Abstract. The present study was conducted to explore the efficacy of suicide gene therapy with thymidine kinase (TK) in combination with cytosine deaminase (CD) for breast cancer. The expression of CD/TK was detected in the infected cells by RT-PCR. The killing effect on MCF-7 cells following treatment was analyzed by MTT assay. The morphological characteristics of the cells were observed by electron microscopy, and the distribution of the cell cycle was analyzed by flow cytometry. Caspase-3 and -8 activities were detected by absorption spectrometry. Cytotoxic assays showed that cells transfected with CD/TK became more sensitive to the prodrugs. Morphological features characteristic of apoptosis were noted in the MCF-7 cells via electron microscopy. The experimental data showed that the proportion of MCF-7 cells during the different phases of the cell cycle varied significantly following treatment with the prodrugs. The activity of caspase-3 gradually increased following treatment with increasing concentrations of the prodrugs. We conclude that the TK/ganciclovir and CD/5-fluorocytosine suicide gene therapy system used here induces apoptosis in breast cancer cells, and provides a promising treatment modality for breast cancer.

Introduction

Breast cancer is the most common malignant tumor noted among women. The incidence rate is consistently increasing with a trend of younger age at diagnosis (1). The incidence of breast cancer involves a complex biological process, and the mechanism involves multi-gene mutations. The current therapeutic strategy for breast cancer consists of comprehensive treatment modalities that include surgery, chemotherapy, radiotherapy and endocrine therapy. Yet, the rates of recurrence and metastasis are still high. Particularly, patients presenting with advanced stage tumors or those suffering from poor health condition and with a low indication for surgical operation, are in need of effective therapeutic methods. Gene therapy is a promising strategy for the treatment of malignancies. Yet, single suicide gene therapy has drawbacks. Combination gene therapy has the added advantages of gene therapy, elevates therapeutic efficacy and overcomes the shortcomings of single gene therapy (2,3). Thus, combination gene therapy has become a new direction for the development of gene therapy. Cytosine deaminase/5-fluorocytosine (CD/5-FC) and thymidine kinase/ganciclovir (TK/GCV) are the most common suicide gene therapy treatment systems (4,5). The fusion gene CD/TK is a new suicide gene exhibiting better therapeutic effects (6). Based on the overexpression of the vascular endothelial growth factor (VEGF) in breast cancer cells and the absence of its expression in normal tissues (7-9), the present study applied the CD/TK fusion suicide gene system driven by the VEGF promoter to MCF-7 tumor cells. The adenovirus vector efficiently infected and killed the target cells and induced breast cancer cell apoptosis. The introduction of the VEGF gene promoter ensured the target of the treatment. The present study provides an experimental basis for further application of double suicide gene therapy strategies.

Materials and methods

Recombinant adenovirus vector. The recombinant adenovirus carrying the VEGF promoter and the CD and TK genes (Ad-VEGF-CD/TK) was constructed and preserved by our group in the Department of General Surgery, Zhujiang Hospital, Southern Medical University, Guangzhou Guangdong, P.R. China. The vector expressing green fluorescence protein was also used. The titer of the purified recombinant adenoviruses was as high as 2.0x10^{11} pfu/ml.

Cells and cell culture. The human breast cancer cell line MCF-7 was obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA). Cell culture medium,
Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS), penicillin-streptomycin-glutamine (X100) and 0.5% trypsin-EDTA solution were purchased from Invitrogen (Carlsbad, CA, USA). As described previously (10), the MCF-7 cell lines were maintained in DMEM supplemented with 10% FBS, 50 IU/ml penicillin and 50 µg/ml streptomycin and were grown at 37°C in a humidified atmosphere with 5% CO₂.

**Transfection.** MCF-7 cells were inoculated in 24-well plates at a density of 2x10⁵ cells/well. After 12 h, the cells were infected with Ad-VEGFP-CD/TK at multiplicities of infection (MOI) of 1, 10, 20, 40, 60, 80, 100 and 200 pfu/cell and then incubated for an additional 48 h. To estimate the optimum MOI of the adenoviral vector in MCF-7 cells, GFP fluorescence was observed under a microscope using a fluorescence light source and a 485-nm filter (Leica, Germany).

**Detection of CD/TK gene expression.** Expression of the CD/TK gene in the infected MCF-7 cells was analyzed by RT-PCR. Total RNA from the treated MCF-7 cells was collected with TRIzol reagent (Invitrogen, La Jolla, CA, USA) according to the manufacturer's protocol and digested with RNase-free DNase to clear residual genomic DNA. RT-PCR was performed with specific primers from corresponding templates of CD/TK (sense, 5'-AGGCTACAGTGCATAAGCT-3' and antisense, 5'-GGTACCTTCCTCCATCTCTC-3') (a DNA fragment of 2,400 bp). For internal control, β-actin (sense, 5'-CGGAGTGCTAAATGGAACG-3' and antisense, 5'-GAGCCCTCTCCTCATGGTGTTGAAGAC-3') was co-amplified with CD/TK (a DNA fragment of 306 bp). Before reverse transcription (RT), residual genomic DNA was removed by treatment with RNase-free DNase (Promega, Madison, WI, USA). Total RNA (750 µg) was used to synthesize cDNA in 9 µl of reaction mixture by the standard protocol with oligo(dT)₁₅ and AMV reverse transcriptase (Promega). PCR reactions were carried out with 10 µl of RT products in 40 µl of reaction system using Taq DNA polymerase. After an initial denaturation at 94°C for 5 min, 30 cycles of amplification were performed under the following conditions: 94°C for 40 sec, 57°C for 60 sec and 72°C for 90 sec. PCR products were run on 1.5% agarose gel containing 0.5 mg of ethidium bromide/liter.

**Sensitivity of the cells to GCV and 5-FC.** Adenoviral-infected and uninfected parental cells were plated at a density of 10³ cells/well with various concentrations (0.001, 0.01, 0.1, 1, 10, 100 and 1,000 mg/l) of GCV or various concentrations of (10, 20, 40, 80, 160, 320 and 640 mg/l) 5-FC (both from Syntex, Palo Alto, CA, USA) or both agents in 96-well flat-bottomed culture plates (Costar, Bethesda, MD, USA). After incubation for 2 days, the sensitivity of the cells to the produgs was evaluated using the tetrazolium salt 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) (Sigma, St. Louis, MO, USA) conversion assay. The viability of the cells was determined by comparing the number of viable cells with and without GCV and 5-FC.

**Transmission electron microscopy.** MCF-7 cells were cultured with the adenoviral vector and the produgs and incubated for 48 h at 37°C. The cultured cells were harvested using trypsin and centrifuged for 10 min at 3,500 rpm and room temperature. The pellets were fixed in 4% (v/v) glutaraldehyde in 0.1 M cacodylate buffer (pH 7.4) for 4 h at 4°C. The fixed cells were centrifuged and the pellets were blocked in serum which was later fixed in glutaraldehyde overnight at 4°C. The specimens were washed in three changes of sodium cacodylate buffer (pH 7.4) for 10 min each, postfixed in 1% osmium tetroxide at 4°C. The specimens were then washed in three changes of sodium cacodylate buffer (pH 7.4) for 10 min each and dehydrated with a graded series of acetone (35, 50, 75, 95 and 100%). The cells were then infiltrated with acetone and resin and embedded with 100% resin in beam capsule and left to polymerize at 60°C for 48 h. The area of interest in the embedded cell resin block was chosen using the toulidine blue staining and later examined using light microscope. The selected area was cut in ultrathin sections using an ultramicrotome. The sections were placed into a grid and stained with uranyl acetate for 10 min followed by 50% filtered acetone and finally stained using lead which was then washed twice with distilled water. The stained samples were then viewed under transmission electron microscope (Phillips, Eindhoven, The Netherlands).

**Flow cytometric analysis.** The experiments were divided into four groups: control group, the low concentration group (0.1 mg/l+40 mg/l) (GCV+5-FC), the medium concentration group (1+80 mg/l) and high concentration group (10+160 mg/l) for 48 h. To quantitatively measure the percentage of cells undergoing apoptosis, 100 ml of the cells (2x10⁶) suspended in 1X binding buffer was transferred to a 5-ml culture tube. Five microliters of FITC-conjugated Annexin V and 1 ml of 50 mg/ml PI reagents (Annexin V-FITC kit; BD Pharmingen, USA) were added and then incubated for 15 min at room temperature in the dark. After the addition of 400 ml 1X binding buffer, flow cytometric analysis was performed within 1 h (FACSCaliber; Becton-Dickinson, USA) according to the manufacturer's instructions (11).

**Caspase activity.** Caspase-3 and -8 activities were measured using colorimetric assay kits (R&K Systems). After transduction of the MCF-7 cells with the adenoviral vector and subsequent incubation with the produgs 5-FC and GCV for 48 h, cells were washed with ice-cold PBS, and caspase-3 and -8 activities were determined using the kit following the manufacturer's recommendations. The control uninfected MCF-7 cells were accepted the same treatment. Caspase colorimetric substrates DEVD-pNA (caspase-3) or IETD-pNA (caspase-8) were added to the cell lysate, and assays were performed in a 100-µl volume in 96-well flat-bottomed plates. Chromophore p-nitroanilide was released as a result of cleavage of the substrates by caspase activity. The caspase enzymatic activity in the cell lysate was directly proportional to the chromophore formation, which was quantified spectrophotometrically at a wavelength of 405 nm using a microplate reader. Data were corrected for the background values that had no substrate or no cell lysate treatment.

**Results**

**Effective infection of the adenoviral vector in the MCF-7 cells.** To determine the infection efficiency of the adenoviral
vector in MCF-7 cells, we infected the MCF-7 cells with the Ad-vector at a MOI ranging from 1 to 200 pfu/cell. Fig. 1 shows different transient expression of the recombinant GFP genes in MCF-7 cells and an optimal expression at 48 h post-infection. At a MOI of 100 pfu/cell, >95% MCF-7 cells were GFP-positive without obvious adenoviral toxicity (Fig. 1B). Therefore, we performed most of our studies at 48 h of incubation using the optimal MOI of 100 pfu/cell.

CD/TK gene expression in adv-infected MCF-7 cells. We used RT-PCR to detect the expression of the CD/TK gene. A 2,400-bp fragment of the CD/TK gene was observed, which was consistent with predicted results (Fig. 2). As expected, without CD/TK expression, the growth of the parental MCF-7 cells was not infected by the adenoviral vector.

Cytotoxicity of double suicide gene treatment. To determine whether double prodrugs (5-FC+GCV) enhance the cytotoxicity of the suicide gene system in vitro, MCF-7 cells were infected with the recombinant adenovirus containing the CD/TK fusion gene, and their sensitivity to the prodrugs was compared using MTT assays. As shown in Fig. 3, both prodrugs yielded killing effects on MCF-7/CDTK cells in a concentration-dependent manner. The sensitivity of MCF-7/CDTK cells to 5-FC+GCV was greater than the sensitivity to 5-FC or GCV alone (P<0.01). To achieve an equal killing effect, lower doses of 5-FC+GCV could be used. These results demonstrated that double prodrug therapy was superior to a single prodrug. As shown in Fig. 3, we found that either GCV or 5-FC had no significant effects on the non-infected MCF-7 cells when compared to the experimental group (MCF-7/CDTK+5-FC/GCV) (P<0.01).
Effects of the prodrugs on MCF-7 using transmission electron microscopy. Prodrug-treated MCF-7 cells exhibited cell death corresponding well with the classical features of apoptosis: nuclear collapse, continuing blebbing and apoptotic body formation (Fig. 4B). TEM ultrastructure of untreated MCF-7 cells showed no aberrant structure (Fig. 4A).

Flow cytometric analysis of the cell cycle and apoptosis. Analysis of the cell cycle revealed that the percentage of cells in the $G_0$-$G_1$ phase was increased and the percentage of cells in the $G_2$-$M$ and S phase was decreased in the treatment group as detected by flow cytometry. Apoptotic peak was also shown on the leave side of $G_0$-$G_1$. The peak became more evident with increasing concentrations of the prodrugs. As shown in Fig. 5 and Table I, the apoptotic peak and cell percentage increased with increasing concentrations of the prodrugs. The effect showed a dose-response relationship. Statistical analysis revealed a significant difference in the numbers of apoptotic cells between the two groups ($P<0.05$).
Caspase-3 and -8 activities. The present study demonstrated that the prodrugs induced apoptosis in the adv-infected MCF-7 cells, and we aimed to ascertain whether this involved caspase-3 or -8 activity. Chromogenic caspase-3 and -8 substrates were used to directly examine the role of these caspases in the prodrug-treated cells. The activity of caspase-3 (Fig. 6A) was clearly increased following the treatment of MCF-7 cells with GCV and 5-FC. Caspase-3 activity was further significantly increased following the combination treatment of GCV and 5-FC for 48 h, compared with control alone (P<0.05). These data suggest that the prodrugs promote double suicide gene-induced apoptosis in MCF-7 cells via a caspase-3-dependent apoptosis pathway. Experimental results showed that caspase-8 was not activated in the prodrug-treated MCF-7 cell lines (P>0.1) compared to the untreated controls (Fig. 6B).

Discussion

One potential therapeutic strategy for cancer treatment is the technique of inserting suicide genes that activate prodrugs to produce cytotoxicity in tumor cells. As previously demonstrated, suicide gene therapy is an effective method for controlling tumor growth, reducing cell survival and eradicating tumors such as schwannoma tumor (12), breast cancer (13), ovarian cancer (14) and lung cancer cell lines (15). For many carcinomas, two such systems, i.e. combination of CD plus 5-FC and herpes simplex virus (HSV)-TK plus GCV have been widely studied (16,17). It is evident that expression of a single transgene is unlikely to be sufficient to eradicate cancer. Numerous studies have demonstrated that HSV-tk combined with cytokine therapy for the treatment of breast carcinoma had a high efficacy (18-21). It has been shown that specific expression of CD or HSV-tk genes in breast as well as other cancer cells can be achieved using a vector delivery system containing VEGF promoter sequences (22). Since breast cancer cell lines exhibit high VEGF expression (23), we constructed an adenovirus-mediated CD/TK double suicide gene driven by the VEGF promoter. The aim of the present study was to enhance targeting of the vector. The results demonstrated that this vector was capable of directing expression of the CD/TK gene in VEGF-expressing breast cells. The double suicide gene system induced the apoptosis of tumor cells infected with the adenovirus vector and when induced by appropriate concentration of 5-FC in conjunction with GCV.

We transferred CD-TK fusion genes into human breast carcinoma cells and investigated the cytotoxic efficacy of GC alone, 5-FC alone or the combination of the two prodrugs in vitro. The results showed that each single prodrug killed tumor cells, while the prodrugs in combination had a more powerful killing effect (P<0.01). In addition, the advantage of the combined treatment with the prodrugs was appreciated by the reduction of drug dose. Taken together, our study demonstrated that strong synergism occurred when tumor cells expressing the CD-TK fusion genes were treated with 5-FC and GCV in combination. Similar to this, the CD-TK fusion gene system used to treat prostate carcinoma cells was previously found to present apparent synergism (24).

Apoptosis is a biological phenomenon that is involved in processes ranging from embryogenesis to ageing, from normal tissue homeostasis to many human diseases including cancer. Apoptotic cells share a number of common features such as cell shrinkage, nuclear condensation, membrane blebbing, chromatin cleavage and formation of pyknotic bodies of condensed chromatin (25,26). These distinctive morphological features form the basis of some of the most widely used techniques for the identification and quantification of apoptosis, and thus morphologic description using light or electron microscopy remains one of the best manners with which to define apoptosis (27). Programmed cell death (apoptosis) compared to necrosis is a desired somatic defense mechanism against cancer cells (28). The double suicide gene system is a promising treatment that possesses the potential to induce apoptosis in different cancer cell lines (29). We found that the CD/TK genes induced a marked decrease in cell viability (92% in 48 h) in MCF-7 cells at concentrations of 5-FC (320 mg/l) and GCV (100 mg/l) through cell death by apoptosis. The present study was intended to provide evidence of apoptosis in MCF-7 cells induced by the double suicide gene system.

In the present study, the double suicide gene system induced cell cycle arrest and apoptosis. The system reduced the proportion of cells in the G2-M and S phase, and increased those in the G0-G1 phase. Therefore, our current findings presented in this study suggest that the system induced MCF-7 cell apoptosis by modulating cell cycle progression. Thus, further evaluation of alterations in cell cycle proteins is warranted.

Apoptosis, also known as programmed cell death, refers to certain physiological or pathological conditions in which the end of active cell life is regulated by the activation of a set of apoptotic factors. In normal cells, apoptosis and proliferation coexist and maintain a dynamic equilibrium. It has been reported that HSV-TK/GCV inhibits tumor growth possibly through increased...
caspase-3 expression and induction of apoptosis (30,31). When the CD-TK suicide gene targeting system was delivered into tumor cells, we found that the system significantly inhibited breast cancer cell growth, induced apoptosis in MCF-7 cells, and increased caspase-3 activity (Fig. 6A). Moreover, caspase-8 activity was not obviously altered (Fig. 6B). These findings indicate that the CD-TK double suicide gene system inhibited cell proliferation via the caspase-3 apoptotic pathway. Therefore, our findings strongly suggest that the VEGF promoter-mediated tumor-targeting suicide gene therapy system may represent a novel therapy for breast cancer.

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