune response. Additional research on the application of high-temperature hyperthermia and C48/80 for in situ melanoma and treatment of lung metastases is warranted in order to translate the treatment to a clinical setting.

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References