Abstract. Matrine, a *Sophora* alkaloid, exhibits antiproliferative and anti-carcinogenic activities through several mechanisms. In a previous study, we found that matrine could effectively inhibit the proliferation of castration-resistant prostate cancer (CRPC). In the present study, the effect of matrine and LY294002 on the expression of the Akt/FoxO3a signaling pathway was examined by western blot analyses and RT-PCR. We discovered that matrine significantly inhibited the proliferation of both prostate cancer cell line PC-3 and prostate epithelial cell line RWPE1, induced apoptosis and induced cell cycle arrest. In addition, LY294002 was found to enhance the effect of matrine. Furthermore, the effects of matrine on the inhibition of proliferation and the induction of cell cycle arrest and cell apoptosis were more effective on PC-3 than on RWPE1 cells. Compared to RWPE1 cells, matrine exerted a more powerful influence on PC-3 cells in increasing the expression of the relevant protein. Our data suggested that FoxO3a-Bim and FoxO3a-P27 may mediate matrine-inhibited proliferation of CRPC cells by activating cell apoptosis and inducing cell cycle arrest. Matrine exhibited high selectivity in killing CRPC cells. Our findings demonstrated that matrine could be used in a potential therapeutic role in the management of CRPC in humans.

Introduction

Prostate cancer is the most common cancer of the male urogenital system and the second leading cause of cancer-related mortality in the US. It remains the leading cause of new cancer cases among men, accounting for ~26% of the new cases diagnosed in 2015 (1,2). Asian countries have a substantially lower incidence of prostate cancer, but a higher proportion of advanced-stage or metastatic prostate cancer (3). For patients with early-stage prostate cancer, androgen is the major regulator of cellular proliferation. Nevertheless, 70-80% of androgen-independent prostate cancer patients have no curative treatment options. Therefore, there is a need to explore more effective anti-prostate cancer drugs and therapeutic approaches.

The phosphoinositide-3 kinase/protein kinase B (PI3K/Akt) cell proliferation and survival signaling pathway plays a significant role in tumorigenesis in numerous types of cancer. Dysregulation of the PI3K pathway commonly occurs in prostate carcinogenesis (4). Fork head box O (FOXO) transcription factor contains four members, FoxO1 (FKHR), FoxO3a (FKHRL1), FoxO4 (AFX) and FoxO6, which function downstream of the PI3K/Akt signaling pathway. FOXO proteins primarily function as transcription factors in the nucleus by regulating the expression of a large spectrum of tumor-suppressor genes. Specifically, FoxO3a plays an important role in multiple cellular processes including cell cycle arrest, cell death, DNA damage repair, stress resistance and metabolism (5). Several anticancer drugs, including imatinib, paclitaxel and doxorubicin, have been found to increase FoxO3a by preventing oncogenic suppression of the protein functions of FOXO (6). In a previous study, during prostate cancer progression, increasing Akt activation led to an increase in p-FoxO3a, and induced an increase in cytosolic accumulation of FoxO3a, and binding with 14-3-3 (a chaperone protein), which potentially affected transcriptional activity in an age-dependent manner. Accumulated cytosolic FoxO3a is correlated to Ser253 phosphorylation and accounts for FoxO3a nuclear exclusion; these events lead to the regulation of FOXO-targeted genes, such as pro- and anti-apoptotic proteins, and cell cycle regulatory proteins (7,8).

Matrine, a major component extracted from a traditional Chinese herb (*Sophora flavescens*), has a wide range of clinical applications including cardiovascular protection, anti-viral...
therapy for hepatitis and anti-inflammatory activity in neuropathic pain (9,10). No apparent side-effects or toxicity of matrine have been reported. Recently, the anticancer effect of matrine has been explored, for instance, in gastric (11), breast (12) and cervical cancer (13). Its mechanisms against various types of cancers include inducing cell cycle arrest, suppressing invasion and metastasis, restraining angiogenesis, accelerating apoptosis, inducing differentiation, reversing multi-drug resistance and preventing or decreasing chemotherapy- or radiotherapy-induced toxicity (14). However, a systematic scientific evaluation of matrine and its anticancer mechanisms in prostate cancer cell lines remains to be performed.

Materials and methods

Cell lines, cell culture and chemicals. Prostate epithelial cells RWPE1 and androgen-independent prostatic carcinoma cells (PC-3) were used in the present study. The PC-3 cell line was obtained from the Center for Experimental Animals of Sun Yat-Sen University. The cells were maintained in RPMI-1640 medium (Gibco, Grand Island, NY, USA) with 10% fetal bovine serum (FBS), supplemented with 1% penicillin and streptomycin (Invitrogen, Carlsbad, CA, USA). The RWPE1 cell line was maintained in complete keratinocyte serum-free medium, supplemented with 50 mg/ml of bovine pituitary extract and 5 ng/ml of epidermal growth factor (Gibco). Both cell lines were cultured in a humidified incubator at 37°C with an atmosphere of 5% CO₂. Matrine was purchased from Melonepharma (Dalian, Liaoning, China). LY294002 was purchased from Cell Signaling Technology (Dalian, Liaoning, China). The cells were maintained in RPMI-1640 medium (Gibco, Grand Island, NY, USA) with 10% FBS for 24 h, followed by the addition of matrine in dimethyl sulfoxide (DMSO) at a concentration of 1.5x10⁻⁵ cells/ml. Subsequently, the cells were fixed in 70% ethanol and stored overnight at 4°C. The fixed cells were suspended in PI containing RNase A, and then incubated at 37°C for 1 h. DNA content was analyzed using a fluorescence-activated cell sorter and CellQuest software.

Cell proliferation assay. The cell proliferation rate was determined using an MTS assay (Promega Biosciences, LLC, San Luis Obispo, CA, USA) according to the manufacturer’s protocol. Briefly, 5x10⁴ cells/well were seeded into 96-well plates (Corning, New York, NY, USA) containing 100 µl of culture medium plus different concentrations of matrine and were grown at 37°C for 24, 48 and 72 h. Subsequently, the MTS reagent was added to each well and incubated in the dark for 2 h and optical densities (ODs) at 490 nm (OD490) were determined using a microplate reader (Multiskan MK3; Thermo Scientific, Shanghai, China).

Cell apoptosis assay. The Annexin V-FITC/prodium iodide (PI) apoptosis detection kit (eBioscience, Inc., San Diego, CA, USA) was used to detect cell apoptosis according to the instructions of the manufacturer. Cells were seeded into 6-well plates at 1.5x10⁵ cells/well in a medium supplemented with 10% FBS for 24 h, followed by the addition of matrine (1.5 g/l), LY294002 (10 µmol/l) or a combination of the two. After 48 h, treated cells were collected and washed twice with chilled phosphate-buffered saline (PBS). The cells were then resuspended in 400 µl of binding buffer and divided into two tubes, adding 5 µl of Annexin V-FITC to one tube according to the manufacturer's instructions. After incubation for 15 min at room temperature in the dark, 10 µl of PI was added. Finally, the stained cells were examined by BD FACSCalibur flow cytometer equipped with CellQuest software (both from BD Biosciences, Franklin Lakes, NJ, USA).

Cell cycle arrest assay. Following treatment with matrine or LY294002 under the same conditions as the apoptosis assay, the cells were resuspended at a concentration of 1.5x10⁵ cells/ml. Subsequently, the cells were fixed in 70% ethanol and stored overnight at 4°C. The fixed cells were suspended in PI containing RNase A, and then incubated at 37°C for 1 h. DNA content was analyzed using a fluorescence-activated cell sorter and CellQuest software.

Western blot analysis. Following treatment with matrine (1.5 or 2.5 g/l) and/or LY294002, cells were washed twice with ice-cold PBS, lysed with RIPA lysis buffer and complete protease inhibitor for 30 min on ice, and then cleared by centrifugation at 12,000 rpm at 4°C for another 30 min. The total protein concentration in the extracts was assessed utilizing a BCA protein assay kit (Beyotime Biotechnology, Shanghai, China). Equal amounts of protein were separated by SDS-PAGE and transferred to polyvinylidene fluoride (PVDF) membranes (Millipore, Billerica, MA, USA). The membranes were blocked with 5% BSA or non-fat dry milk in Tris-buffered saline and Tween-20 (TBST), for 1 h and then probed with antibodies against Akt, p-Akt, P27, CDK4 and Bim were purchased from Cell Signaling Technology. Antibodies against CDK2, Bax, Bel-2 and p-FoxO3a were purchased from Abcam (Cambridge, MA, USA). Antibodies against FoxO3a were purchased from GenTex (Irvine, CA, USA).

RNA isolation and semi-quantitative RT-PCR. According to the manufacturer's instructions, total RNA was extracted from treated cell samples using TRIzol reagent, before being reverse-transcribed into cDNA using PrimeScript RT Master Mix (both from Takara, Dalian, China). GAPDH was used as an internal control. RT-PCR and data collection were performed on the CFX96 Real-Time PCR Detection System (Bio-Rad, Hercules, CA, USA). The results were normalized with the value determined using a chemiluminescence ECL kit (Millipore).

Statistical analysis. Statistical analyses were performed using the SPSS software package (version 19.0) and GraphPad Prism.
Results

Matrine effectively inhibits the proliferation of prostate cancer cells in a concentration- and time-dependent manner. The proliferation of prostate cancer cells was assessed using the MTS assay. Matrine inhibited the proliferation of PC-3 cells, with an IC50 value of 1.78±0.023 g/l at 24 h, 1.40±0.008 g/l at 48 h and 1.17±0.023 g/l at 72 h (Fig. 1A and B). Therefore, the concentration of 1.5 g/l was appropriate for the subsequent experiments. To determine whether matrine affects the proliferation of RWPE1, an MTS assay was performed following matrine treatment at various concentrations. As shown in Fig. IC and D, similar proliferation inhibition was observed in the RWPE1 cell line. Matrine inhibited the proliferation of RWPE1 cells, with an IC50 value of 2.26±0.039 g/l at 24 h, 1.63±0.061 g/l at 48 h and of 1.28±0.053 g/l at 72 h. The sensitivity of matrine in the PC-3 cells was higher than that in the RWPE1 cells (*p<0.05, **p<0.01).

Matrine triggers prostate cancer cell cycle arrest at the G0/G1 phase by upregulating P27 and downregulating CDK4 and CDK2. To further determine whether the antiproliferation effect of matrine on prostate cancer cells was due to cell cycle arrest, cultured prostate cancer cells were treated with matrine, LY294002 or a combination of the two for flow cytometric analysis. As shown in Fig. 2A-D, matrine treatment resulted in an appreciable arrest of PC-3 (Fig. 2A and C) and RWPE1 cells (Fig. 2B and D) in the G0/G1 phase of the cell cycle at 74.72 and 71.35%, respectively, after 48 h of treatment compared to the untreated controls (55.87 and 58.58%, respectively). The decrease in the percentage of cells in the S and G2/M phases of the cell cycle was accompanied by a concomitant increase in the G0/G1 cell population. Matrine combined with LY294002 treatment of PC-3 (Fig. 2A and C) and RWPE1 cells (Fig. 2B and D) induced 83.25 and 79.29% arrest in the G0/G1 phase of the cell cycle, respectively, compared to the LY294002 control (71.03 and 70.14%, respectively). Compared

Figure 1. Matrine inhibits the proliferation of prostate cancer cells. (A and C) Plots of the rates of growth inhibition with increasing concentrations of matrine for increasing time periods in prostate cancer (A) PC-3 and prostate epithelial (C) RWPE1 cells. (B and D) Plots of the IC50 values in different prostate cell lines incubated for increasing time periods in A and C. (E) The IC50 values of the two cell lines achieved a statistically significant difference. The sensitivity of matrine in the PC-3 cells was higher than that in the RWPE1 cells. *p<0.05, **p<0.01.
to the control, the increasing percentage of cell arrest in the G0/G1 phase in the PC-3 cells was higher than that in the RWPE1 cells (Fig. 2E).

We assessed the effect of matrine on the expression of P27, CDK2 and CDK4, to determine whether matrine-induced cell cycle arrest of prostate cancer cells was dependent on the regulation of P27, CDK2 and CDK4. The expression levels of CDK2 and CDK4 were decreased in the PC-3 and RWPE1 cell lines after treatment with matrine (Fig. 3A-G). Notably, activation of P27 in cells was accompanied by a parallel decrease in the expression of CDK2 and CDK4. This was particularly evident when compared to cells treated with LY294002, in which matrine triggered prostate cancer cell cycle arrest at the G0/G1 phase by upregulating P27 and downregulating CDK4 and CDK2 relative to the protein expression of the PC-3 cells compared to the RWPE1 cells (Fig. 3H-K). The increased expression level of P27 and decreased expression levels of CDK4 and CDK2 in the PC-3 cells were higher than those in the RWPE1 cells.

**Matrine induces cell apoptosis by increasing Bim and Bax and decreasing Bcl-2 protein levels in prostate cancer cell lines.** To gain further insight into the dynamic progression from apoptosis to eventual cell death induced by matrine, Annexin V-FITC/PI double staining was used to assess the cell population undergoing apoptosis after treatment with matrine, LY294002 or a combination of the two for 48 h. The percentage of apoptotic cells, including early (Annexin V+/PI-) and late (Annexin V+/PI+) apoptotic cells, was 20.11% in the PC-3 cells and 15.55% in the RWPE1 cells after treatment with matrine (Fig. 4A-D). However, <5% of the untreated cells underwent apoptosis under the same conditions (Fig. 4A-D). PC-3 and RWPE1 cells treated with matrine combined with LY294002 resulted in 25.88% cell apoptosis in the PC-3 cells and 18.88% in the RWPE1 cells, compared to 3.11 and 6.89%, respectively, with LY294002 treatment only (Fig. 4A-D). Compared to the RWPE1 cells, the total apoptosis in the PC-3 cells was higher (Fig. 4E).

To further demonstrate that matrine induced cell apoptosis in prostate cancer cells, the proteins Bim, Bax and Bcl-2 were studied. Bim can neutralize pro-survival members such as Bcl-2 and activate Bax, which can finally induce apoptosis. The prostate cancer cell line PC-3 expressed a high Bcl-2 and low Bax level, but the level of Bcl-2 decreased while the level...
of Bax and Bim increased under the effect of matrine (Fig. 5A). Thus the ratio of the Bcl-2/Bax (Fig. 5B and D) protein was markedly downregulated, which corresponded to the upregulation of Bim (Fig. 5A, C and E). For further verification, cells were treated with matrine combined with LY294002 to confirm that Bim may contribute, at least in part, to the induction of prostate cancer cell apoptosis by regulating the Bax and Bcl-2 relative protein expression in PC-3 cells compared to RWPE1 cells (Fig. 5F-I). The increased expression of Bim and the ratio of Bax/Bcl-2 in the PC-3 cells were higher than those in the RWPE1 cells.

Matrine suppresses the activity of the PI3K/Akt signaling pathway in prostate cancer cells. Activation of the Akt
signaling pathway plays a critical role through which cancer cells promote cell survival. We were therefore interested in determining whether matrine treatment has an effect on the Akt pathway. The expression levels of p-Akt and Akt were decreased after treatment with matrine for 48 h (Fig. 6A). To further confirm this finding, LY294002 was used to treat the cells for 1 h prior to matrine treatment. As shown in Fig. 6B and C, and F and G the expression levels of p-Akt and Akt were decreased after treatment with matrine and LY294002 compared to the matrine- or the LY294002-only group. A previous study demonstrated that an increase in p-Akt induced increased p-FoxO3a and its dysregulation (15). To determine whether matrine targets the expression of FoxO3a and its phosphorylation in prostate cancer cells, we determined the expression of FoxO3a and p-FoxO3a at the transcriptional (Fig. 7B and D) and translational levels (Fig. 6D and E, and 6H and I). The decrease expression levels of Akt/p-Akt and increased levels of FoxO3a/p-FoxO3a in the PC-3 cells were more obvious than in the RWPE1 cells (Fig. 6J-M). Furthermore, we also detected the expression of PI3K at the transcriptional level in the two prostate cell lines (Fig. 7A and C). The increase in the mRNA levels of FoxO3a in the PC-3 cells was higher than that in the RWPE1 cells, but PI3K was not (Fig. 7E and F). Unfortunately, the exact mechanism causing the different transcriptional and translational levels remains unclear. However, matrine treatment resulted in an increase in FoxO3a and a decrease in p-FoxO3a and PI3K. Furthermore, LY294002 enhanced the effect of matrine, increasing FoxO3a with a concomitant decrease in p-FoxO3a via the PI3K/Akt signaling pathway.

Discussion

Our previous studies showed that matrine could be considered as a potential candidate for the treatment of prostate cancer (16). However, the exact underlying mechanisms of the effect of matrine on the inhibition of cancer cell growth are not fully understood. The results of the present study demonstrated that matrine effectively inhibited the proliferation of PC-3 and RWPE1 cells, which was associated with cell cycle arrest and apoptosis. Matrine decreased cell cycle progression by promoting a G0/G1 phase block, the effects of which were accompanied by the upregulation of the level of P27 and the downregulation of the levels of CDK4 and CDK2 proteins.
Concomitantly, matrine induced cell apoptosis as evidenced by the Bim, Bax and Bcl-2 protein level analysis. Our data also suggested that the proliferation of tumor cell suppression by matrine was linked to the inhibition of PI3K/Akt and FoxO3a activation. In the present study, LY294002 was used as a positive control since it has demonstrated antiproliferation properties in a variety of cell types and significantly downregulates FoxO3a phosphorylation (17). To the best of our knowledge, this is the first study demonstrating the involvement of the Akt and FoxO3a signaling pathways in matrine-mediated prostate cancer suppression.

The PI3K/Akt signaling pathway is activated in various human cancers, including prostate cancer (18,19). Decreased PTEN expression and loss of heterozygosity have been observed
to cause hyperactive Akt in human prostate cancer (20). Several mechanisms involved in the overall responses of matrine in the inhibition of growth and induction of apoptosis in cancer or normal cells have been reported (12,21). Consistent with this, our results demonstrated that activation of FoxO3a was also implicated in the effect of matrine on the regulation of the PI3K/Akt signaling pathway. FoxO3a plays an important role in multiple cellular processes involving cell cycle arrest, cell death, DNA damage repair, stress resistance and metabolism, and is a vital regulation point of the downstream PI3K/Akt
signaling pathway (5). Persistently activated Akt-mediated phosphorylation of FoxO3a is known to be associated with 14-3-3 protein, thereby leading to the transport of FoxO3a out of the nucleus and its retention in the cytoplasm, thus, preventing the transcriptional activity of FoxO3a (20). We detected the expression of FoxO3a at the translational level to verify whether the inhibition of p-Akt by matrine led to the retention of FoxO3a and sequentially increased the transcription of the downstream target genes of FoxO3a such as Bim and P27. Our results indicated that the levels of p-FoxO3a were decreased after matrine intake, resulting in increased levels of Bim and P27.

To date, there have been two major pro-apoptosis pathways: the mitochondrial (intrinsic pathway) and the death receptor pathway (extrinsic pathway) (22,23). In the intrinsic pathway, apoptosis is controlled by a balance between the pro-apoptotic (Bax, Bak, Bim and Bad) and anti-apoptotic (Bcl-2 and Bcl-xL) members of the Bcl-2 family (24). Bim induces mitochondrial outer membrane permeability to release cytochrome c during apoptosis, neutralizes pro-survival members such as Bcl-2 and activates Bax (25). Consistent with this, our data revealed that Bim was upregulated after matrine-mediated decreased phosphorylation of p-Akt (Thr308) and p-FoxO3a (Ser253), thereby inducing increased levels of Bax and decreased levels of Bcl-2. Previous studies demonstrated that the loss of mitochondrial membrane potential cannot only lead to the release of cytochrome c, but also subsequent activation of caspases (26). Unfortunately, the present study did not clarify our understanding of caspases, however, our findings revealed that Bim may contribute, at least in part, to the induction of prostate cancer cell apoptosis by matrine. P27 from the Cip/Kip family is a well-defined substrate for the ubiquitin ligase activity of SKP2/CUL1/F-box (SCF) complex (27), and plays a central role in restraining the G1 phase initiation and G1/S transition (28). The upregulation of P27, as shown in the present study at the protein level in the matrine intake group, is consistent with the low levels of P27 in the control group. A similar result was obtained with LY294002 treatment alone and in combination with matrine. In the past, activation of the PI3K/Akt pathway was implicated in the regulation of P27 expression in diverse cell types (29). Collectively, these results suggest that a G0/G1 phase arrest of the cell cycle following inhibition of p-Akt by matrine can be attributed to a significant increase in P27 protein expression in prostate cancer.

In conclusion, the data presented here demonstrated that matrine treatment in prostate cancer can activate FoxO3a and that its accumulation can induce the expression of downstream target proteins Bim and P27, resulting in cell cycle arrest at
that the G1/G0 phase and triggering apoptosis in prostate cancer. We also demonstrated a synergistic effect of matrine and LY294002 on prostate tumors. In light of the different effects of matrine on PC-3 and RWPE1 cells, a lack of in-depth research remains. However, these findings suggest that matrine could be used as a potential preventive agent in the management of castration-resistant prostate cancer in humans.

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