Presence and enzymatic activity of prostate-specific antigen in archival prostate cancer samples

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Abstract. Patients with advanced prostate cancer frequently have a poor prognosis as a result of metastasis. The serum prostate-specific antigen (PSA) test is widely used for the diagnosis of prostate cancer. The enzymatic activity of PSA may be involved in the invasion of prostate cancer. We set out to determine the prevalent form of PSA in human prostate adenocarcinoma samples by ELISA and Western blot analysis and its enzymatic activity using a synthetic substrate S-2586 and fibronectin. Our results show that in serum from prostate cancer patients and in tumour homogenates, the prevalent form was PSA bound to α1-antichymotrypsin. All homogenates showed enzymatic activity towards a synthetic PSA substrate, whereas only five samples showed activity at 28 kDa towards fibronectin as determined by enzymography, which is most likely due to active PSA. Human prostate cancer LNCaP cells produced largely inactive PSA. In comparison, 22Rv1 cells produced 29-fold less PSA, but with high specific activity. Similarly, our results from the human prostate cancer tissue samples also show that free PSA appears to exist in diverse forms of very different specific activity. Since PSA, as a serine protease, may be involved in the invasion of prostate cancer, our results suggest that prostate cancers have potentially diverse invasive capacity due to differences in specific enzymatic activity of PSA.

Introduction

Patients with advanced prostate cancer frequently have a poor prognosis as a result of metastasis. The 5-year survival rate for men diagnosed with advanced prostate cancer is only 33.5%, compared to 100% when the cancer is initially diagnosed as localised (1). There are several lines of evidence suggesting that the serine protease, prostate-specific antigen (PSA), could be involved in cancer cell invasion and metastasis. PSA is generally known as a diagnostic marker for prostate cancer and is also used for monitoring of the disease. Physiologically PSA hydrolyzes semenogelins I and II to increase sperm motility (2). Other substrates of PSA include fibronectin (3) and insulin-like growth factor binding proteins (4). The cleavage of these substrates by PSA may be related to its involvement in cancer cell invasion (5,6).

Increased serum PSA levels correlate to tumour volume (7) and most probably result from leakage of PSA from the prostatic ductal system into the prostatic stroma and subsequently into the blood stream. The serum PSA test measures total PSA, which has been defined to consist of all immunodetectable PSA and comprises mostly of free PSA and PSA bound to the protein inhibitor α1-antichymotrypsin (ACT) (8). One of the various forms of free PSA, pro-PSA, the latent form of PSA, has to be activated by the action of specific other proteases, likely kallikrein-2, -4 or -15 (9).

As opposed to serum, where PSA correlates to tumour volume, PSA staining intensity in tumour tissue has been shown to inversely correlate to the Gleason score. By immunohistochemistry (7,10) and similarly by in situ hybridization (11), prostate cancer tissue shows less staining for PSA than benign prostatic hyperplasia. In tissue homogenates, PSA correlates inversely with tumour stage and cytological grade and is a much better indicator of prostate cancer than serum PSA (12,13).

We set out to determine the prevalent form of PSA and its activity in human prostate tumour samples towards several substrates and compare the results to serum from prostate cancer patients and human prostate cancer cells. The enzymatic activity of PSA in prostate cancer tissue has not been studied, with the exception of a study by Denmeade et al (14) in which...
expant tissue from human prostate tumour samples was used to determine that >80% of PSA is active. The activity was measured using a fluorescent synthetic oligopeptide, which may not be biologically relevant, as PSA cleaves its physiological substrates, semenogelins I and II and fibronectin, at many different sites and amino acids (15).

**Materials and methods**

**Patient population and sample collection.** The research project was approved by the Thunder Bay Regional Health Sciences Centre Research Ethics Team and the Board Ethics Committee of St. Joseph’s Care Group (Thunder Bay, ON, Canada). Signed informed consents were obtained from patients before the processing of the samples. Serum of six prostate cancer patients with PSA >100 ng/ml was available. Patients had histologically documented prostate adenocarcinoma and ranged from 43 to 83 (median 73) years of age. Venous blood samples were collected in 10 ml tubes and allowed to clot. The serum was frozen at -80°C until performance of the analysis. Human prostate adenocarcinoma samples were obtained after prostatectomy between 1992 and 1995. The Gleason scores for each of the samples were obtained from records in the Pathology Department and were blindly assessed by S. V.-P. using midway sections from the frozen samples (16,17). Samples were snap-frozen in liquid nitrogen and kept at -80°C. Up to ten 8-μm thick sections of frozen tumour samples were homogenised in 1% SDS using a Potter-Elvehjem tissue grinder. The amount of total protein was determined using the CBQCA protein quantitation kit (Molecular Probes, Eugene, OR). Midway sections were mounted and stained with H&E after methanol fixation.

**Cell culture.** Mycoplasma-free human prostate adenocarcinoma LNCaP (18) and 22Rv1 cells (19) were obtained from ATCC (Manassas, VA) and maintained in RPMI-1640 supplemented with 10% FBS (Hyclone, Logan, UT), 1 mM sodium pyruvate, 10 mM Hepes and antibiotics (100 U/ml penicillin sodium, 100 μg/ml streptomycin sulfate, 0.25 μg/ml amphotericin B). Media and supplements were obtained from Invitrogen (Burlington, ON, Canada). Prostate cancer cells were grown till 70-80% confluency and washed three times with PBS after which serum-free medium was added. After 5 days, the medium was collected and the cells were lysed using 50 mM Tris-Cl, pH 8.0, 150 mM NaCl, 1% NP-40. The conditioned media (CM) were quantified using a commercially available ELISA kit (Medicorp, Montreal PQ, Canada) against a standard curve. The amount of PSA was expressed as ng/ml in the case of serum and CM or as ng/μg of total protein for the homogenates.

**Enzymatic activity assays.** Enzymatic activity was determined using the synthetic chromogenic substrate S-2586 (DiaPharma, West Chester, OH) or using fibronectin as a substrate. Hydrolysis of S-2586 upon incubation with the samples in 0.1 M sodium phosphate buffer and 0.01% Tween-20 (pH 8.0) at 37°C was followed spectrophotometrically at 405 nm. The rate of degradation was determined against a standard curve of 2.5 μg/ml human fibronectin (Sigma-Aldrich, Oakville, ON, Canada or Chemicon) for 4 or 24 h at 37°C, followed by separation on 5-20% SDS-PAGE and staining with Coomassie Blue. Fibronectin enzymography was carried out by adding 0.4 mg/ml fibronectin to the serum of samples (5 μg) in the presence of 2.5 μg human fibronectin (Sigma-Aldrich, Oakville, ON, Canada or Chemicon) for 4 or 24 h at 37°C, followed by separation on 5-20% SDS-PAGE and staining with Coomassie Blue. Enzymatic activity was determined using a fluorescent synthetic oligopeptide, which may not be biologically relevant, as PSA cleaves its physiological substrates, semenogelins I and II and fibronectin, at many different sites and amino acids (15).

**Results**

**PSA expression in human prostate cancer cell lines.** Human prostate adenocarcinoma LNCaP and 22Rv1 cell lines express PSA, albeit to differing degrees (20-22). We confirmed the expression of PSA in these cell lines by quantitative RT-PCR, Western blot analysis and ELISA. By RT-PCR, LNCaP cells expressed 96.4 times more PSA than 22Rv1 cells (data not shown). PSA secreted into the medium by the LNCaP and 22Rv1 cells amounted to 846.9±154.1 and 21.6±0.56 ng/μl, respectively. PSA expression in human samples was detectable in serum (Fig. 1A and B). Tumour specimens were also collected from nine prostate cancer patients with Gleason scores between 6 and 9. The Gleason score for each sample was obtained from the original patient records and independently assessed using one H&E-stained midway section from each of the frozen samples. One of the nine samples, R238, was recorded as Gleason score 5, but this score for each sample was obtained from the original patient records and independently assessed using one H&E-stained midway section from each of the frozen samples. One of the nine samples, R238, was recorded as Gleason score 5, but this
could not be independently confirmed due to the insufficient quality of the frozen section. Frozen tumour specimens were homogenised and subjected to Western blot analysis and ELISA to detect PSA. All tumour homogenate samples contained PSA bound to ACT, to differing amounts (Fig. 1A). Free PSA was detected in five out of the nine prostate tumour samples (Fig. 1B). The same five PSA-positive homogenates as determined by Western blot analysis were also clearly positive for PSA by ELISA (Table I). The amount of PSA detected by ELISA ranged from 3.14±0.67 to 12.21±3.62 ng/μg protein. Densitometry of the bands corresponding to 29 kDa PSA-form as determined by Western blotting (Fig. 1C) correlated very well with the results obtained by PSA ELISA results ($r^2$=0.962, p<0.001).

Activity of PSA as measured by the cleavage of the synthetic substrate S-2586. To detect enzymatic PSA activity in the different samples, the synthetic chymotrypsin substrate S-2586 was used. Concentrated CM obtained from human prostate cancer LNCaP and 22Rv1 cells showed little, but detectable PSA activity towards S-2586 (Table II). The activity amounted to 0.011 pmol/h/ng PSA in the LNCaP cells and 0.29 pmol/h/ng PSA in the 22Rv1 cells. PSA activity was unaffected by the chymotrypsin inhibitor, Tosyl Phenylalanyl Chloromethyl Ketone (TPCK) (data not shown). Of the nine tumour homogenates, R256 showed very high activity against S-2586 (Table I), followed by R817. The activity of the tumour samples against S-2586 was inhibitable to a certain extent by TPCK. The highest inhibition of activity by 100 μg/ml TPCK amounted to 55% in R256. In samples with low activity, such as R368 and R444, the inhibition was 34 and 19%, respectively. In R191, the inhibition only amounted to 1.8%. Serum samples showed comparable activity to five of the tumour samples with low activity. The most activity was found in serum V, which contained the lowest amount of PSA (0.20±0.03 ng/μl).

Figure 1. PSA expression determined by Western blot analysis. (A) Homogenised prostate tumour samples (5 μg per sample) were run under non-reducing conditions, transferred to nitrocellulose membrane and probed for (A) PSA bound to α1-antichymotrypsin (PSA-ACT), or for (B) PSA. Samples also included serum samples (D, M, N, P, T, and V), concentrated CM obtained from human prostate adenocarcinoma LNCaP or 22Rv1 cells cells (20 μl) and 25 ng PSA. For the sera an equivalent of 6 ng PSA, as calculated from the results of the PSA-ELISA, was loaded per lane. (C) Densitometric analyses of the bands corresponding to PSA and PSA-ACT as observed in each of the nine tumour homogenates by Western blot analyses shown in (A) and (B).
Activity of PSA as measured by the cleavage of fibronectin. Fibronectin is one of the physiological substrates of PSA (23). Enzymatic activity of PSA was measured against fibronectin in two different ways. Enzymography was carried out by adding 0.4 mg/ml fibronectin to the separating gel and subsequent incubation to allow degradation followed by Coomassie Blue staining. Activity towards fibronectin was observed at 29 kDa in LNCaP CM (Fig. 2B). Fibronectin degrading activity was also observed in sera at molecular weights corresponding to 28 and 79 kDa. Fig. 2A shows the activity observed in the tumour homogenates. In the tumour samples R191, R238, and R444, activity was observed at molecular weights corresponding to 28 and 29 kDa, whereas R256 showed fibronectinolytic activity at a slightly higher molecular weight and at >90 kDa. Tumour sample, R82, clearly showed three bands ~30 kDa.

Fibronectin was also directly incubated with tumour homogenates at 37°C for 4 and 24 h and subsequently run on a gradient SDS-PAGE of 5-20% (Fig. 3). Tumour sample, R256, clearly contained degradative capacity towards fibronectin, as all three higher molecular weight protein bands ~170, 140 and 105 kDa disappeared upon 4 h incubation. The same also happened in the presence of R82, but to a lesser extent. The degradation could be inhibited by the addition of 200 μM Zn2+. PSA (200 ng), however, was unable to degrade fibronectin over 4 h, whereas 2.8 μg PSA was sufficient, especially when the incubation time was increased to 24 h. The degradation of fibronectin by R256 could be inhibited by TPCK, but again only partially.

Discussion

Western blot analysis shows that the majority of PSA was present in the 29-kDa form in LNCaP-CM, as previously reported (24). In the 22Rv1 cells, PSA expression was undetectable by Western blotting, but was confirmed by.

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Table I. Enzymatic activity of PSA in human prostate tumour homogenates.a

<table>
<thead>
<tr>
<th>Sample</th>
<th>Gleason Score</th>
<th>Amount of PSA (ng/μg protein)</th>
<th>PSA activity (nmol/h/μg protein)</th>
<th>Specific activity (nmol/h/ng PSA)</th>
</tr>
</thead>
<tbody>
<tr>
<td>R82</td>
<td>6</td>
<td>12.21±3.62</td>
<td>0.25±0.05</td>
<td>0.02±0.01</td>
</tr>
<tr>
<td>R84</td>
<td>6</td>
<td>3.43±0.67</td>
<td>0.29±0.05</td>
<td>0.09±0.02</td>
</tr>
<tr>
<td>R191</td>
<td>8</td>
<td>0.04±0.02</td>
<td>0.09±0.05</td>
<td>2.31±1.35</td>
</tr>
<tr>
<td>R238</td>
<td>5b</td>
<td>&lt;0.04±0.02</td>
<td>0.40±0.07</td>
<td>&gt;9.98±5.25</td>
</tr>
<tr>
<td>R256</td>
<td>9</td>
<td>&lt;0.07±0.06</td>
<td>3.10±0.35</td>
<td>&gt;44.27±38.27</td>
</tr>
<tr>
<td>R348</td>
<td>6</td>
<td>9.73±2.46</td>
<td>0.76±0.13</td>
<td>0.08±0.02</td>
</tr>
<tr>
<td>R368</td>
<td>7</td>
<td>3.14±0.67</td>
<td>0.34±0.03</td>
<td>0.11±0.03</td>
</tr>
<tr>
<td>R444</td>
<td>6</td>
<td>4.90±1.41</td>
<td>0.48±0.08</td>
<td>0.10±0.03</td>
</tr>
<tr>
<td>R817</td>
<td>9</td>
<td>&lt;0.03±0.02</td>
<td>0.78±0.13</td>
<td>&gt;26.09±17.84</td>
</tr>
</tbody>
</table>

aThe enzymatic activity of PSA (± SEM) was determined in prostate tumour homogenates obtained from nine prostate cancer patients by the rate of cleavage of S-2586. The amount of PSA (± SEM) was determined by ELISA. The activity is expressed per ng PSA or μg total protein. bGleason score could not be independently confirmed.

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Table II. Enzymatic activity of PSA in serum samples and LNCaP- and 22Rv1-conditioned medium.a

<table>
<thead>
<tr>
<th>Sample</th>
<th>Amount of PSA (ng/μl)</th>
<th>Specific PSA activity (nmol/h/ng PSA)</th>
</tr>
</thead>
<tbody>
<tr>
<td>D</td>
<td>2.10±0.18</td>
<td>0.10±0.05</td>
</tr>
<tr>
<td>M</td>
<td>1.06±0.09</td>
<td>0.09±0.02</td>
</tr>
<tr>
<td>N</td>
<td>0.92±0.07</td>
<td>0.12±0.05</td>
</tr>
<tr>
<td>P</td>
<td>0.23±0.05</td>
<td>0.16±0.08</td>
</tr>
<tr>
<td>T</td>
<td>3.77±0.17</td>
<td>0.05±0.01</td>
</tr>
<tr>
<td>V</td>
<td>0.20±0.03</td>
<td>0.70±0.12</td>
</tr>
<tr>
<td>LNCaP-CM</td>
<td>3843.2±699.2</td>
<td>0.011±0.001</td>
</tr>
<tr>
<td>22Rv1-CM</td>
<td>72.63±1.87</td>
<td>0.29±0.09</td>
</tr>
</tbody>
</table>

aThe enzymatic activity of PSA (± SEM) was determined in serum samples obtained from six prostate cancer patients and in concentrated medium conditioned for 5 days by human prostate adenocarcinoma LNCaP or 22Rv1 cells by the rate of cleavage of S-2586. The amount of PSA (± SEM) was determined by ELISA. The enzymatic activity is expressed per ng PSA.
ELISA. The two minor additional bands that were observed in LNCaP-CM when an increased amount of sample was loaded (not shown), most likely represent slightly different forms of PSA, such as N-terminally truncated forms of PSA (21,25). In the LNCaP-conditioned media PSA-ACT was absent, even though these cells express ACT as by determined by RT-PCR (24). This suggests that PSA secreted by LNCaP cells is not in the active form, as ACT can only complex with activated PSA (26). In serum, the opposite was true; the predominant form in serum was PSA-ACT, free PSA was not detectable. This confirmed that PSA in serum is primarily bound to its inhibitors (26). PSA-ACT was also detectable in all nine tumour samples analysed, albeit to differing amounts. Free PSA was only detected in five out of the nine
prostate tumour samples. The same five PSA-positive samples were also clearly positive for PSA by ELISA. Regression analysis showed that the densitometry of the bands corresponding to 29 kDa PSA-form as determined by Western blotting (Fig. 1C) correlated very well to the results obtained by ELISA ($r^2=0.962$, $p=0.000$). Interestingly, when densitometric data for free PSA and PSA-ACT were combined, the correlation was less statistically significant ($r^2=0.724$, $p=0.028$), suggesting that the antibodies utilised by the ELISA do not have equal affinity for free PSA and PSA-ACT.

To measure the enzymatic activity of PSA in the various samples, several approaches were taken. Both S-2586, a synthetic chymotrypsin substrate and fibronectin were employed as substrates. S-2586 has been used extensively to measure PSA activity (21,22,27). However, PSA cleaves its physiological substrates at many different sites and amino acids (15), therefore the use of fibronectin as a substrate may be more biologically relevant. The LNCaP-CM showed little, but detectable PSA activity towards fibronectin by enzymography and S-2586 (Figs. 2B and 3), respectively. Using enzymography, the LNCaP-CM showed activity towards fibronectin at 29 and 79 kDa, indicative of PSA and PSA-ACT. From these results, combined with our ELISA data, we conclude that the LNCaP cells produced more, but less active PSA when compared to the 22Rv1 cells. This confirms earlier reports that PSA produced by LNCaP cells is N-terminally truncated or nicked (21,22,24,25). Surprisingly, when compared to the prostate cancer cells, the serum samples showed much higher activity towards S-2586. The most active serum was serum V, which contained the lowest amount of PSA. Fibronectinolytic activity was observed at 28 kDa in the sera, but the major activity was found at a molecular weight of >79 kDa consistent with the large amounts of PSA-ACT found by Western blot analysis.

Of the nine tumour homogenates, R256 showed very high activity using all three methods. R256 exhibited an activity of 44.3±38.3 nmol/h/ng PSA towards S-2586. Activity of three of the nine tumour samples (R238, R256 and R817) against S-2586 was at least 10-fold higher than the other six. These higher activities were in part due to the low presence of PSA, but were still high when the activity was expressed per μg protein (Table I). Since PSA activity is unaffected by TPCK, a chymotrypsin inhibitor, we used it to evaluate the contribution of PSA in the tumour homogenates. The highest inhibition by 100 μg/ml TPCK amounted to 55% in R256. The activity of most other tumour samples was inhibited only to a certain extent by TPCK (1.8-34%). By enzymography, activity towards fibronectin was observed in five tumour homogenates (R82, R238, R191, R256 and R444). In tumour samples R191, R238 and R444, activity was observed at molecular weights of 28 and 29 kDa, likely corresponding to PSA and pro-PSA. Tumour sample R82 clearly showed three bands, ~30 kDa, with molecular weights corresponding to preproPSA, pro-PSA and PSA. By Western blot analysis, we also observed these three bands when increasing amount of sample was loaded (data not shown).

Tumour homogenates were also directly incubated with fibronectin at 37°C for 4 and 24 h and the degradation was determined. Again, tumour sample R256 clearly was able to degrade fibronectin, as all three higher molecular weight protein bands ~170, 140 and 105 kDa disappeared upon 4 h incubation. The degradation of fibronectin by R256 could only be partially inhibited by TPCK. Fibronectin incubated with chymotrypsin, however, remained largely intact. This suggests that a chymotrypsin-like TPCK-inhibitable enzyme may have been partly responsible for the degradative activity found in R256.

The different assays to determine PSA activity demonstrated somewhat inconsistent results. When fibronectin was incubated with tumour homogenates, it is clear that both R82 and R256 contained degradative capacity towards fibronectin. The degradation could be inhibited by 200 μM Zn$^{2+}$, indicating that PSA, or another related kallikrein, may be responsible for the degradation, at least in part (6,15). However, R256 only contained PSA-ACT and no detectable PSA, neither by ELISA nor Western blot analysis. Using the same method, we also showed that 200 ng PSA was not sufficient to degrade fibronectin over 4 h (Fig. 3B, lane 1). Other proteases can also degrade fibronectin, most importantly the matrix metalloproteinases MMP-2, -7 and -9 (28). Matrilsyn (MMP-7) would be a likely candidate with a molecular weight of 29.7 kDa in its latent form. However, Zn$^{2+}$ does not inhibit MMP-7. The gelatinases MMP-2 and -9 have a higher molecular weight, of 72 and 92 kDa, respectively. Additional likely candidates are other prostatically expressed kallikrein-related peptidases, such as KLK2 and KLK4, that have many similarities with PSA, including overlapping substrate specificities and similar apparent molecular weights of 34 (29) and 40 kDa (30), respectively. Moreover, fibronectin is hydrolysed more efficiently by KLK2 than by PSA (31). On the other hand, S-2586 is not a substrate for KLK2 and R256 showed high activity towards S-2586. Tumour sample R82, however, did not show appreciable activity using S-2586 as a substrate, but exhibited clear PSA expression by Western blot analysis, ELISA and by fibroectin enzymography. The same holds true for R444, but to a lesser extent. Taken together, these data provide evidence for the fact that free PSA appears to exist in diverse forms of very different specific activity. The nature of the proteolytic band at ~30 kDa in R256 remains unclear and will be determined in future investigations.

The prevalent form of PSA in prostate tumour samples, according to molecular weight, appeared to be the 79 kDa PSA-ACT form; other forms of PSA, most likely corresponding to free PSA, were also detectable in five of the nine samples. The tumour homogenates from the patients with the higher Gleason scores of 8 and 9 had no detectable PSA, consistent with reports showing that PSA correlates inversely with tumour stage and cytological grade (12,13). The enzymatic activity of PSA in prostate cancer tissue has not been previously studied, with the exception of a report by Denmeade et al (14) using explant tissue from human prostate tumour samples to conclude that >80% of PSA is active. The activity was measured using a fluorescent synthetic oligopeptide, which may not be biologically relevant, and did not take into account the fact that PSA may exist in different forms of different specific activity. In conclusion, our results from the human prostate cancer tissue samples and two human prostate cancer cell lines showed that free PSA appears to exist in diverse forms of very different specific activity. This may
have implications for the invasive capacity of human prostate cancer, as evidence suggests that the enzymatic activity of PSA may be involved in these processes.

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