Abstract. *Ganoderma lucidum* polysaccharides (GLPs), isolated from spores, mycelia and fruiting bodies of *Ganoderma lucidum*, have been suggested to possess anti-cancer activities in a large number of basic studies. A recent survey revealed that GLP-induced inhibition of cancer cell growth was dependent on the existence of functional p53. However, the actual role of p53-mediated tumor-suppressing pathways in facilitating the anticancer effect of GLPs is still unclear. In the present study, we investigated the interaction between GLPs and mutant p53 that exists in more than half of the known types of cancers. Our results showed that GLPs reactivated mutant p53 in colorectal cancer HT29 (p53R273H) and SW480 (p53 R273H&P309S ) cells while applied alone or together with 5-fluorouracil (5-FU). This reactivation further induced cell growth inhibition and apoptosis. In addition, western blot assay and *in vitro* cell-free apoptosis assay suggested that the activation of mutant p53 was effective in both a transcriptional-dependent and -independent pathway. Altogether, our data demonstrated for the first time that GLPs show prominent anticancer activities by reactivating several types of mutant p53. Therefore, targeting mutant p53 by GLPs alongside other chemotherapeutics may be considered as a novel treatment strategy for cancer.

Introduction

*Ganoderma lucidum*, also called ‘Ling-Zhi’ in China and ‘Rei-Shi’ in Japan, is a basidiomycete white rot fungus mostly distributed in tropical regions and usually growing on cut or rotten trees (1). Among the many traditional medicines, *Ganoderma lucidum* has been used for more than 2,000 years for the prevention or treatment of various human diseases (2). Even today, this fungus is still predominantly used by Asian populations to improve well-being and general health (3), as well as to inhibit cancer while used alone or alongside chemotherapy treatment (4-6).

*Ganoderma lucidum* contains various bioactive molecules, such as triterpenoids, polysaccharides, nucleotides, fatty acids, glycoproteins, sterols, steroids, proteins and peptides (7,8). Among these, *Ganoderma lucidum* polysaccharides (GLPs), isolated from the spores, mycelia and fruiting bodies of *Ganoderma lucidum*, have been suggested to possess anti-cancer effects by a large number of basic studies (9-12). According to the latest laboratory and preclinical studies both *in vitro* and *in vivo*, the promising anticancer activity of GLPs can be attributed to a variety of different mechanisms (13). However, clinical studies of GLPs on patients with cancer are limited, and the results are inadequately reported concerning various aspects (14). Therefore, further investigation and evaluation of the mechanism by which GLPs inhibit or kill cancer cells are necessary to potentiate the use of GLPs as a first-line treatment for cancer.

A recent survey of the performance of GLPs on 14 human tumor cells with various p53 status revealed that GLP-induced inhibition of cancer cell growth depends on the existence of functional p53 (15). However, the actual role of p53-mediated tumor-suppressing pathways in facilitating the anticancer effect of GLPs, as well as the interaction between GLPs and mutant p53 that exist in more than half of known cancers remain unclear. In the present study, we chose colorectal cancer cells with different p53 status to analyze the anticancer effect of GLPs administrated alone or together with chemotherapy treatment, as well as the involvement of p53-mediated cell cycle arrest and apoptosis.

Materials and methods

**Antibodies.** Anti-p53 (sc-126), anti-Bax (sc-493), anti-p21 (sc-397), anti-SDHB (sc-25851) and anti-cytochrome c (sc-13156) antibodies were purchased from Santa Cruz...
Biotechnology, Inc. (Santa Cruz, CA, USA). Anti-GAPDH and anti-H2B rabbit polyclonal antibodies were raised against bacterially expressed proteins (Jilin University).

**Preparation of GLPs.** GLPs were isolated and purified from the fruiting body of *Ganoderma lucidum* (Beijing Tong Ren Tang Group Co., Ltd.) using a procedure as previously described (16). Crude polysaccharide powder was obtained through derosination, hot water extraction, deproteinization, alcohol precipitation and lyophilization. Crude GLP solution (10 mg/ml in water) was ultra-filtered through 10-kDa molecular weight cut-off (MWCO) membranes (Millipore, Billerica, MA, USA). The filtrate (molecular weight of polysaccharides >10 kDa) was freeze-dried and stored at -30°C for subsequent analysis.

**Cell culture and transient transfection.** Human colon cancer cell lines HCT-116 (P53<sup>++</sup> and P53<sup>-/-</sup>) were provided by Professor Yinghua Jin of Jilin University. Human colon cancer cell line SW480 was obtained from the Department of Gastrointestinal Surgery, The First Bethune Hospital of Jilin University. Human colon cancer cell line HT29 (ATCC® HTB-38<sup>™</sup>) was purchased from the American Type Culture Collection (ATCC; Manassas, VA, USA). Cells were cultured in McCoy's 5A modified medium (for HCT-116 and HT29) or Leibovitz's L-15 medium (for SW480) (both from Gibco, Grand Island, NY, USA) with 10% fetal bovine serum, 1% L-glutamine, 100 U/ml penicillin and 100 mg/ml streptomycin at 37°C in a humidified atmosphere of 5% CO₂. For transient transfection, the HCT-116 P53<sup>-/-</sup> cells were cultured and transfected with mutant p53 cDNAs in pcDNA3.1 plasmid using polyethyleneimine (Pei). After 24 h of transfection, 5-fluorouracil (5-FU) and GLPs were added into the medium and incubated for another 24 h. The cells were then analyzed by MTT assay or harvested and lysed for western blotting.

**Cell viability and growth assay.** For the viability assay, cells (5x10⁴ cells/well) were seeded into 96-well plates and cultured overnight. Then, the cells were treated with 5-FU and GLPs. After 24 h, cell proliferation and viability were determined by the MTT assay. Upon termination of treatment, MTT was added to each well (10 µl) at a final concentration of 0.5 mg/ml. After incubation for 4 h at 37°C, the supernatant was removed and 100 µl dimethyl sulfoxide (DMSO) was applied. After incubation at 37°C for 4 h and centrifugation at 10,000 rpm (~9,000 x g) for 10 min, the supernatant was centrifuged at 50,000 rpm (~300,000 x g) for 1 h. The supernatant was collected as the cytosol extract.

**Isolation of mitochondrial fraction.** Cells (1x10⁸) were suspended in 2 ml mitochondrial isolation buffer [0.225 M mannitol, 0.075 M sucrose, 1 mM EGTA (pH adjusted to 7.4 with 0.5 M Tris)] in a 10-ml Wheaton homogenizer tube and carefully homogenized for 30 strokes on ice. The cell debris was removed by centrifugation at 2,500 rpm (~600 x g) twice for 5 min. The supernatant was filtered through a nylon screen cloth (Small Parts, Inc., Miami Lakes, FL, USA), and then centrifuged at 10,000 rpm (~9,000 x g) for 10 min. The supernatant was maintained as the cytosolic fraction and the pellet was washed by adding 0.5 ml of mitochondria isolation buffer and centrifuged at 10,000 rpm for 5 min. This washing step was repeated twice. The mitochondrial pellet was resuspended in 50-100 µl of mitochondria isolation buffer containing protease inhibitor cocktail (Research Products International Corp. Mount Prospect, IL, USA). The purity of the mitochondrial and cytosolic fractions was further examined by western blot analysis.

**Western blotting.** Whole cell lysate or the mitochondrial or cytosolic fractions from cultured cells was mixed with 4X SDS loading buffer (0.25 M Tris-HCl pH 6.8, 8% SDS, 30% glycerol, 0.02% bromophenol blue containing 10% BME), and boiled for 5 min at 95°C. Denatured proteins were then separated by 12 or 18% SDS-PAGE, and specific proteins were detected using the indicated antibodies.

**Apoptosis assays.** Cells were collected and stained with the Annexin V-FLUOS staining kit (Roche) following the instructions for users. Sample cells were then analyzed using a FACS flow cytometer (Becton-Dickinson, Franklin Lakes, NJ, USA). We recorded Annexin V-positive and propidium iodide (PI)-negative cells as early stage apoptotic cells.

**Cell cycle analysis.** Cells (1x10⁴) were harvested and rinsed with phosphate-buffered saline (PBS). The cell pellets were fixed in 70% ethanol at 4°C for 30 min. After washing twice with PBS, the cells were stained with 1.0 ml of PI solution (Dingguo Changsheng Biotechnology Co., Ltd., Beijing, China) containing 50 mg/l of PI and 10 mg/l of RNase, followed by incubation on ice in a dark condition for 30 min. The samples were then analyzed by FACS (Becton-Dickinson).

**In vitro cell-free apoptosis assays.** Preparation of cytosol extract: 1x10⁵ HCT-116 P53<sup>-/-</sup> cells were disrupted in 0.5 ml of cytoplasmic extraction buffer (CEB) buffer (50 mM PIPES, pH 7.4, 50 mM KCl, 5 mM EGTA, 2 mM MgCl₂, 1 mM DTT, protease inhibitor cocktail) by freezing-thawing cycles with liquid nitrogen. The cell debris, organelles and nuclei were removed by centrifugation at 50,000 rpm (~300,000 x g) for 1 h. The supernatant was collected as the cytosol extract.

**Preparation of nuclei extract:** 2x10⁵ HCT-116 P53<sup>-/-</sup> cells were harvested and resuspended in 0.5 ml of NEB buffer (10 mM HEPES, pH 7.9, 10 mM KCl, 1.5 mM MgCl₂, 0.34 M sucrose, 10% glycerol, 1 mM DTT, 0.1% Triton X-100, protease inhibitor cocktail) by freezing-thawing cycles with liquid nitrogen. The cell debris, organelles and nuclei were removed by centrifugation at 50,000 rpm (~300,000 x g) for 1 h. The supernatant was collected as the cytosol extract.

Basic reaction mix (50 µl) was prepared with DB buffer containing the cytosol extract (7.5 µg/ml), mitochondrial extract (40 µg/ml, isolated as described above), dATP (1 mM), phosphocreatine (5 mM), creatine kinase (25 µg/ml) (all from Sigma), and nuclear extract (1x10⁶ nuclei/ml). Cytochrome c (10 µM) (Sigma; served as positive control for the assay), prokaryotically expressed p53 (5 µg/ml) and GLPs
(100 µg/ml) were added to the basic reaction mix with a
designed combination. The final mix was incubated at 37°C
for 4 h. After reaction, the nuclei were collected and fixed
with 4% paraformaldehyde solution (in PBS), and were then
stained with 4',6-diamidino-2-phenylindole (DAPI) (H-1200;
vector Laboratories, inc.). Fluorescence images of the nuclei
were observed with an olympus Bx40F microscope (olympus
Corporation, Tokyo, Japan). At least 500 nuclei were randomly
counted and determined as being apoptotic or having a normal
morphological phenotype.

**Statistical analysis.** Statistical analysis was achieved using
GraphPad Prism 5 (GraphPad Software, Inc., La Jolla, CA,
USA). Data are reported as the mean ± SEM (n=3). Statistically
significant differences were determined by one-way or
two-way ANOVA tests. Values of p<0.05 were considered to
indicate a statistically significant result.

**Results**

**Wild-type p53 is essential for 5-FU-induced inhibition of
colorectal cancer cells.** Initially, a series of studies of cell
growth were performed to detect the response of the colorectal
cancer cells bearing a different p53 status to 5-FU, a chemotherap
drug widely used in clinical practice for patients with
colorectal cancer. An obvious growth inhibition was observed
in the HCT-116 P53+/+ cells, a cell line expressing wild-type
p53 (17), after treatment with 5 µm 5-FU. In contrast, the
HCT-116 P53-/- cells, a homogenous P53 gene-knockout
cell line, exhibited resistance to 5-FU under the same treat-
ment condition (Fig. 1A). Similar drug tolerance was also
observed in the HCT29 and SW480 cells (Fig. 1A); these two
cell lines both express mutant p53 while HT29 carries a
single mutation (R273H) and SW480 carries a double muta-
tion (R273H and P309S) (18). To further confirm the role of
p53 in 5-FU-mediated cell growth inhibition, we carried out
an MTT assay to measure the viability of the cells treated
with 0-5 µm of 5-FU. As expected, only the cells with
wild-type p53 (HCT-116 P53+/+) sensitively responded to
treatment with different concentrations of 5-FU in the MTT
assay (Fig. 1B). Indeed, 5-FU treatment stabilized wild-type
p53 in the HCT-116 cells (Fig. 1C, row 1) and thus probably
triggered associated downstream cellular events such as
apoptosis (Fig. 1D, column 1 and 2). Moreover, even though

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Figure 1. Wild-type p53 is essential for 5-FU-induced inhibition of colorectal cancer cells. (A) Growth curve of colorectal cancer cells treated with 5 µm of
5-FU. (B) Cell viability of colorectal cancer cells treated with 0-5 µm of 5-FU for 24 h. (C) Whole cellular p53 protein level of colorectal cancer cells treated
with 5 µm of 5-FU. GAPDH served as a loading control. (D) Apoptosis of colorectal cancer cells treated with 5 µm of 5-FU for 24 h. Data are reported as the
mean ± SEM (n=3). NTC, no treatment control; *p<0.05, **p<0.01 compared to the negative control.
the mutant p53 presented a different response pattern to 5-FU treatment (Fig. 1C, rows 5 and 7), there was no apoptosis signal detected in these two cell lines (Fig. 1D, column 5-8). It was also not surprising to find negative results for both the p53 protein level and the apoptosis signal in the 5-FU-treated HCT-116 P53-/- cells (Fig. 1C, row 3 and D, column 3 and 4). All these results indicate an important role of functional p53 and its tumor-suppressing effects in 5-FU treatment.

GLPs administered in combination with 5-FU synergistically suppress mutant p53-bearing colorectal cancer cells. In order to determine the relationship between the anticancer effects of GLPs and p53 status, we introduced GLPs to the treatment of mutant p53-bearing colorectal cancer cells with or without 5-FU co-treatment, since GLPs are widely used as an anti-cancer drug alone or combined with chemotherapeutics in many Asian countries. As shown in Fig. 2A and B, combined treatment with 5-FU and GLPs significantly suppressed the growth and viability of both mutant p53-bearing cancer cell lines compared to 5-FU treatment alone. These results suggest that GLPs may have a type of reactivating effect to mutant p53 that facilitates the p53-dependent tumor-suppressing activity of 5-FU. In line with that of the cell growth assay, the results of the apoptosis assay also showed a synergistic increase while introducing GLPs to 5-FU treatment (Fig. 2C). However, the effect of GLP treatment alone exhibited different results in the two cell lines tested. GLP treatment alone inhibited the growth and viability and triggered apoptosis of HT29 cells, while in contrast showed trivial effect on the SW480 cells (Fig. 2).

GLPs reactivate several types of exogenous mutant p53 in the HCT116 cells. It has been well documented that various types of p53 mutations that perturb p53 function exist in more than half of our known cancer cases (19). Thus, to evaluate the potential reactivating ability of GLPs on mutant p53, we constructed plasmids expressing exogenous p53 with different types of hot mutations and transfected HCT-116 P53-/- cells with them, followed by treatment with 5-FU and GLPs in various combinations. All types of exogenous mutant p53 have a high level of basal expression so that 5-FU treatment did not induce further accumulation of whole cellular p53 in this situation (Fig. 3A). As revealed by the MTT assay, cell viability of the cells transfected with mutation R273H and R248W were significantly inhibited by GLPs either alone or combined with 5-FU (Fig. 3B). To confirm the reactivation of p53-mediated tumor-suppressing pathways, we performed western blot assay to measure the expression level of downstream genes that are regulated by p53. As shown in Fig. 3C, the expression of Bax and p21 were upregulated in the P53 R273H and P53 R248W transfected cells after treatment with 5-FU and GLPs, suggesting a restoration of transactivation function to mutant p53 by GLPs. As two major downstream outputs of tumor-suppressor pathways, significant G1 arrest and apoptosis were also detected in the cells transfected with mutation P53 R273H and P53 R248W (Fig. 3D and E), indicating full reactivation of p53 function.

GLPs facilitate the interaction between mutant p53 and mitochondria. In addition to the transactivation of downstream genes encoding proapoptotic proteins, p53 is also able to physically interact with mitochondria and induce apoptosis through a so called transcriptional-independent pathway (20-22). To investigate whether or not the transcriptional-independent apoptotic pathway is involved in GLP-mediated
mutant p53 reactivation, we designed a series of assays that bypass the nuclear p53 function. Cellular components from the cytosol and mitochondria were respectively separated with differential centrifugation (Fig. 4A) and the levels of the proteins of interest were detected with specific antibodies. As shown in Fig. 4C, in the SW480 cells, 5-FU treatment induced whole cellular accumulation of mutant p53, and in the meantime a fraction of mutant p53 translocated to the mitochondria. This distribution pattern of mutant p53 was further strengthened by adding GLPs to the treatment, indicating that GLPs facilitated 5-FU-induced p53 mitochondrial translocation. It is believed that functional p53 translocating to mitochondria can interact with Bax, a Bcl-2 family protein, and thus induce mitochondrial membrane permeabilization (MMP) and cytochrome c release (23,24). In SW480 cells, mutant p53 accumulation in the mitochondria by 5-FU treatment was not sufficient to induce cytochrome c release (Fig. 4B, lane 2). However, co-treatment with GLPs resulted in obvious cytochrome c release which was clearly detected in both mitochondrial and cytosolic fraction (Fig. 4B, lane 4), suggesting the restoration of the p53 ability to regulate Bax and MMP by GLPs. To further exclude the influence of the transactivation effect of p53, we introduced an in vitro cell-free system to determine the regulatory role of GLPs in the interaction between p53 and mitochondria. Isolated nuclei, cytosol and mitochondria from HCT-116 P53-/- cells were mixed together and incubated with prokaryotically expressed p53 and GLPs. After interaction between p53 and mitochondria, cytochrome c released from mitochondria activated the downstream caspase cascade and eventually induced chromatin condensing and bubbling of isolated nuclei (Fig. 4D). Based on this in vitro assay system, our results showed that wild-type p53 induced MMP and cytochrome c release, while in contrast mutant p53R273H lacked this activity but was reactivated by GLPs (Fig. 4E).

### Discussion

Polysaccharides, along with triterpenes, are regarded as major biologically active compounds in *Ganoderma lucidum* (25). The most frequent classes of polysaccharides isolated from *Ganoderma lucidum* are glucans, glycoproteins, glycopeptides and water-soluble heteropolysaccharides (26). Although GLPs have been proven to possess strong anticancer effects, the anticancer effects of GLPs are generally believed to depend on modulation of immune cell response, which further targets cancer cells (27). Specifically, GLPs affect immune cells and immune-related cells such as T and B lymphocytes, macrophages, dendritic and natural killer cells (9). However, whether GLPs have an anticancer effect that is independent of its immunostimulatory effects remain unclarified. Several pharmacological studies have revealed that GLPs are able to directly suppress the proliferation of various types of cancer cell lines (10-12,28), but the mechanisms underlying the cytotoxic and cytostatic activities are yet to be determined.

p53 is a potent tumor suppressor which can prevent the propagation of cells carrying oncogenic lesions via a multitude of pathways such as growth arrest, senescence or apoptosis, modulation of tumor stroma, angiogenesis and metabolism, as well as the blockage of invasion and metastasis (29). This explains why loss of p53 function is opted for during tumor...
development, resulting in p53 inactivation in the majority of human tumors (19,30). Therefore, restoration of mutant p53 function in tumor cells could be an attractive and specific strategy for treating cancer. Indeed, it has already been reported that various natural or artificially synthesized compounds are able to reactivate mutant p53 in tumor cells (31-34).

In the present study, we demonstrated a direct reactivation effect of GLPs on mutant p53 in colorectal cancer cells. This reactivation effect influenced both the transcriptional and non-transcriptional activities of p53. It is notable that in the absence of 5-FU, GLPs alone were not sufficient to induce growth inhibition and apoptosis in the SW480 cells (Figs. 2 and 4C), while in contrast, it was effective in the hT29 cells (Fig. 2), exogenous mutant p53-transfected HCT-116 P53-/- cells (Fig. 3B), as well as in vitro cell-free system (Fig. 4E). In addition, an obvious difference between SW480 cells and other experimental models is that there is no or little p53 protein accumulated without 5-FU treatment (Figs. 1C and 3A). Thus, it is reasonable to speculate that GLPs can reactivate mutant p53 that must already exist abundantly at the right location in the cell, but may lose target whether the cells lack appropriate p53 accumulation or localization, which may be triggered by other stimuli such as 5-FU through post-translational modification of p53 or other pathways. Another point worth noting is the target site of GLPs on mutant p53. In the present study, using 4 different types of hot mutations of p53, only R273H and R248W were sensitive to GLP treatment, which are both mutations in the DNA binding domain (Fig. 3). This result indicates strong target site specificity of GLP-mediated mutant p53 reactivation and suggests further structural studies to verify the interaction model between GLPs and major hot mutations of p53.

In conclusion, the present study offers a novel insight into the mechanism of GLP-induced cytotoxicity and apoptosis in human colorectal cancer cells, suggesting promising usage of GLPs along with other chemotherapeutics to reactivate mutant p53 in the treatment of cancer. Our results also provide potential perspectives for further research on the pharmacology of GLPs as a possible candidate for cancer prevention or treatment of cancer with mutant p53.
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References


